

24th ESE Postgraduate Training Course on Endocrinology, Diabetes and Metabolism

Bled, Slovenia, 7 – 10 March 2019

Programme

Thursday 7th March 2019

16.00 – 19.00 Registration

19.00 – 21.00 *Welcome reception*

Friday 8th March 2019

8.00 – 8.30 Registration

8.30 – 9.15 Pre-exam

9.15 – 9.30 *Course Opening*

Marija Pfeifer, Chair of the Programme Committee

Jens Bollerslev, Chair of the ESE PG Courses Steering Committee

Camilla Schalin-Jäntti, Chair of the ESE Education Committee

Session 1: Rare endocrine diseases: endocrine malignancies

Chaired by Darko Kaštelan (Croatia) and Camilla Schalin-Jäntti (Finland)

9.30 – 10.00 Small intestine neuroendocrine tumours – classification, medical and surgical therapies

Djuro Macut (Belgrade, Serbia)

10.00 – 10.30 Parathyroid carcinoma – signs & symptoms, genetics, therapy

Camilla Schalin-Jäntti (Helsinki, Finland)

10.30 – 11.00 Malignant pheocromocytoma – signs & symptoms, genetics, therapy

Mojca Jensterle Sever (Ljubljana, Slovenia)

11.00 – 11.30 *Coffee break*

Session 2: Electrolyte and water handling disorders

Chaired by Jens Bollerslev (Norway) and Mojca Jensterle Sever (Slovenia)

11.30 – 12.00 Differential diagnosis and management of hyponatraemia

Darko Kaštelan (Zagreb, Croatia)

12.00 – 12.30 Challenges of hypercalcaemia

Marija Pfeifer (Ljubljana, Slovenia)

12.30 – 13.00 Diabetes insipidus – old and new diagnostic approaches

Julie Refardt (Basel, Switzerland)

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13.00 - 14.00 Lunch

Session 3: Thyroid

Chaired by Mark Gurnell (UK) and Katja Zaletel (Slovenia)

14.00 - 14.30 Adequate, deficient and excessive iodine supply

Simona Gaberšček (Ljubljana, Slovenia)

14.30 - 15.00 Occurrence and severity of autoimmune thyroid diseases with respect to iodine supply

Katja Zaletel (Ljubljana, Slovenia)

15.00 - 15.30 Diagnostic and therapeutic use of radioactive iodine

Katica Bajuk Studen (Ljubljana, Slovenia)

15.30 – 16.00 Challenging cases with thyroid disease

Mark Gurnell (Cambridge, UK)

16.00 - 16.30 Coffee break

Session 4: Diagnostics in endocrinology

Chaired by Martin Reincke (Germany) and Simona Gaberšček (Slovenia)

16.30 - 17.00 Assessment of hormones: RIA, ELISA, LC-MS/MS, POCT – advantages and pitfalls

Annemieke Heijboer (Amsterdam, Netherlands)

17.00 - 17.30 Applications of molecular imaging in endocrinology

Luka Ležaić (Ljubljana, Slovenia)

17.30 - 18.00 Imaging in pituitary disease

Michael Buchfelder (Erlangen, Germany)

19.30 Dinner

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Saturday 9th March 2019

Session 5: Diabetes Mellitus

Chaired by Tadej Battelino (Slovenia) and Kim Pettersson Fernholm (Finland)

8.30 – 9.00 2018 ADA/EASD guidelines: Management of hyperglycaemia in type 2 diabetes – assess CV risk first

Chantal Mathieu (Leuven, Belgium)

9.00 – 9.30 Adjunctive therapies in type 1 diabetes - a paradigm shift

Tadej Battelino (Ljubljana, Slovenia)

9.30 – 10.00 Diabetic kidney disease – pathogenesis, prevention, management

Kim Pettersson Fernholm (Helsinki, Finland)

10.00 – 10.30 Diabetic foot – prevention, recognition and therapy

Vilma Urbančič Rovan (Ljubljana, Slovenia)

10.30 – 11.00 Lipid disorders in type 2 diabetes – pathogenesis, prevention, treatment – reaching the targets

Zlatko Fras (Ljubljana, Slovenia)

11.00 – 11.30 Coffee break

Session 6: Pituitary

Chaired by Andrea Giustina (Italy) and Marija Pfeifer (Slovenia)

11.30 – 12.00 New consensus on acromegaly treatment

Andrea Giustina (Milan, Italy)

12.00 – 12.30 TSH adenomas and secondary hyperthyroidism

Ulla Feldt-Rasmussen (Copenhagen, Denmark)

12.30 – 13.00 Management of patients with craniopharyngiomas

Tina Dušek (Zagreb, Croatia)

13.00 – 14.00 Lunch

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Session 7: Adrenal glands

Chaired by Martin Reincke (Germany) and Djuro Macut (Serbia)

14.00 - 14.30 Congenital adrenal hyperplasia – genetics, signs and symptoms, treatment, counselling

Urh Grošelj (Ljubljana, Slovenia)

14.30 - 15.00 Ectopic Cushing's syndrome – diagnostic procedures and management

Ashley Grossman (Oxford, UK)

15.00 - 15.30 Endocrine hypertension

Martin Reincke (Munich, Germany)

15.30 - 16.00 *Coffee break*

Session 8: Parallel Sessions

16.00 - 17.30 Selected Clinical Cases

Chaired by:

Thyroid cases: Mark Gurnell, Simona Gaberšček;

Pituitary and adrenal cases: Mojca Jensterle Sever, Ashley Grossman;

Diabetes and obesity cases: Tadej Battelino, Vilma Urbančič Rovan;

Calcium and bone cases: Jens Bollerslev, Tomaž Kocjan

17.30 - 18.30 Exam

20.00 *Gala Dinner*

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Sunday 10th March 2019

Session 9: Miscellaneous

Chaired by Marija Pfeifer (Slovenia) and Tina Dušek (Croatia)

9.00 – 9.30 Hormonal and metabolic adaptations during physical activity in healthy and diabetic subjects

Sergej Pirkmajer (Ljubljana, Slovenia)

9.30 – 10.00 Performance enhancing drugs (hormones) – action and detection

Martin Bidlingmaier (Munich, Germany)

10.00 – 10.30 Delayed puberty – definitions, aetiologies, treatment

Magdalena Avbelj Stefanija (Ljubljana, Slovenia)

10.30 – 11.00 *Coffee break*

Session 10: Bone Disorders

Chaired by Tomaž Kocjan (Slovenia) and Jens Bollerslev (Norway)

11.00 – 11.30 What is new in the field of vitamin D?

Jens Bollerslev (Oslo, Norway)

11.30 – 12.00 Anabolic therapies for osteoporosis

Tomaž Kocjan (Ljubljana, Slovenia)

12.00 – 12.30 FGF 23, phosphate handling; hypophosphatemic rickets and osteomalacia

Volha Zhukouskaya (Napoli, Italy)

12.30 – 13.00 *Closing remarks and certification*