

Issue 3 SPRING 2007

THE NEWSLETTER OF THE European Society of Endocrinology

9th European Congress of Endocrinology



28 APRIL – 2 MAY 2007, BUDAPEST, HUNGARY

The 9th European Congress of Endocrinology is being hosted by the Hungarian Society of Endocrinology and Metabolism and will be held at Papp László Budapest Sportaréna, H-1143 Budapest, Stefánia út 2. Hungary. Attendees are expected from all over the world to learn the latest advances in

endocrine research and clinical care presented by the leaders in the field. The POC has



actively worked to put together a programme of scientific excellence that will be attractive to all professionals interested in endocrinology and metabolism.

ECE 2007 will feature 10 plenary lectures (including the Geoffrey Harris Prize lecture, the European Journal of Endocrinology Prize lecture and the Young Investigator Award lecture), 12 meet-the-expert sessions, 25 clinical and basic symposia, 12 oral communication sessions and three poster sessions. The scientific programme will cover the full range of endocrinology from basic research to translational research to clinical practice. Over 120 speakers chosen from among the most distinguished international experts have already confirmed their participation and will guarantee a high level of science and lectures. The ECE will also offer satellite symposia dedicated to the most intriguing hot topics in clinical endocrinology and metabolism.

The scientific contributions submitted for presentation will allow the programme to have one of the most appealing ECE meetings organised so far. In total 820 abstracts were submitted. Eighty-four will be selected for an oral communication and this will provide the best opportunity for young researchers to present their studies, contributing to the advances of knowledge in endocrinology and metabolism.

Support from industry has been excellent. The organisers would particularly like to thank gold sponsors Ipsen, Novartis and Pfizer, without whom this meeting would not be possible.

The *Journal of Endocrinology* is also offering travel grants to young scientists. To find out if you are eligible for the grant please check the criteria and complete the application form that can be found at www.ece2007.com/prizes.html.

The social programme is as exciting as the scientific one. The welcome reception on Saturday 28 April will offer a "Taste of Hungary" wine and cheese party, followed by Hungarian music and entertainment at the congress venue. On Sunday 29 April the "Take-it-easy" party will offer a relaxed evening with colleagues. You will also be able to sample Hungarian cuisine, wine, an equestrian show and folk and dance music at the Hungarian Dinner at the Lázár Equestrian Park on Tuesday 1 May.

Programme Organising Committee Chair Professor Ezio Ghigo, Italy

Local Organising Committee Chair Professor Ida Gerendai, Hungary For information on the meeting content, registration, accommodation or travel please visit www.ece2007.com or contact the congress organisers by email on ece2007@blaguss-congress.hu.

We look forward to meeting you in Budapest!

EDITORIAL

▶ I would like to start this editorial by offering members our best wishes for 2007.

This year will see the opportunity for the first time to vote in elections for the Executive Committee. Voting will be by means of an electronic voting system and will be open from 1 March 2007 to 18 April 2007.

In my last editorial for *ESE News*, I described the overall strategic direction that the new ESE will follow. In this issue I describe the committee structure that has been set up to implement this strategy. We have set up seven committees, as follows:

Congress Committee, chaired by

Ezio Ghigo (Italy). The remit is to:
Provide input to the Secretariat and the Executive Committee for the initial critical evaluation of proposals from candidate cities and the selection of 2–3 final challengers for each annual congress.
Advise the Secretariat and ESE Executive Committee on all decisions regarding ECE Congresses.
Assist the Secretariat in providing

guidance for the LOCs of future meetings.
Obtain and review updates and final reports of congresses and to report on these to the Executive Committee.

Corporate Liaison Committee, chaired

by the Treasurer, Jens Christiansen(Denmark). The remit is to:Maintain and develop relationships

with Corporate Members.

Recruit new Corporate Members and

retain existing ones.

Advise the Executive Committee on maximising income from industry.

Education Committee, chaired jointly by Clara Alvarez (Spain) and Valdis Pirags (Latvia). The remit is to:

> Develop and maintain an education strategy for ESE.

Develop detailed plans for proposed activities, including budgets, programmes and venues.

 Monitor progress on all activities and report back to the Executive Committee.
 Prepare a final assessment for the Executive Committee after each activity.

Editorial - continued from page 1

International Liaison Committee, chaired by the President, Steven Lamberts (Netherlands). The remit is to:

Represent endocrinology and ESE to European governmental and nongovernmental organisations.

Participate on behalf of ESE and of European endocrinology generally in specific international projects.

