

13th European Congress of Endocrinology

ECE2011

30 April - 04 May 2011
Rotterdam, The Netherlands

30 APRIL – 4 MAY 2011, ROTTERDAM, THE NETHERLANDS

► On behalf of the Programme Organising Committee and Local Organising Committee, it is our pleasure to invite you to the 13th European Congress of Endocrinology in the stunning harbourside city of Rotterdam.

It is 25 years since the first European Congress of Endocrinology was held in Copenhagen in 1986. Since its inception the meeting has gone from strength to strength and ECE 2011 in Rotterdam promises to reinforce the reputation of what has become the premier endocrine gathering in Europe.

Rotterdam is easily reached from anywhere in the world either by a short train ride from Schipol Airport (Amsterdam) or at a more leisurely pace by boat as it boasts the world's busiest seaport. In 1300, Rotterdam was little more than a small settlement near a dam in the Rotte River. Now in 2010 Rotterdam is one of the largest and most modern ports in the world, the major foreign-trade centre of the Netherlands and its second largest city, presently home to over 600,000 residents representing a staggering 174 different nationalities. It is the home town of the Erasmus University and Erasmus Medical Center and will certainly act as an honourable host for our prestigious congress.

The Programme Organising Committee has invited speakers from across the globe to construct a programme designed to command the attention of clinicians, clinical investigators and basic scientists alike. There will be a new prize Plenary Lecture awarded for the first time plus Symposia, Debates and a record number of Meet-the-Expert Sessions, not to mention over 900 abstracts are anticipated.

Abstract submission is now open and the deadline is 7 January 2011. On-line registration and payment is also now open and ESE members receive a reduced registration rate. Earlybird registration rates are available until 11 March 2011.

We look forward to welcoming you to Rotterdam in 2011.

PETER TRAINER, POC CHAIR, ECE 2011 AND WOUTER DE HERDER, LOC CHAIR, ECE 2011

ABSTRACT SUBMISSION DEADLINE: 7 JANUARY 2011 EARLY REGISTRATION DEADLINE: 11 MARCH 2011

ESE Election 2011

► As a membership society ESE offers the opportunity to all members to nominate candidates for the Executive Committee. In 2011 the current ESE President and three Executive Committee members will retire from office. Before the end of this year all ESE Ordinary, Honorary and Affiliated Society members will be invited to make nominations for President and the Executive Committee that will be due for election at the next Annual General Meeting, which will be held during ECE 2011 in Rotterdam.

In accordance with the ESE Byelaws, each member may make one nomination for each vacancy and the Executive Committee may also make up to two nominations for each vacancy. Each candidate must be a paid-up member of ESE and be nominated by at least two paid-up ESE members.

During 2011, all nominations received will be reviewed by the ESE Nominations Sub-committee who, taking into account the balance of the Executive Committee in terms of geographical location, subject speciality, basic or clinical focus and gender, will propose a final list of candidates. The Executive Committee will make the final decision on the list of selected candidates to be put forward to the members for election. The voting will open in March 2011.

Further information regarding the ESE Memorandum & Articles of Association and Byelaws can be found at http://www.euro-endo.org/about/about_constitution.htm.

VERA POPOVIC, ESE NOMINATIONS SUB-COMMITTEE CHAIR

EDITORIAL

► The summer months are now behind us and I hope you all had an enjoyable summer. At the time of writing we are looking forward to the 1st ESE Clinical Update to be held in Porto, Portugal on 22–24 October. This is the first in an annual programme and has been designed to give a vigorous update on current clinical practice and also to encourage networking between trainees and established endocrinologists. A course report will be featured in a future issue of the newsletter.

Alongside the 1st ESE Clinical Update, the ESE Executive Committee will hold its 21st meeting and will discuss the future spending plans of the Society. ESE is in the very fortunate position to have funds available and is keen to invest these back into membership activities. I hope you will have all seen, and responded to, the ESE membership

questionnaire; this is one of our first steps in developing our investment strategy. Our members are the heart of our Society and your participation is therefore crucial in these evaluations to ensure that we are meeting your expectations.

