

THE NEWSLETTER OF THE European Society of Endocrinology

Early bird registration deadline 11 March 2011 [www.ece2011.com](http://www.ece2011.com)

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## 13th European Congress of Endocrinology



30 APRIL – 4 MAY 2011, ROTTERDAM, THE NETHERLANDS

► The organisation of the 13th European Congress of Endocrinology is well under way; abstract submissions are coming in ahead of the January deadline. On-line registrations and accommodation bookings are continuing to flourish prior to the March early bird deadline and our invitation to join the 25th anniversary celebrations of ECE has been accepted by over 110 invited speakers, debate leaders and meet-the-expert faculty.

The ECE 2011 Programme Organising Committee (POC) has prepared a stimulating programme which is available to view from the congress website: [www.ece2011.com](http://www.ece2011.com). The abstracts for the congress will be available on-line as usual, approximately 3 weeks prior to the congress. Once the abstracts are available, the BioSciPersonalPlanner will allow delegates to plan their time in Rotterdam making an individual ECE 2011 programme which will be available to download into personal calendars i.e. Outlook or Google. The POC is also, for the first time, reviewing the options to allow e-posters to feature on the congress website as well as digital posters available for viewing on-line.

Continuing a theme from ECE 2010, further efforts have been taken to improve the visibility of the scientific work presented in the dedicated Poster Sessions that have been scheduled to take place daily after the main academic programme. The meet-the-expert sessions have more than doubled in number from last year and the POC has ensured that a basic strand is available to follow throughout the meeting. The sponsored satellite symposia will provide insights into the work of ESE Corporate Members as they share with us in dedicated satellite sessions at the end of the day on Sunday and Monday. We continue to encourage our Young Investigators and have, once again, extended an invitation to the Young Active Research Group to host a symposium organised by young European physicians and scientists.

ESE continues to work towards a goal to become an enormous force in European science and medicine. We are delighted that at our 25th anniversary congress the ESE President, Professor Eberhard Nieschlag, will give a Presidential address as well as continue to build upon the success of the 'President meets...' sessions with ESE affiliated societies and new ESE members.

For further information regarding the Congress, please visit the website at [www.ece2011.com](http://www.ece2011.com)

PETER TRAINER  
CHAIR POC, ECE 2011

WOUTER DE HERDER  
CHAIR LOC, ECE 2011



## ESE Membership

► Members have now received their membership renewal notice for 2011 membership. The annual membership fee for 2011 is €70 or €35 for reduced rate members. ALL members will receive free on-line access to the *European Journal of Endocrinology*.

Members are able to pay for a 3 year membership at the discounted rate of €190 or €95 for reduced rate country, retired or under 35 years of age OR a Lifetime membership at €1120 or €560 for reduced rate country, retired or under 35 years of age.

Full details, including how to pay, are detailed in your renewal notice and we ask that you arrange prompt payment.

New members are always welcome, for full details of how to join, please see the membership section of the ESE website at [http://www.euro-endo.org/membership/membership\\_ordinary.htm](http://www.euro-endo.org/membership/membership_ordinary.htm).

## EDITORIAL

► I would like to start by wishing you all a happy and peaceful 2011. As in previous years, 2011 will be a busy time for ESE; in February the Executive Committee will hold its 22nd meeting in Munich on 7 February followed by the 3rd Strategic meeting on 8 February. Members were recently asked to complete a membership questionnaire which formed the first step of the strategic review. During the 3rd Strategic meeting the Executive Committee will review its strengths, weaknesses, opportunities and threats (SWOT analysis) and current activities in order to determine how ESE should move forward in the future. Members will have the chance to comment once the ESE strategic plan has been developed further.

In November the call for nominations was sent to all members inviting candidates for the role of President and two Executive Committee members. The deadline has passed and the Nominations Sub-committee now have the task of finalising the list of candidates before the vote is opened in March 2011. The election will take place by electronic voting and details of all the candidates will be available on the ESE website. Voting members will be sent voting instructions by email when the vote opens so please ensure that the ESE Secretariat has your current email address otherwise you may miss out on the opportunity to vote.