Promote collaborative research projects in Europe.

Within this group there is also a Working Group on Hormones and Sport.

Nominations Committee, chaired by
 Bruno Allolio (Germany). The remit is to:
 Ensure that there is an adequate range of nominations from the Executive Committee, taking into account the balance geographically, by special interest, by clinical/basic interest and by gender.

Propose to the Executive Committee objective criteria for the posts of President and propose suitable candidates for the Executive Committee to nominate (up to two per post), with explanations of how they meet the objective criteria.

Oversee development of nomination forms.Complete nomination forms for the

Executive Committee nominees.

Review all member nominations to ensure compliance with the rules and report to the Executive Committee.

Publications Committee, chaired by

Michael Sheppard (UK). The remit is to: Propose the ESE strategy with respect to

publications.Monitor publications and report to the Executive Committee.

Monitor the reserve policy for the *European Journal of Endocrinology* and propose changes.

 Review the financial results and budgets for the European Journal of Endocrinology.

It is anticipated that this committee will take over in due course from the Society of the European Journal of Endocrinology.

Specialist Societies Liaison Committee,

chaired by the Secretary, Philippe Bouchard (France). The remit is to:

Develop and maintain an education strategy for ESE.

Develop detailed plans for proposed activities, including budgets, programmes and venues.
 Monitor progress on all activities and report back to the Executive Committee.
 Prepare a final assessment for the

Executive Committee after each activity. This Committee has already convened a

meeting of European societies. We were pleased to welcome representatives from ESPE, ENETS, ETA, ENEA and ECTS for a very productive discussion.

We hope that these committees will be very productive in pursuing the aims of the Society. As always, if you have any comments, please email me at president@euro-endo.org.

STEVEN LAMBERTS

ESE's official journals

▶ The new European Society of Endocrinology is very fortunate in starting its life with four outstanding world-class official journals covering the spectrum of endocrinology.

We are pleased to announce a new Editor-in-Chief for the *European Journal of Endocrinology*: Professor Christian Strasburger (Berlin) will take over from Professor Paolo Beck-Peccoz (Milan) from 1 July 2007. Paolo has made an enormous impression on the journal during his tenure and he leaves a world-class journal to his successor. We have every confidence that Christian will continue the upward trajectory. We are also pleased to announce that Professor Anna Spada (Milan) will take over as Editor-in-Chief of the *Journal of Molecular Endocrinology* in January 2008.

All these journals are available to ESE members at the lowest prices on offer anywhere. In addition, EJE sponsors the annual EJE Prize, worth \in 7,250; and JOE offers ten grants annually of \in 300 each to young scientists to travel to the European Congress of Endocrinology.

All four journals accept submissions via ManuscriptCentral online submission and peer review system and all are published online with HighWire Press, the gold standard for electronic journals.

Some key data on the journals is given below. Go to www.euro-endo.org for further details.

	European Journal of Endocrinology (EJE)	Journal of Endocrinology (JOE)	Journal of Molecular Endocrinology (JME)	Endocrine-Related Cancer (ERC)
Impact factor	2.962	3.059	2.474	4.905
Editor-in-Chief C	P Beck-Peccoz (Italy) to June 2007 Strasburger (Germany) from July 2007	J Davis (UK)	E Simpson (Australia) to December 2007 A Spada (Italy) from January 2008	J Fagin (USA)
Submissions Europe (%) N America (%) Rest of World (%)	791 68 3 29	601 42 24 34	232 47 30 23	228 63 17 20
Acceptance rates (%)	23	37	38	48
Pages published in 2006	1971	3013	1150	1277
Mean publication time (days)	156	132	149	159









Geoffrey Harris Prize

This prestigious prize is intended for established workers in the field of basic or clinical neuroendocrinology, and is generously supported by Ipsen. We are pleased to announce that the 2007 prize is awarded to Hubert Vaudry (France). Dr Vaudry will deliver a lecture at ECE 2007 from 18.15 to 19.00 on Saturday 28 April 2007.

European Journal of Endocrinology Prize

This prize is awarded to a candidate who has significantly contributed to the advancement of knowledge in the field of endocrinology through publication. The recipient of this prize for 2007 is Brian Walker (UK). Dr Walker will give a lecture at ECE 2007 from 17.30 to 18.15 on Saturday 28 April 2007 and will also write a review paper to be published in the *European Journal of Endocrinology*.

Nominations for the ESE Executive Committee

Here are the results of the call for nominations.