The Education Sub-committee will also meet in Porto to continue its hard work in the organisation of

the ESE Training Courses. The 9th Postgraduate Course in Clinical Endocrinology was held in Tartu, Estonia on 27–29 May 2010 and was a great success. An update on this course can be found on page 4. A collaboration between ESE, the German Endocrine Society (DGE) and Young Active Research (YAR) resulted in the Summer School on Endocrinology, held in Bregenz, Austria in July. ESE is keen to support our young basic science members and therefore collaborated with DGE and YAR in their basic science school, which had shown its benefit in previous years. A report on the Summer School from our YAR friends can be found on page 2 together with their updates from ECE 2010 and WIMC.

In addition to the Executive Committee and Education Sub-committee meetings to be held in Porto, the ESE Nominations Sub-committee will also meet. In 2011, my term as President will end and three Executive Committee members will also retire from office. As explained by the Chair of Nominations Sub-committee, Vera Popovic, on this page, members will receive their invitation to submit nominations by email by the end of this year. In the meantime we ask that you start thinking about suitable candidates for the important roles of President and Executive Committee member.

Finally, you will soon be receiving your membership renewal information and I would like to urge you to renew your membership so that you can continue to play your important role in the ESE.

EBO NIESCHLAG, ESE PRESIDENT



Update on Young Active Research ...

... at ECE 2010, Prague, Czech Republic

► This year's YAR session at ECE 2010 in Prague was again a great success, a result of the hard work of the YAR board members and the generous support from ESE and DGE. This year the POC allowed us to organise our own symposium completely independently and ESE, together with BioScientifica, kindly supported us in managing the travel arrangements for the speakers.

Two excellent invited speakers, Matthias Laudes (Cologne, Germany) and Robert Semple (Cambridge, UK), held their Plenary Lectures on "The way to human metabolic diseases". Both not only encouraged the young scientists in the audience to concentrate on basic and translational research but also set the scene for two other young scientists, J Polsak (Poland) and L Brunerova (Czech Republic), who were selected by YAR to present their work during the session. Both did a great job giving a talk for the first time in front of a distinguished international

... at the WIMC, Warsaw, Poland

► The Warsaw International Medical Congress for young scientists (WIMC; www.wimc.wum.edu.pl) is one of Europe's largest annual meetings for students and graduates. Organised by members of the Students' Scientific Society, this major 3-day event took place at the Medical University of Warsaw (MUW) and was attended by 800 students.

The key feature of this event is the short oral communications and poster presentations by young researchers in all fields of clinical speciality. Every session takes place under the supervision of a jury, comprising well known professors of the MUW and many other Polish institutes, whose presence not only underlines the importance of this event but also provides valuable feedback to potential newcomers. Constructive criticism and an informal environment help the young speakers to feel welcome in the fast world of science and to become more confident in their conference behaviour.

It was an honour for the YAR board members to represent ESE and DGE on the jury board of the "endocrinology and diabetes" session, which consisted of seven talks and one poster

... at the Summer School on Endocrinology, Bregenz, Austria

► Over the last few years, it has become a tradition that YAR members contribute actively to the annual Summer School on Endocrinology, which this year was held on the shores of Lake Constance in Bregenz, Austria.

The total of 60 participants from 13 different European and non-European countries underlined the internationality of this meeting. Traditionally, the first day starts with joint sports activities such as soccer or beach volleyball and all participants enjoyed this informal way to get to know each other. Afterwards, the first scientific session is designated for young researchers to talk about their recent work or interesting methodological approaches. The "Young Investigators' Day" Session was realised by Federico Jensen (Magdeburg, Germany) who gave an interesting overview of corpus luteum function, ovulation and pregnancy of an uncommon endocrine model organism, the vizcacha (*Lagostomus maximus*). He was followed by Jeroen Rijk (Wangeningen, Netherlands) who introduced a new screening method for the abuse of anabolic steroid prohormones in cattle breeding. The final speaker, invited by the YAR members, was Harald Brumm (Berlin, Germany) from the State Office of Criminal Investigation, who gave examples of how to use

audience and the questions they received gave them further insight into their projects. Furthermore, YAR is very proud of Jens Mittag, one of our board members, who was invited by the POC to talk about his research topic "Significance of thyroid receptor alpha in metabolism". This is mainly a great recognition of his fine work, but once more underlines the efforts of ESE to support the new generation.

