

# 23rd ESE Postgraduate Training Course on Endocrinology, Diabetes and Metabolism

Minsk, Belarus, 8 – 11 November 2018

## Thursday 8th November 2018

15.00 – 19.00 Registration  
19.00 – 21.00 Welcome reception

## Friday 9th November 2018

8.00 – 8.30 Registration  
8.30 – 9.00 Pre-exam  
9.00 – 9.30 Course Opening

Alla Shepelkevich, Chair of the Local Organizing Committee  
Minister of Health of the Republic of Belarus  
Jens Bollerslev, Chair of the ESE PG Courses Steering Committee

### Session 1: Obesity; hypophosphatasia

Chaired by Marija Pfeifer (Ljubljana, Slovenia) and Alla Shepelkevich (Minsk, Belarus)

9.30 – 10.00 **Prevention and treatment of obesity (physical activity, diets, drugs)**  
Uberto Pagotto (Bologna, Italy)  
10.00 – 10.30 **The role of bariatric surgery in treating obesity and diabetes**  
Dag Hofsø (Oslo, Norway)  
10.30 – 11.00 **Hypophosphatasia**  
Lothar Seefried (Wuerzburg, Germany)

11.00 – 11.20 *Coffee break*

### Session 2: Diabetes Mellitus

Chaired by Leif Groop (Sweden) and Dag Hofsø (Norway)

11.20 – 11.50 **Diabetes in pregnancy and gestational diabetes**  
Djuro Macut (Belgrade, Serbia)  
11.50 – 12.20 **Microbiota and metabolic disorders**  
Bulent Okan Yildiz (Ankara, Turkey)  
12.20 – 12.50 **Second-line treatment options of type 2 diabetes**  
Tatiana Mokhort (Minsk, Belarus)  
12.50 – 13.20 **Novel subgroups of adult-onset diabetes and their association with outcomes: a data-driven cluster analysis**  
Leif Groop (Lund, Sweden)

13.20 – 14.00 *Lunch*

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### Session 3: Reproductive Endocrinology

Chaired by Bulent Yildiz (Turkey) and Marija Pfeifer (Slovenia)

- 14.00 - 14.30 PCOS phenotype adjusted therapeutic approach**  
Evanthia Diamanti Kandarakis (Greece)
- 14.30 - 15.00 Hypothalamic amenorrhea – aetiology and treatment**  
Miklos Toth (Budapest, Hungary)
- 15.00 - 15.30 Premature ovarian failure**  
Stavroula Paschou (Athens, Greece)
- 15.30 - 16.00 Late onset male hypogonadism, does it exist?**  
Marija Pfeifer (Slovenia)

**16.00 - 16.30 Coffee break**

### Session 4: Rare Endocrine Disorders (Meet the Expert)

Chaired by Eberhard Nieschlag (Muenster, Germany) and Anzhalika Solntsava (Minsk, Belarus)

- 16.30 - 17.00 Klinefelter syndrome**  
Eberhard Nieschlag (Muenster, Germany)
- 17.00 - 17.30 Hypogonadotropic hypogonadism in males**  
Luigi Maione (Paris, France)
- 17.30 - 18.00 Prader-Willi Syndrome**  
Charlotte Höybye (Stockholm, Sweden)

**19.30 Dinner**

## Saturday 10th November 2018

### Session 5: Diabetes Mellitus (Meet the Expert)

Chaired by Leif Groop (Sweden) and Tatiana Mokhort (Belarus)

- 9.00 - 9.30 Diabetes technology - Continuous subcutaneous insulin infusion therapy and continuous glucose monitoring in adults**  
Maja Baretić (Zagreb, Croatia)
- 9.30 - 10.00 Peripheral arterial disease in diabetes**  
Aleš Blinc (Ljubljana, Slovenia)
- 10.00 - 10.30 Diabetic emergencies**  
Vilma Urbančič Rovan (Ljubljana, Slovenia)

**10.30 - 10.50 Coffee break**

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### Session 6: Pituitary

Chaired by AJ van der Lely (Rotterdam, The Netherlands) and Jens Bollerslev (Oslo, Norway)

- 10.50 - 11.20 Nonfunctioning pituitary tumours**  
Marek Bolanowski (Wroclaw, Poland)
- 11.20 - 11.50 Acromegaly: interactions of GH, insulin and IGF-1**  
AJ van der Lely (Rotterdam, Netherlands)
- 11.50 - 12.20 Hormonal replacement in hypopituitarism in adults**  
Camilla Schalin-Jäntti (Helsinki, Finland)
- 12.20 - 12.50 Challenging cases of hyperprolactinemia**  
Márta Korbonits (London, UK)

**12.50 - 13.30 Lunch**

### Session 7: Adrenal

Chaired by Darko Kaštelan (Zagreb, Croatia) and Karim Meeran (London, UK)

- 13.30 - 14.00 Addison's disease and mineralocorticoid deficiencies**  
Tatjana Isailovic (Belgrade, Serbia)
- 14.00 - 14.30 Autonomous cortisol secretion in adrenal incidentalomas - to treat or not to treat?**  
Tomaz Kocjan (Ljubljana, Slovenia)
- 14.30 - 15.00 Adrenocortical carcinoma: ESE guidelines**  
Darko Kaštelan (Zagreb, Croatia)
- 15.00 - 15.30 Diagnosis and management of hypercortisolism**  
Karim Meeran (London, UK)

**15.30 - 16.00 Coffee break**

### Session 8: Parallel Sessions

**16.00 - 17.30 Selected Clinical Cases**

Chaired by: Thyroid cases - Wilmar Wiersinga, Camilla Schalin-Jäntti; Pituitary and adrenal cases – Marta Korbonits, Karim Meeran; Diabetes and obesity cases: Uberto Pagotto, Vilma Urbančič Rován

**17.30 - 18.30 Exam**

**20.00 Gala Dinner**

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### Sunday 11th November 2018

#### Session 9: Thyroid (Meet the Expert)

Chaired by Camilla Schalin-Jäntti (Finland) and Victor Kondratovich (Belarus)

- 9.00 – 9.30 Management of Graves' disease**  
Wilmar Wiersinga (Amsterdam, Netherland)
- 9.30 – 10.00 Thyroid disorders around pregnancy**  
Valentin Fadeev (Moscow, Russia)
- 10.00 – 10.30 An overview of thyroiditis**  
Filip Gabalec (Czech Republic)
- 10.30 – 11.00 An up-date on the management of differentiated thyroid cancer**  
Victor Kondratovich (Minsk, Belarus)

**11.00 – 11.20 Coffee break**

#### Session 10: Bone Disorders (Meet the Expert)

Chaired by Tomaž Kocjan (Slovenia) and Zhanna Belaya (Russia)

- 11.20 – 11.40 Nonsurgical hypoparathyroidism and pseudohypoparathyroidism**  
Jens Bollerslev (Oslo, Norway)
- 11.40 – 12.00 Secondary hyperparathyroidism**  
Natalia Karlovich (Minsk, Belarus)
- 12.00 – 12.20 Glucocorticoid induced osteoporosis**  
Zhanna Belaya (Moscow, Russia)
- 12.20 – 12.40 Bone health and androgen-deprivation drugs**  
Volha Zhukouskaya (Napoli, Italy)
- 12.40 – 13.00 Bone health and antidiabetic drugs**  
Alla Shepelkevich (Minsk, Belarus)

**13.00 – 13.30 Closing remarks and certification**