Nominees for President

Name	Country	Main field of expertise*
Professor Jens Sandahl Christiansen	Denmark	C Pituitary and diabetes
Professor Eberhard Nieschlag	Germany	B/C Reproductive endocrinology and andrology

Nominees for Executive Committee

Name	Country	Main field of expertise*
Professor Maria Alevizaki	Greece	B/C Thyroid & endocrinology and metabolism
Professor Roger Bouillon	Belgium	B/C General endocrinology - endocrinology of bone metabolism
Professor Ilpo Huhtaniemi	Finland & UK	B/C Reproductive endocrinology/ chemical pathology
Professor Vera Popovic	Serbia	C Neuroendocrinology
Dr Peter Trainer	UK	C Pituitary/adrenal disease
Professor Ewa Malecka-Tendera	Poland	C Pediatric endocrinology

The Executive Committee should reflect a balance of geographical location, gender, basic and clinical interests and the different specialties in endocrinology. Details of the current Executive Committee are shown below:

Retiring

Name	Office	Country	Main field of expertise*	Term of office
Steven Lamberts	President	The Netherlands	B/C Neuroendocrinology	2003 - 2007
Jens Christiansen	Treasurer	Denmark	C Pituitary and diabetes	2003 - 2007
Michael Sheppard		UK	B/C Pituitary and thyroid	2003 - 2007

Continuing

Name	Office	Country	Main field of expertise*	Term of office
Ezio Ghigo	Vice President	Italy	C Neuroendocrinology and metabolism	2005 - 2009
Philippe Bouchard	Secretary	France	C Endocrinology	2005 - 2009
Bruno Allolio		Germany	B/C Adrenal	2005 - 2009
Clara V Alvarez		Spain	B Pituitary and thyroid cell growth and differentiation	2005 - 2009
Valdis Pirags		Latvia	B/C Genetics	2005 - 2009
Fahrettin Kelestimur		Turkey	B/C Endocrinology and metabolism	2005 - 2009

Ex-officio

Name	Office	Country	Main field of expertise*	Term of office
Rolf Gaillard	UEMS Representative	Switzerland	B/C Neuroendocrinology and pituitary	2005 - 2009
Paolo Beck-Peccoz [†]	Chief Editor, EJE	Italy	C Hypothalamic-pituitary- thyroid axis	1998 - 2007

* B = Basic, C = Clinical

[†]Note: Christian Strasburger will take over from Paolo Beck-Peccoz in July 2007.

Ordinary Members will be able to vote, by e-vote only, from 1 March 2007 until 18 April 2007. The results will be announced at the Annual General Meeting on Tuesday 1 May 2007 at the ECE 2007, Budapest.

If you have any questions then please contact the ESE Secretariat on info@euro-endo.org. PROFESSOR BRUNO ALLOLIO, ESE NOMINATION COMMITTEE CHAIRMAN

Gaining Access to Rare Disease Research Resources

The ESE would like to alert members that a funding workshop is available for Gaining Access to Rare Disease Research Resources. The 2-day European workshop is to be held on 4-5 May 2007 at the Pasteur Institute, Paris. See http://www.eurordis.org/article.php3?id_article =1248 for more details. Further information on centers of reference for rare diseases can be found at http://ec.europa.eu/health/ ph_threats/non_com/rare_8_en.htm.

Annual General Meeting

The next ESE AGM will be held on Tuesday 1 May 2007 at the ECE 2007 in Budapest. The draft agenda has been circulated to members but if you would like to receive a copy please contact the ESE Secretariat on info@euro-endo.org.

ECE 2008

The 10th European Congress of Endocrinology will be hosted by the German Endocrine Society and will be held at the ICC in Berlin, 3 - 7 May 2008. The call for abstracts



and registration is due to open in March 2007 keep an eye on the website www.ece2008.com for further details.

Online membership renewal now available

Your membership can now be renewed online. Before making payment you will need to obtain a password. Full instructions on how to obtain this will be detailed on the website at http://www.euro-endo.org/membership/ membership_renewal.htm.

Membership applications

Applications for Ordinary membership are formally approved by the ESE Executive Committee and by the full membership at the Annual General Meeting. All applications received up until 6 February 2007 will be submitted for approval at the 2007 AGM.

Applications are still welcome, and you will still receive all membership benefits, but they will not be formally approved until the 2008 AGM.

The application form is available at http://www.euro-endo.org/membership/ membership_ordinary.htm.