For further information about our group and activities please visit the website and register in our forum as a YAR member: www.young-active-research.eu. We are always looking for young people across Europe who might be interested in joining our board and contributing new ideas. Young endocrinologists from outside Germany are particularly welcome to join as "YAR ambassadors" for their respective countries

SEBASTIAN M SCHMID AND DOMINIK M SCHULTE, YOUNG ACTIVE RESEARCH AND ESE MEMBERS

presentation. Arthur Drobnik, one of the session's organisers, had contacted the ESE President personally seeking support and as ESE is keen to assist young endocrinologists Professor Nieschlag passed on this task to the YAR-endocrinology group. It was a great opportunity for us to reach and promote young researchers in endocrinology. ESE generously supported our trip to Poland.

ESE sponsors travel grants for the annual YAR meetings and we presented two of these during the closing ceremony. Congratulations to Mrs Ewa Szczerba (Warsaw, Poland), and Mrs Hanna Silarska (Wrocław, Poland). We look forward to welcoming them to the 12th YAR annual meeting, 1-3 October 2010 in Düsseldorf, Germany (www.young-active-research.eu). We hope that many more participants from the 6th WIMC also attend!

The WIMC was a great opportunity to address and spread the ideas of YAR to many powerful young people, especially endocrinologists, all over the world.

DOMINIK M SCHULTE, YAR AND ESE MEMBER

forensic diagnostics to answer questions of interest to a legal system, which may be in relation to a crime.

This year's Summer School was an interesting and exhausting event with a high scientific broadness and density. Many of the participants used the opportunity to present their research to an interested and critical scientific audience in a casual surrounding. Furthermore, as they are mainly at the beginning of their careers, this was also a welcome occasion for YAR to attract new members, especially with regard to the upcoming meeting in October in Düsseldorf.

MONA MISCHKE, METTE STOEDTER AND FRANK J MÖLLER, YAR REPRESENTATIVES



ESE Membership

► All members will soon receive their membership renewal notice. The annual membership fee for 2011 remains unchanged from 2010 at €70 for Full members and €35 for Reduced Rate members. In addition to the annual membership fee, members also have the opportunity to pay for 3 years, at the discounted rate of €190 for Full members or €95 for Reduced Rate members, and a Lifetime membership at the discounted rate of €1120 for Full members or €560 for Reduced rate members.

The Reduced Rate is available to those endocrinologists who are under 35 years of age, retired from employment or are from a country whose income is not classified as high according to the World Bank.

ESE members receive many benefits including:

- ▷ Reduced registration rates for ECE 2011, saving €250 compared with the non-member
- ▷ Free on-line access to *European Journal of Endocrinology* and the option to purchase a print subscription
- ▷ The option to purchase print and on-line subscriptions to *Journal of Endocrinology*, *Journal of Molecular Endocrinology* and *Endocrine-Related Cancer*
- ▷ Tri-annual newsletter and regular email alerts with up-to-date news
- ▷ Access to a web-based directory of European endocrinologists
- ▷ Reduced registration rates for ESE courses in clinical and basic science
- ▷ Prizes, awards and travel grants
- ▷ Voting rights and attendance at the Annual General Meeting

Members can log on to the members' area of the ESE website to update their contact details (e.g. to change their postal address, telephone number, or email address) but if there will be a change to your membership category, e.g. perhaps you have recently retired, then please inform the ESE Secretariat.

Membership fees for the 2011 membership year must be paid by 31 December 2010 and can be paid on-line via the ESE website or BioSciAlliance using WorldPay, by bank transfer or by cheque. Full instructions will be given in your membership renewal notice.

