

ESE Annual Review 2018



European Society
of Endocrinology

Who we are

The European Society of Endocrinology (ESE) is at the centre of Europe's endocrine community. It is our vision to shape the future of endocrinology to improve science, knowledge and health. It is our mission to advance endocrinology. We unite, support and represent our specialty, promoting collaboration and best practice, and enable our community to develop and share the best knowledge in endocrine science and medicine.
ESE – the voice for endocrinology.

4136
Members from
over 100
countries

Welcome from ESE President AJ van der Lely

Close to four years ago we, as ESE's Executive Committee, began a fascinating project to drive change, development and innovation for ESE. To do this we first established a clear vision, to shape the future of endocrinology, and mission, to advance endocrinology. Effective delivery of these required a strong strategy and led to the development of our five supporting pillars:

1. To be at the centre of the endocrine community in Europe.
2. To provide top-quality, continuous, endocrine-related education and training for all career stages in clinical practice and basic research.
3. To foster early career basic and clinical endocrinologists.
4. To continue to run the leading European endocrine congress.
5. To establish financial sustainability.

I am proud to see today that through the great work of our volunteers, and the support of our members, ESE has come a long way towards our stated vision and mission.

To enable effective working on our strategic objectives, and to support the impressive growth in our membership and expanding ESE activities, the ESE team has become increasingly independent. Although many of our day-to-day activities are still managed by our Association Management provider, Bioscientifica, we have now established a core team (pictured below) to really drive our strategic objectives forward.

The ESE core team (left to right):
Dirk De Rijdt, Director of Commercial Services, **Andrea Davis**, Governance and Office Manager, **Helen Gregson**, Chief Executive Officer, **Alex Harrison**, Scientific Programmes Manager, **Victoria Withy** (not pictured), joined April 2019 as Marketing and Sales Manager



ESE membership
grew by

10.6%

in 2018, with members
from over 100 countries



Our transformation to a proactive organisation has allowed us to really focus on our members and deliver on our objectives. 2018 saw ESE take a more active role in the European Parliament and influence decision making on important topics including endocrine disruptors and Horizon Europe. The initiation of our Mapping Endocrinology in Europe project has amazing potential for ESE to support and focus our policy and advocacy activities.

The European Congress of Endocrinology continues to go from strength to strength with delegates and presenters coming from over 90 countries and from beyond Europe, to become a truly international 'must attend' event for clinical and research endocrinologists. The formation of the new Industry Partnership Board is an important step forward in strengthening and expanding ESE's relationships with our Corporate Members, around areas including policy and advocacy, education and the regulatory environment.

Our eight Focus Areas, established in 2017 to cover the spectrum of topics and needs within endocrinology, started to make a real difference in 2018 including the launch of two research projects amongst many other activities, and I look forward to seeing how they develop in the years to come.

Of course, ESE is really about the members. We are extremely grateful to all of them, especially those who give up their valuable time to serve on our committees, working groups, focus areas and to help deliver ESE activities. We hope that our membership appreciates and enjoys the significant changes we have made in our strategic objectives to better unite, support and represent them and their interests, and that ESE continues to grow to be the voice for endocrinology.

98%

of respondents said they planned to renew their membership the following year*

*2018 membership survey

Meet the Executive Committee

ESE is governed by the Executive Committee, with specific areas being governed by individual Committees.



AJ van der Lely
President



Andrea Giustina
President-Elect



Mónica Marazuela
Secretary



Bulent Yildiz
Treasurer



Jérôme Bertherat
Clinical Committee



Felix Beuschlein
Science Committee



Riccarda Granata
Congress Committee



Márta Korbonits
Scientific Programme Chair



Beata Kos-Kudla
Publishing &
Communications Committee



Camilla Schalin-Jäntti
Education Committee

Ex-Officio:



Djuro Macut
ECAS Representative



Sofia Llahana
Chair of the ESE Nurses'
Working Group



Anneke van den Beukel
Co-Chair of EYES Committee

"One of my main goals as incoming President of ESE will be to increase the membership, in order to truly represent the European community at large, at the highest institutional levels; to raise adequate awareness of the crucial role of hormones in human health; and to improve the conditions of the millions of endocrine patients throughout Europe!"

Andrea Giustina, President-Elect

Fostering early career development and supporting endocrine education

As part of ESE's mission to advance endocrinology, we are dedicated to creating a dynamic community for early career researchers and clinicians, to encourage them to choose endocrinology, as well as providing top-quality education and training for all career stages.