I am pleased to inform you that the 1st ESE Clinical Update took place in Porto, Portugal (22-24 October 2010) and was a great success; a report can be found on page 4.

The 13th European Congress of Endocrinology is fast approaching, with ECE 2011 taking place in Rotterdam, The Netherlands, from 30 April – 4 May 2011. The dedication and commitment of our Programme Organising Committee has led to an exciting scientific and social programme – register before 11 March 2011 for the early bird rate. If you are a fully paid up ESE member you will be able to save up to €250 on your registration fee! In addition to this, we have launched the ESE Meeting Grant for members; there are 50 Meeting Grants per year worth up to €400 each for ESE members to attend an ESE meeting and full details, including the eligibility criteria, can be found on the ESE website at [http://www.euro-endo.org/prizes/about\\_prizes\\_meeting.htm](http://www.euro-endo.org/prizes/about_prizes_meeting.htm).

EBO NIESCHLAG, ESE PRESIDENT

## ESE Membership Questionnaire Winners

ESE is currently undergoing a strategic review, and as part of this ESE recently sent out a questionnaire to all our members asking for feedback about the current membership and activities. Members who completed the survey could enter a prize draw, where three respondents would win free ESE annual membership for 2011. We are very pleased to announce that the 3 winners are:

Dr Melek Eda Ertorer from Turkey  
Professor Sophie Christin-Maitre from France  
Dr Djordje Marina from Serbia

Many congratulations to all 3 winners! We would like to thank all of our members for your continued support, and for taking the time to take part in this questionnaire.

# ECE 2011: Let's meet!

## Opening Ceremony and Welcome Reception

SATURDAY 30 APRIL 2011, 17:30–19:30

*Following the Opening Ceremony the attendees are invited to the Welcome Reception.*

## President's Address

SUNDAY 1 MAY 2011, 09:15–09:30

*All congress delegates are invited to the ESE President's speech.*

## ECE 25th Anniversary Evening

SUNDAY 1 MAY 2011, 20:30

### Cruise Terminal, Rotterdam

*ECE delegates are invited to attend a 25th Anniversary Evening dinner with light entertainment. For full details of the evening, including prices, please refer to the website [www.ece2011.com/social.aspx](http://www.ece2011.com/social.aspx)*

## ESE New Members Welcome Reception

MONDAY 2 MAY 2011, 12:00–12:45

*The ESE President and Executive Committee will welcome all new ESE members. Invitations will be issued before the congress with further details.*

## Excursions & Tours

### Rotterdam Informative Tour

1 May 2011 - €81 per person

### Harbour History

1 May 2011 - €50 per person

### Amsterdam Experience (full day)

1 May 2011 - €129 per person

### Historical Delft

2 May 2011 - €50 per person

### Rotterdam Shopping

2 May 2011 - €56 per person

### Battle Against Water, Deltawerken & Expo Centre (full day)

2 May 2011 - €110 per person

### Kinderdijk Windmills

3 May 2011 - €46 per person

### 3-ways Rotterdam, De Rotterdam, Boat Tour & Euromast

3 May 2011 - €73 per person

### Royal The Hague and Elegant Scheveningen (full day)

3 May 2011 - €105 per person

### Discover Leiden

4 May 2011 - €49 per person

### Rotterdam Art and Architecture

4 May 2011 - €45 per person

### Haarlem and Keukenhof (full day)

4 May 2011 - €94 per person

Further information on all of the excursions and tours can be found at [www.ece2011.com/tours.aspx](http://www.ece2011.com/tours.aspx)

## The Venue

**CONGRESS VENUE:**  
 Congress Centre De Doelen  
 PO Box 972  
 3000 AZ Rotterdam  
 The Netherlands  
 00 31 (1) 0217 17 00

**ECE 2011 MAIN ENTRANCE ADDRESS:**  
 Great Hall Quarter  
 Congress Centre De Doelen  
 Schouwburgplein 50  
 3012 CL Rotterdam

[www.dedoelen.nl](http://www.dedoelen.nl)

Congress centre De Doelen is the ultimate place for this conference. Set in the heart of dynamic Rotterdam this attractive and multifunctional building houses both a concert hall and a congress centre. The building's functional architecture combines a typical 1960s style with a modern congress complex.