ESE Constitution

Earlier this year the Executive decided to amend the ESE Byelaws (clause 1.1c) to extend the geographical borders of the Affiliated Society membership. Applications from national endocrine societies in Europe **and in countries bordering the Mediterranean Sea** are now able to apply for Affiliated Society membership and we are actively approaching the national endocrine societies in this area to join our Society.

Following this amendment an application from the Libyan Association for Diabetes and Endocrinology (LADE) has already been approved and the Executive Committee will discuss the application received from the Tunisian Endocrine Society at their next meeting on 21 October 2010.

The Affiliated Society membership continues to grow and we welcome the collaboration with all our Society members. If you are a member of a national endocrine society in this region then encourage them to join ESE as an Affiliated Society member – further information including the application form can be found at http://www.euro-endo.org/membership/membership_affiliatedsocieties.htm.

In addition to this, the term of Honorary Auditors in Clause 8, 8.1 and 8.5 of the ESE Byelaws has been amended to read Honorary Accounts Examiners.

ESE NEEDS YOU!

ESE is compiling a map of European endocrinologists, and with the help of the ESE Affiliated Societies the information below has already been collated. We would now ask that members check their country information and inform the ESE Secretariat (info@euro-endo.org) of any amendments required.

The number of members of the Affiliated Societies

Austria	144	France	800	Latvia	127	Russia	3000
Belgium	293	Georgia	250	Lithuania	64	Serbia	150
Bulgaria	300	Germany	1546	Macedonia	52	Slovakia	301
Croatia	40	Greece	706	Malta	19	Slovenia	130
Cyprus	20	Hungary	440	Netherlands	500	Spain	1460
Czech Rep.	476	Iceland	14	Norway	81	Sweden	475
Denmark	550	Ireland	175	Poland	1012	Switzerland	490
Estonia	71	Israel	400	Portugal	426	UK	1813
Finland	537	Italy	1436	Romania	250	Ukraine	23

ESE PRIZES

Geoffrey Harris Prize 2011

ESE is pleased to announce that the Geoffrey Harris Prize for 2011 will be awarded to Professor Ezio Ghigo (Italy) during ECE 2011 (30 April – 4 May 2011) in Rotterdam. Professor Ghigo will present his prize lecture titled 'GHRELIN: a neuroendocrine and/or a metabolic story?' during the Opening Ceremony on 30 April 2011.

European Journal of Endocrinology Prize 2011

NOMINATIONS NOW OPEN!

The *European Journal of Endocrinology* Prize is awarded to a candidate who has significantly contributed to the advancement of knowledge in the field of endocrinology through publication. The prize consists of a certificate and €10,000 plus travelling expenses.

The prize will be awarded at ECE 2011 (30 April – 4 May 2011, Rotterdam) where the winner will be asked to give one of the main lectures. The deadline for nominations is 31 December 2010. Full details and the nomination procedures can be found on the ESE website at http://www.euro-endo.org/prizes/about_prizes_eje.htm.

New Prize for 2011

Two of the Society's official journals, *Journal of Endocrinology* and *Journal of Molecular Endocrinology*, are pleased to announce a new annual award. Designed to recognise an outstanding young researcher who has made a significant contribution to basic research in endocrinology, the prize will be awarded on alternate years by the two journals. **The 2011 prize is to be awarded by *Journal of Molecular Endocrinology*.**

The prize consists of a certificate and €2000. The winner's name and details will be published in the Society's newsletter and on the website. The award will be presented to the winner at ECE 2011. The deadline for nominations is **31 December 2010**. Full details can be found at www.endocrinology.org/grants/.

ESE launches press office

► To provide for the growing public interest in science, the European Society of Endocrinology has now opened a press office, which will help to raise the profile of endocrinology in Europe.

Journalists from across Europe can now contact ESE for approved comment on developments in endocrinology in Europe. This will lead to better standards in reporting of science stories and in turn strengthen the public's awareness of and engagement with their hormones.