Providing education & training opportunities worldwide

Our educational programmes cater for all career stages and backgrounds. Basic endocrinology meetings allow academics to present and discuss the latest developments in endocrine research, Clinical Updates ensure healthcare professionals are up to date with clinical developments, Postgraduate Training Courses provide clinical in-training specialists with the most relevant information while Themed Meetings provide greater focus on individual topics.

Clinical Updates: the latest developments in the field for established and in-training endocrinologists held in United Arab Emirates and at EndoBridge in Turkey.



Postgraduate Training Courses in Clinical Endocrinology: targeted at in-training specialists were held in Belarus and Hungary with more than 340 attendees from over 38 countries.

ESE Summer School: an interactive educational and networking event for early career academic and clinical endocrinologists.

Basic Science symposium: the 43rd Symposium on Hormones and Cell Regulation, held in France, focused on the brain–gut–microbiome network in metabolic regulation and dysregulation.

“As a young member of the society, I felt very welcomed and valued throughout the conference. Many early career researchers and PhD students were given the opportunity to present their work.”

Symposium on Hormones and Cell Regulation attendee

Themed Courses and Workshops:

- Europit 2018, held in France, provided comprehensive perspectives on pituitary disorder management for an interdisciplinary audience of pathologists, neurosurgeons and endocrinologists.
- Expert Workshop on Parathyroid Disorders, held in The Netherlands, focused on parathyroid cancers, primary hyperparathyroidism and hypoparathyroidism.



Supporting endocrine nursing

The ESE Nurses' Working Group supports the development and raises the profile of endocrine nurses throughout Europe, to share expertise and advance nursing practice.

2018 Highlights

- Fostered stronger links with national endocrine nurse groups in Europe.
- Ran a pre-congress course ahead of ECE 2018 and a number of nurses targeted sessions within the congress, including networking and professional development, poster presentations and meet the expert session.
- Compiled and edited the first ever textbook for endocrine nurses, 'Advanced Practice in Endocrinology Nursing', published early 2019.



In 2018
Early-career
membership of ESE
grew by

30%

Supporting early career endocrinologists

ESE works closely with the European Young Endocrine Scientists (EYES) community, which now comprises over 200 members, to ensure their needs are being met and that we are nurturing the future of endocrinology.

2018 Highlights

- EYES now represented on all relevant ESE Committees.
- Introduced dedicated webpages for early career activities, meetings & resources.
- Held presentation skills training session at ECE 2018 for early career endocrinologists.
- ECE 2018 symposium organised and run by EYES.
- Established EYES MemberMojo, an online community platform for members to network.
- Provided support & advice for EYES newsletters.
- Supported the 6th European Young Endocrine Scientists (EYES) Meeting held in Poland.

eyes 
european young
endocrine scientists
looking forward

“ESE has made some great progress in providing more opportunities for young endocrinologists over the last year, which helps protect the future of endocrinology.”

Anneke van den Beukel,
Co-Chair of EYES Committee

Recognising and advancing exceptional endocrinology

Our prestigious grants and awards recognise world-leading scientists and clinicians across the field of endocrinology, whilst our early-career focused awards provide support for the next generation to achieve their potential.



Geoffrey Harris Award
Christos Mantzoros, USA



European Journal of Endocrinology Award
Filip Knop, Denmark



European Hormone Medal
Ilpo Huhtaniemi, Finland



Clinical Endocrinology Trust Award
Philippe Chanson, France



Jens Sandahl Christiansen Award
Introduced in 2018 in commemoration
of one of ESE's founding fathers
Raul Luque, Spain
Vakeriya Lyssenko, Norway



Special Recognition Awards
Christian Strasburger, Germany
Jens Bollerslev, Norway
Wouter de Herder, The Netherlands



Honorary Membership
Pia Burman, Sweden
Vera Popovic, Serbia



**12 Young Investigator Awards
& 8 Poster Awards** for the best
early career work presented at
ECE 2018

Shaping the future of endocrinology

by promoting collaboration & best practice

As part of our vision to shape the future of endocrinology, we help our community to unite and share the best clinical and scientific endocrine knowledge.