The congress centre is opposite the central railway station and is easy to reach via Rotterdam Airport, Schiphol Airport, only forty minutes away, or using the high-speed rail link from Brussels, London or Paris.



## How to get there

### AIR TRAVEL

Rotterdam Airport, which is just 8km from the city centre, is relatively small and features regular flights to many European cities such as Birmingham, London, Manchester and Paris. Regular bus transport is on hand and provides a cheap way to travel into the city centre, with a journey time of just 20 minutes. Amsterdam Schiphol Airport is also relatively close to Rotterdam with good rail links.

### BY BOAT

From the UK you can reach Rotterdam easily by boat. Travellers can depart from Harwich docks in Hook of Holland using Stena Line and be at Rotterdam Central Station within half an hour. P&O Northsea Ferries from Hull arrives on the Maasvlakte, where a direct bus to Rotterdam is ready and waiting for foot passengers. Once in Rotterdam, the Fast Ferry brings you to the surrounding 'Drecht' cities. A water taxi offers you the opportunity to travel easily within the cityscape seen from the water.

### RAILWAY LINKS

From France, there are up to 7 trains a day connecting Paris to Rotterdam in just over 3 hours. From Belgium, the Thalys network covers all main Belgian cities, providing easy connections. For more information and bookings, please visit [www.thalys.com](http://www.thalys.com).

### PUBLIC TRANSPORTATION

Within Rotterdam a network of buses, trams, water taxis and metro maintains excellent connections.

For further information, please refer to the website <http://www.ece2011.com/travel.aspx>

## ESE Annual General Meeting

The Annual General Meeting of the European Society of Endocrinology will be held at 19:00 on 3 May 2011. All ESE members are welcome!

## IMPORTANT CONTACTS

**CONGRESS WEBSITE:** [www.ece2011.com](http://www.ece2011.com)

**LOCAL ORGANISING COMMITTEE**  
 Wouter de Herder, Chair  
 Department of Internal Medicine  
 Section of Endocrinology  
 Erasmus MC  
 Dr. Molewaterplein 40  
 3015 GD Rotterdam

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# Registration

The deadline for the early bird registration rate is 11th March 2011. On-line registration is available at [www.ece2011.com](http://www.ece2011.com)

There is a reduced rate available to ESE members, saving €250 on the registration fee. To be eligible for the ESE members' rate you must ensure that your membership renewal payment for 2011 has been paid.

## Registration rates

	<i>Early bird Registration</i>	<i>Standard Registration</i>	<i>On-site Registration</i>
ESE members	€500	€600	€650
Non-members	€750	€850	€900
ESE member Fellow/Student/Nurse	€250	€350	€400
Non-member Fellow/Student/Nurse	€500	€600	€650
Accompanying Person	€100	€125	€150

*Please note: On-site registration is available, subject to place availability. It is strongly recommended that you register in advance for the meeting. Payment will be required at the time of registration.*

The registration fees for ESE Members / non-members / Fellows / Students / Nurses includes:

- ▶ Access to all congress sessions and commercial exhibition
- ▶ Delegate bag including all congress materials and a name badge
- ▶ Endocrine Abstracts
- ▶ Entrance to the Opening Ceremony and Welcome Reception
- ▶ All refreshment breaks during the congress

*Registration does not include accommodation, tickets to the social events (unless stated) or optional excursions.*

The registration fee for an accompanying person includes:

- ▶ Entrance to the Opening Ceremony and Welcome Reception
- ▶ Access to the commercial exhibition
- ▶ All refreshment breaks during the congress

*Further details are available at [www.ece2011.com/registration.aspx](http://www.ece2011.com/registration.aspx)*

## New journal prize for 2011

A new journal prize will be presented for the first time at ECE 2011. This prize is designed to recognise outstanding young researchers in basic endocrinology, and will be awarded on alternate years by *Journal of Molecular Endocrinology* and *Journal of Endocrinology*. The 2011 prize will be awarded by *Journal of Molecular Endocrinology*. Please check the programme available at [www.ece2011.com](http://www.ece2011.com) for details of when the prize will be presented.