Please urge your colleagues to join as soon as possible.

If you are a member of a national endocrine society as well as an Ordinary Member of ESE you may receive this newsletter twice. If so we apologize for the duplication and ask that you pass a copy to a colleague.



ESE thanks the following organizations for providing unrestricted grants to support the setting up of the new Society: Aventis, Eli Lilly, Ferring, GSK, Ipsen, Novartis, Novo Nordisk, Pfizer, Roche, Serono

ESE News

This document is available on the ESE website at www.euro-endo.org/news/news.htm.

The address lists used to mail this issue of *ESE News* were supplied by the member societies of ESE and are stored on BioScientifica's computer for future use. If you do not wish to receive further mailings, please advise editorial@endocrinology.org

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What's hot in EJE?

The natural course of non-functioning pituitary macroadenomas

OM DEKKERS, S HAMMER, RJW DE KEIZER, F ROELFSEMA, PJ SCHUTTE, JWA SMIT, JA ROMIJN AND AM PEREIRA

European Journal of Endocrinology 156(2) pp 219-226

Non-functioning macroadenomas (NFMAs) are the most prevalent of the pituitary adenomas and most patients presenting with NFMA undergo surgery to alleviate visual impairment. Patients reporting no visual defects are monitored annually for tumor growth. Dekkers et al. aimed to study the natural course of NFMAs and subsequently evaluate the current treatment methods.

Twenty-eight patients were studied during 1981-2005 over 85 ± 13 months, of whom 13 presented with visual impairments. Patients were observed by an endocrinologist and an opthamologist, and the study formed part of regular medical care of the patient. Tumor volume was assessed using MRI scans.

Over the course of the study, 14 patients showed an increased tumor size; of these, seven cases showed visual deterioration which could be directly attributed to tumor growth. Post-surgery, vision improved in all cases. Reduction in tumor volume was seen in eight patients. This could not have been predicted from initial presentation.

The study suggests that surgery is still favourable in terms of improving visual acuity. It also suggests that annual mean growth of tumors is below the MRI detection limit. They conclude that monitoring tumor size every two years is a safe alternative for patients presenting with no visual defects, regardless of initial tumor size.

Forthcoming Meetings and Courses

http://www.euro-endo.org/meetings

ECE 2007

Budapest, Hungary, 28 April - 2 May 2007 Contact: Blaguss Ltd Congress Bureau, PO.Box 42, 1364 Budapest 4. Tel:+ 36 1 374 7030 Fax:+ 36 1 312 1582 Email: ece2007@blaguss-congress.hu Web: http://www.ece2007.com

END0 2007

The Metro Center, Toronto, Canada, 2-5 June 2007

Contact: The Endocrine Society, 8401 Connecticut Ave, Ste 900, Chevy Chase, MD 20815-5817 Web: http://www.endo-society.org/endo/

ECE 2008

Berlin, Germany, 3-7 May 2008 Contact: German Society for Endocrinology Web: http://www.ece2008.com

The 10th International Pituitary Congress

Chicago, USA, 5-7 June 2007 Contact: Kate Openshaw, BioScientifica Ltd, Euro House 22 Apex Court, Woodlands, Bradley Stoke, Bristol, BS32 4JT Tel: 01454 642214 Email: kate.openshaw@endocrinology.org

46th Annual Meeting of the European Society for Paediatric Endocrinology (ESPE)

Helsinki, Finland, 27-30 June 2007 Contact: Linda Nordstrom, P. O. Box 5619, SE-114 86 Stockholm Tel: +46 8 459 66 00 Fax: +46 8 661 91 25 E-mail: espe2007@congrex.se Web: http://www.congrex.com/espe2007/

ECE 2009

Istanbul, Turkey, 25-29 April 2009 Web: http://www.euro-endo.org

ESE POSTGRADUATE COURSES - SAVE THE DATES

The 3rd ESE Postgraduate Course in Clinical Endocrinology with the Macedonian Endocrine Society Ohrid, Republic of Macedonia, 22-24 March 2007 Contact: Professor Zoran Gucev Email: gucevz@gmail.com Web: http://www.ese-macedonia2007.com.mk The 4th ESE Postgraduate Course in Clinical Endocrinology with the Polish Endocrine Society Krakow, Poland, 13-15 September 2007 Contact: Prof. Bohdan Huszno Tel: (+4812)- 424-75-00 Email: huszno@endo.cm-uj.krakow.pl Web: http://www.netcongress.pl/ese2007