75%

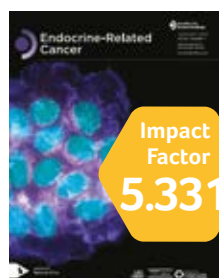
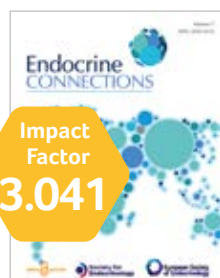
have used one of the ESE's clinical guidelines in the last 12 months*

*respondents to 2018 membership survey

Publishing the latest endocrine research and clinical science

Our high-quality, peer-reviewed journals bridge the gap between basic and clinical science and are free online for our members; members are also entitled to reduced rates on print subscriptions and discounts on open-access publication fees.

2018 Journal Impact Factors



Our members, with clinical or scientific interests, all rated free online access to EJE as their top membership benefit in 2018*.

* 2018 membership survey

Reaching wider audiences with endocrinology

Our media press office issued **50% more** press releases for research published in our journals during 2018 than 2017, with over **250 articles** published in mainstream and medical media and a combined potential reach of over **100 million people**.



European Society of Endocrinology Clinical Practice Guidelines for the management of aggressive pituitary tumours and carcinomas

5963 views

1864 downloads in 2018

Advancing understanding of endocrine function & disease

Our research projects, supported by relevant Focus Areas, promote collaboration and investigation into the best course of action to deal with endocrine-related issues.

2018 Highlights

- The **ESE Parathyroid Programme (PARAT)** held its first meeting.
- **Adult Growth Hormone Deficiency (AGHD) audit project** established a database and initiated data collection processes in 50 European countries, with a target of 5000 patients.
- Completed a patient survey into the need for an emergency card for patients with hypoparathyroidism.



Promoting excellence, education & collaboration

ESE grants and awards funding totalled over

€164 000

in 2018



€43 724

Meeting Grants for members to attend ESE meetings or training courses

€31 311

Basic Science Meeting Grants for scientist members to attend ECE 2018

€18 405

ESE Young Investigator Awards

€9206

Short-Term Fellowships for early career members to visit other labs

€44 898

ESE Awards

€7500

Small Meetings Grants

€7125

ESE Examination Grants towards European Board Examination in Endocrinology, Diabetes and Metabolism costs

€2054

Poster Awards



Improving education standards across Europe

Established and launched in 2018 by ESE, in collaboration with the European Union of Medical Specialists (UEMS), the European Board Examination in Endocrinology, Diabetes and Metabolism forms part of wider efforts towards improving and harmonising education in clinical endocrinology across Europe.

73 candidates from **24** countries sat the examination

"The work we have done this year on the European Board exam and EU policy is of great importance for endocrine clinical care and research in Europe."

Felix Beuschlein,
Executive Committee member

Promoting collaboration with our national societies

The ESE Council of Affiliated Societies (ECAS) supports collaboration with our European national societies. Our National Affiliated Membership now represents 53 countries and over 20 000 European endocrinologists. ECAS meets twice a year to discuss and develop projects of joint interest; both the ESE Curriculum of Specialisation

and the European Board Examination in Endocrinology, Diabetes and Metabolism were developed in collaboration with the Affiliated Societies.

ESE Council of Affiliated Societies

Our Associate Membership scheme enables national endocrine societies outside of Europe to join our community too; countries as diverse as Argentina, Brazil, Nepal, Saudi Arabia, Thailand and the Philippines have now joined.

"I have enjoyed working with ECAS to improve regional collaboration among our affiliated societies to help advance education, science and practice in endocrinology"

Djuro Macut,
ECAS Representative



Centre of the endocrine community

We unite and represent our specialty to work together, to become acknowledged as the reference point for the best endocrine knowledge.

Engaging with the endocrine community

The European Congress of Endocrinology (ECE) continues to develop as a world-leading congress for all the latest endocrine research and developments worldwide.

"Every aspect of this year's congress was ideal"
ECE 2018 delegate

3532
Attendees

1777
Abstracts

191
ePosters

29
Guided Poster Tours

30
Symposia

Top 10 attending countries:



Non-European attendance at ECE increased by 10% in 2018 vs 2017

Abstract by Focus Area



"The ECE programme has improved year on year over the past 5 years"

ECE 2018 delegate

95% of attendees would recommend ECE to a colleague
(ECE 2018 post-meeting survey)



ECE
On Demand

ECE On Demand facilitated access to all ECE content, organised by Focus Area, throughout the Congress for delegates & beyond as a member benefit. Users grew by 29% in 2018 vs 2017.