## NEW FOR 2011

### ESE Meeting Grant

ESE offers 50 Meeting Grants per year worth up to €400 each for ESE members to attend an ESE meeting.

ESE Meeting Grants are made as a contribution towards the total cost of attending either the annual European Congress of Endocrinology (ECE) or an ESE Training Course in accordance with the eligibility criteria. (For full details please visit [http://www.euro-endo.org/prizes/about\\_prizes\\_meeting.htm](http://www.euro-endo.org/prizes/about_prizes_meeting.htm))

### Journal of Endocrinology

#### Travel Grants

The *Journal of Endocrinology* offers Travel Grants of €300 each to ten young scientists attending the European Congress of Endocrinology. Applicants must be a current member of ESE, under 35 years of age and be resident in a country that is not classified by the World Bank as a high income country. The travel grants are available for attendance at the annual congress if the applicant has submitted an abstract. Full details of the eligibility criteria can be found at [www.ece2011.com/awards.aspx](http://www.ece2011.com/awards.aspx)

#### Group registration

Special registration procedures apply for group registrations. Please use the group registration link available at [www.ece2011.com/registration.aspx](http://www.ece2011.com/registration.aspx)

#### CME Credits

ECE 2011 will be credited with CME points from UEMS.

## 15th INTERNATIONAL CONGRESS OF ENDOCRINOLOGY



The 15th International Congress of Endocrinology will be held jointly with the 14th European Congress of Endocrinology on 5–9 May 2012 in Fortezza da Basso, Florence, Italy.

## MUST SEE AT ECE

### Saturday 30 April 2011

#### 17:30–19:30 OPENING CEREMONY

Geoffrey Harris Prize Lecture

SUPPORTED BY IPSEN

The 2011 Geoffrey Harris prize will be awarded to Professor Ezio Ghigo. Professor Ghigo's lecture is titled GREHLIN: a neuroendocrine and/or metabolic story?

*European Journal of Endocrinology* Prize Lecture

### Sunday 1 May 2011

#### 08:30–09:15 PLENARY LECTURE 1

Disorders of sex development (DSD)  
T Ogata (Japan)

#### 17:05–17:50 PLENARY LECTURE 2

Insulin Signalling  
R Kahn (USA)

### Monday 2 May 2011

#### 08:30–09:15 PLENARY LECTURE 3

Targets for the management of diabetes in 2011  
J Christiansen (Denmark)

#### 17:05–17:50 PLENARY LECTURE 4

Gonadotrophin signalling health and disease  
I Huhtaniemi (Finland)

### Tuesday 3 May 2011

#### 08:30–09:15 PLENARY LECTURE 5

Endocrine hypertension  
W Young (USA)

#### 17:05–17:50 PLENARY LECTURE 6

Neurosteroids as regenerative agents in brain: Therapeutic implications for cognition and neurodegenerative disease  
R Brinton (USA)

### Wednesday 4 May 2011

#### 12:30–13:15 PLENARY LECTURE 7

Genetics of bone disease  
S Ralston (UK)

## OBITUARY

### Mario Serio

A few weeks ago, on 11 November, Mario Serio passed away in a tragic accident whilst out hunting with his dogs on what he called "his mountain" in the surroundings of Subbiano, a village close to Arezzo, Tuscany. Mario was born on 12 February 1937 and was Professor Emeritus of Endocrinology at the University of Florence where, starting from the early seventies, he fostered and educated a very well known group of basic and clinical endocrine scientists. In 1992 he was one of the founding members of the European Academy of Andrology, in 1999–2001 he was President of the Italian Endocrine Society and then, in 2004–2006, President of the Italian Society of Medical Andrology. Mario was a passionate scientist and teacher and was loved by all his co-workers, especially the youngest ones. He will be deeply missed by his family and his Italian and international colleagues and friends.