The ESE press office consists of:

Dr Jennie Evans (Media Relations Officer) – jennie.evans@bioscientifica.com

Mr Toby Stead (Media Relations Assistant) – toby.stead@bioscientifica.com

Please contact us by email, or by phone at: +44 (0)1454 642237, if you have any queries.

www.euro-endo.org/press/

What's hot in EJE?

Increased prevalence of acromegaly in a highly polluted area

S CANNAVÒ, F FERRAÙ, M RAGONESE, L CURTÒ, M L TORRE, A MAGISTRI, A MARCHESI, A ALIBRANDI AND F TRIMARCHI

European Journal of Endocrinology

2010 163 509–513

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Scant data exist regarding the epidemiology of acromegaly as there are only a few population-based studies notwithstanding the setting-up of national registries of acromegaly in several European countries. Furthermore, the role of environmental factors has not been investigated. Cannavò *et al.* investigated the influence of environmental factors on acromegaly prevalence. Their study was conducted in the province of Messina (Sicily, Italy). Four zones, characterised by different degrees of exposure to environmental toxins, were identified in the province. The overall prevalence was 97 c.p.m. with prevalence increasing with degree of pollution. The data also reveal an increased risk of developing acromegaly in people residing in an area of high industrial density, suggesting that the pathogenetic role of environmental factors needs to be better evaluated.

ESE would like to thank their Corporate Members for their continued support: Amgen, CMM Global, DuoCort AB, Eli Lilly, Ipsen, Merck Serono, Novartis, Novo Nordisk, Otsuka Pharmaceuticals Europe, Pfizer, Roche

ESE News

This document is available on the ESE website at www.euro-endo.org/news/news.htm.

The address lists used to mail this issue of *ESE News* were supplied by the member societies of ESE and are stored in BioScientifica's database for future use.

If you do not wish to receive further mailings, please advise editorial@endocrinology.org

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The views expressed by the contributors are not necessarily those of ESE.

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Newsletter

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ESE COURSE REPORT

9th ESE Postgraduate Course in Clinical Endocrinology

► The 9th ESE Postgraduate Course in Clinical Endocrinology took place on 27–29 May 2010 in Tartu, Estonia.

There were 16 speakers from 9 European countries; the programme focussed on topics related to endocrine surgery and gonadal disorders. In total there were 210 delegates from 11 different countries, and 13 pharmaceutical companies, in addition to ESE, supported the event. Travel grants were offered to delegates who gave an oral presentation as part of the Baltic Congress of Endocrinology which ran alongside the 9th ESE Postgraduate Course. The organising committee also awarded a travel grant to assist a Russian delegate with their travel expenses.

The course started on the Thursday morning with registration and welcome coffee, followed by the official opening ceremony with speeches made by Tarvo Rajasalu (Chair of the Local Organising Committee), Charlotte Höybye (Member of the ESE Education Sub-committee), Joel Starkopf (Dean of the Faculty of Medicine, University of Tartu) and Eberhard Nieschlag (ESE President).

The evenings provided opportunities for socialising and networking, with a guided tour of the Old Town followed by the welcome reception at a local restaurant at the end of day one and a get-together party at the Gunpowder Cellar on the evening of day two.

The 9th ESE Postgraduate Course in Clinical Endocrinology was awarded 18 CME credits by the EACCME.

TARVO RAJASALU, LOC CHAIR



Save the Dates! FORTHCOMING MEETINGS

<http://www.euro-endo.org/meetings>

13th European Congress of Endocrinology – ECE 2011

Rotterdam, The Netherlands, 30 April–4 May 2011

Email: ece2011@endocrinology.org; Web: <http://www.ece2011.com>

ICE/ECE 2012

15th International Congress of Endocrinology
jointly with the 14th European Congress of Endocrinology

Florence, Italy, 5–9 May 2012; Web: <http://www.ece2012.com>

15th European Congress of Endocrinology – ECE 2013

Copenhagen, Denmark, 27 April–1 May 2013