ECE 2018 in the News

661 total media mentions

46 countries worldwide covered ECE research in

14 different languages with an estimated reach of

1,061.2m

people, based on estimated viewership and circulation of media source

Expanding links with Industry

In 2018, the new Corporate Membership scheme was introduced, where companies could sign up to a new premium level and a seat on the new Industry Partnership Board (IPB). The IPB will widen our endocrine community and open up new opportunities for discussion and collaboration. The first IPB meeting with Ipsen, Pfizer and Shire (now Takeda) was held at ECE 2018 to discuss key areas of focus, including policy and advocacy, education and maintaining effective working relationships with ESE.

“The European Congress of Endocrinology is extremely important to us, from the industry satellites to the networking opportunities, and hearing about what is happening in the world of endocrinology. I have always enjoyed attending, especially the interactions with nurses, healthcare professionals and the whole endocrine community.”

Roy Gomez, Pfizer Endocrine European Medical Director



Representing the endocrine community

The European Congress of Endocrinology (ECE) continues to develop as a world-leading congress for all the latest endocrine research and developments worldwide.

Mapping endocrinology in Europe

This ambitious survey project is an important step for developing future effective ESE Policy and Advocacy strategies to represent our community. We gathered information on the current state of endocrinology across Europe from 3111 endocrine clinicians and researchers, 41 national societies and 12 Corporate Members. The full results will be presented at ECE 2019 and used to inform ESE policy to further secure our discipline and position as the voice for endocrinology.

“The mapping project is a fantastic endeavour that will help improve endocrinology across Europe in years to come”

Mónica Marazuela,
Secretary & Nominations
Committee Chair

Influencing EU Policy

ESE has a mission to shape the future of endocrinology and in 2018 dedicated more efforts towards liaising with European policymakers to ensure our members' voices are heard and position ESE as the leading European organisation in endocrinology.

2018 Highlights

Activities were aimed at raising awareness for three key areas of endocrinology, endocrine disruptors, osteoporosis and child rare diseases.

- Attended public consultations on guidance for the identification of endocrine-disrupting chemicals (EDCs) and Horizon Europe.
- Input expertise to two EU documents:
PEST Committee Report on pesticides
Letter to MEP Dan Nica on rare disease in children in Horizon Europe.
- Organised high-level meetings with EU stakeholders:
Impact of Hormones in European Policies for Health and Research with MEP Daniele Viotti, and EDC Event with the Endocrine Society and supported by Lieve Wierinck and Éric Andrieu.
- Held meetings and called for more attention to be directed at osteoporosis in Horizon 2020, as well as other activities to promote World Osteoporosis Day.



Society finances

To effectively deliver our vision to shape the future of endocrinology, and mission to advance endocrinology, one of our strategic pillars has been to establish financial sustainability and develop excellent commercial relationships with a long-term perspective.

Treasurer's report

As a major priority the ESE Executive Committee has been working to ensure the financial sustainability of ESE to enable us to continue to develop and grow our activities. A short, medium, and long-term financial strategy has been developed to ensure that our ESE strategic activities for 2017 to 2021 are planned for financially.

ESE's main income is through individual and corporate membership fees, congress revenue, publishing revenue and grant support. Our reserve policy aims to support ESE's activities for two years should there be major detrimental changes to revenue or costs.



Bulent Yildiz - Treasurer



2018 Financial Headlines:

- Additional revenue through an increase in individual membership of over 10%.
- Our open access journal, *Endocrine Connections* (jointly owned by the Society for Endocrinology) generated a financial return.
- Launch of a new Corporate Members scheme cemented a stronger relationship with industry, and resulting in new corporate members joining.
- Excellent financial return from ECE 2018 due to strong delegate numbers, industry support and beneficial VAT treatment.
- Investment in our work on policy and advocacy, with a part time consultant, and into the 'Mapping Endocrinology in Europe' project – see page 9.
- Investment in our central team, with four full time members of staff, and two more planned for 2019.

Of particular note we would like to thank our Premium Corporate Members – Ipsen, Pfizer and Shire (now Takeda). We would also like to thank the supporters of our individual programmes – Novo Nordisk for their essential continued support of our postgraduate programme, and to Novartis and HRA for their support of our Cushing's registry ERCUSYN. In addition, our parathyroid programme and AGHD audit project have been kindly supported by Shire (now Takeda) and Pfizer respectively. Without this support from industry these programmes would not have been possible.