GIANNI FORTI

# What's hot in EJE?

## Natural history of the transition from euthyroidism to overt autoimmune hypo- or hyperthyroidism: a prospective study

**GRIGORIS EFFRAIMIDIS, THEA G.A. STRIEDER, JAN G.P. TIJSSEN AND WILMAR M WIERSINGA**

*European Journal of Endocrinology*  
2011 164 107–113

DOI: 10.1530/EJE-10-0785



Most clinical endocrinologists would perceive that the progression of euthyroidism to overt autoimmune hypothyroidism (Hashimoto's thyroiditis) is slow whilst the transition to overt autoimmune hyperthyroidism (Graves' disease) is far more rapid. However there is a paucity of studies testing this hypothesis. Effraimidis *et al.*, conducted a nested case-controlled study within the prospective Amsterdam autoimmune thyroid disease (AITD) cohort study in which 790 healthy euthyroid women with family history of AITD were followed for five years. Thyroid function tests were assessed annually. The results of their study suggests that progression to overt autoimmune hypothyroidism is gradual taking several years, whilst the progression to overt autoimmune hyperthyroidism is faster, occurring within months.

ESE would like to thank its Corporate Members for their continued support:  
**Amgen, CMM Global, DuoCort AB, Eli Lilly, Ipsen, Merck Serono, Novartis, Novo Nordisk, Otsuka Pharmaceuticals Europe, Pfizer, Roche**

## ESE News

This document is available on the ESE website at [www.euro-endo.org/news/news.htm](http://www.euro-endo.org/news/news.htm).

The address lists used to mail this issue of *ESE News* were supplied by the member societies of ESE and are stored in BioScientifica's database for future use.

If you do not wish to receive further mailings, please advise [editorial@endocrinology.org](mailto:editorial@endocrinology.org)

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The views expressed by the contributors are not necessarily those of ESE.

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### Newsletter

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ENDOCRINE CARE

## ESE Clinical Update

**PORTO, PORTUGAL,  
22-24 OCTOBER 2010**

The ESE Clinical Update course, held at the Porto Palacio Congress Centre in Porto, Portugal, was the first in an annual programme of international residential events. This year's programme provided intensive reviews of the cutting edge of clinical endocrinology. The course was aimed at young and senior endocrinologists alike and gave a vigorous update on current clinical practice. It also encouraged networking between delegates and faculty. The event was thoroughly enjoyed, and well received by all.



The course took place over three days with 166 delegates registered to attend from over 30 countries. The programme combined plenary lectures from internationally respected speakers and interactive workshops. Delegates were asked to submit an abstract of a clinical case, suitable for presentation in one of the interactive workshops. The cases were marked and a number were selected for presentation. Each workshop was repeated twice over the three days.

The course included two social events: a welcome dinner at the Serralves Modern Art Museum and the conference dinner at the Convento S. Bento da Vitória, with speeches of gratitude and dancing.

The ESE Education Sub-committee is currently planning next year's course in Cyprus. We look forward to welcoming you to Clinical Update 2011. Places will be limited to 200 delegates and further information will be available on the ESE website in due course. To register your interest please email: [info@euro-endo.org](mailto:info@euro-endo.org)

## Lifetime members

We would like to thank the following ESE members for their support by becoming Lifetime members: Hamid Reza Bazrafshan from Iran was our first Lifetime member followed by David Hughes (UK), Corina Lichiardopol (Romania) and Allan Vaag (Denmark).

## Save the Dates!

<http://www.euro-endo.org/meetings>

### ESE Courses

**10th ESE Postgraduate Course in Clinical Endocrinology  
Polanczyk, Poland, 26 – 28 May 2011**

### ICE/ECE 2012

**15th International Congress of Endocrinology jointly with the 14th European Congress of Endocrinology  
Florence, Italy, 5–9 May 2012**



**15th European Congress of Endocrinology – ECE 2013  
Copenhagen, Denmark, 27 April–1 May 2013**