We have continued to improve our financial processes and reporting to live up to the highest possible standards, and to ensure that we can deal effectively with sometimes complex accounting and VAT issues. In 2018 we retained a Finance Director on a consultancy basis for valuable advice and changed our auditors to work with Kingston Smith, a top 20 rated accountancy firm, who are delivering an excellent service.

The final outcome has been a small operating surplus for the year despite having budgeted for a deficit. It has however been a challenging time for investments, particularly in Q4 2018, resulting in an un-realised loss in this area. We follow a medium-low risk category with a balanced investment objective, and we continue to monitor this area closely.



Audited Accounts

Revenue

16%	Sponsorship and grants	€713 040
63%	Congress income	€2 731 921
11%	Publications income	€471 243
8%	Membership subs (including corporate)	€347 726
1%	Rebates and commissions	€44 910
1%	Investment income	€41 412

Total revenue €4 350 252

Direct Costs

57%	Congress costs	€1 988 588
14%	Clinical and Scientific Activities	€464 135
7%	Membership	€254 321
7%	Annual meetings and events	€252 064
7%	Communications, Media and Publicity	€255 474
3%	Publications costs	€93 839
5%	Prizes, grants and awards	€157 097

Total direct costs €3 465 518

Gross surplus €884 734

Overheads

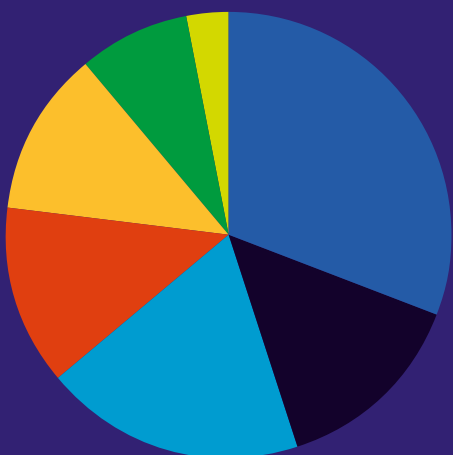
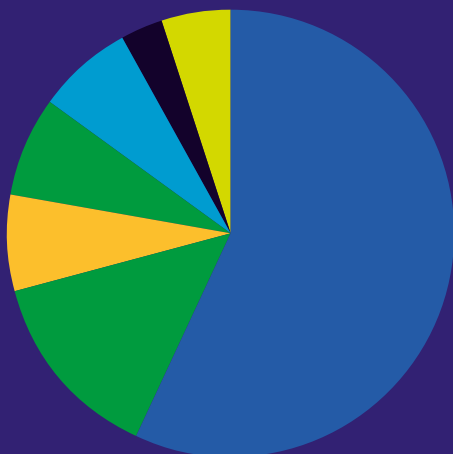
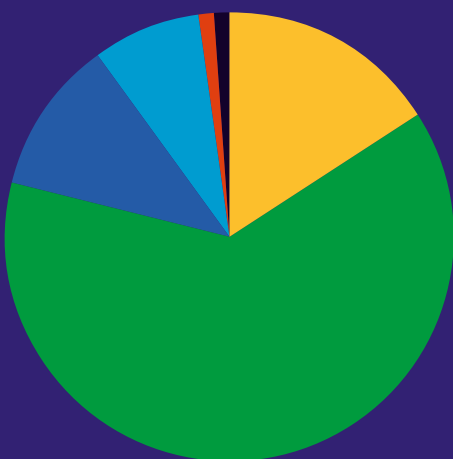
31%	Office and staff costs	€269 678
14%	Cost of trustees meetings	€127 243
19%	ECE Local Organising Committee donation	€170 651
13%	Legal and professional fees	€115 436
12%	Policy and Advocacy	€101 036
8%	Investment manager, audit and accountancy	€72 240
3%	Foreign exchange (gain)/loss	€24 960

Total overheads €881 244

Operating surplus €3490

Impact of investments (€238 833)

Surplus/deficit on ordinary activities (€235 343)



ESE Corporate Members in 2018

Thank you to all our Corporate Members for their valuable support that contributes to the continuing success of ESE activities.

Premium Corporate Members:



Corporate Members:

Laboratoire - HRA Pharma
Novartis
Novo Nordisk
Otsuka Pharmaceuticals
Sandoz
Siemens-Healthineers
Strongbridge Biopharm



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