

25th ESE Postgraduate Training Course on Endocrinology, Diabetes and Metabolism

Rotterdam, The Netherlands, October 2019

Programme

Thursday 10 October 2019

16.00 – 19.00 Registration

19.00 – 21.00 *Welcome reception*

Friday 11 October 2019

8.00 – 8.30 Registration

8.30 – 9.15 Pre-exam

9.15 – 9.30 *Course Opening*

Sebastian Neggers, Chair of the Programme Committee

Camilla Schalin-Jäntti, Chair of the ESE Education Committee

Session 1: Calcium, Bone and vitamin D

Chaired by Claudio Marcocci (Italy) & Misa Pfeifer (Slovenia)

9.30 – 10.00 **Assessment of fracture risk**
Ralf Schmidmaier (Munich, Germany)

10.00 – 10.30 **2019 Guidelines on Pharmacological management of osteoporosis in women**
Tomaz Kocjan (Ljubjana, Slovenia)

10.30 – 11.00 **Hyperparathyroidism, to treat or not**
Claudio Marcocci (Pisa, Italy)

11.00 – 11.30 *Coffee break*

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Session 2: Rare endocrine disorders

Chaired by Sebastian Neggers (The Netherlands) & Richard Feelders (The Netherlands)

- 11.30 – 12.00** **When rare paediatric diseases grow up**
Anders Palmstrøm Jørgensen (Oslo, Norway)
- 12.00 – 12.30** **Pancreatic NETs: diagnosis and management**
Camilla Schalin-Jääntti (Helsinki, Finland)
- 12.30 – 13.00** **MEN 1 to 4, genetic NETs**
Gerlof Valk (Utrecht, The Netherlands)

13.00 – 14.00 *Lunch*

Session 3: Thyroid

Chaired by Camilla Schalin-Jääntti (Finland) & Robin Peeters (The Netherlands)

- 14.00 – 14.30** **Thyroid function in pregnancy**
Tim Korevaar (Rotterdam, The Netherlands)
- 14.30 – 15.00** **Thyroid nodules - what to do?**
Laurence Leenhardt (Paris, France)
- 15.00 – 15.30** **Treatment of Graves disease and Graves orbitopathy**
Robin Peeters (Rotterdam, The Netherlands)
- 15.30 – 16.00** **Thyroid laboratory assessment, the pitfalls!**
Sjoerd van den Berg (Rotterdam, The Netherlands)

16.00 – 16.30 *Coffee break*

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Session 4: Sex hormones

Chaired by Terhi Piltonen (Finland) & Anders Palmstrøm Jørgensen (Norway)

- 16.30 – 17.00** **Irregular menstrual cycle, what to do?**
Terhi Piltonen (Oulu, Finland)
- 17.00 – 17.30** **Do we replace testosterone in men with functional hypogonadism?**
Misa Pfeifer (Ljubljana, Slovenia)
- 17:30 – 18.00** **Gender dysphoria**
Guy T'Sjoen (Gent, Belgium)

Free evening

Saturday 12 October 2019

Session 5: Diabetes Mellitus

Chaired by Karim Meeran (UK) & Eelco de Koning (The Netherlands)

- 8.30 – 9.00** **The road to Diabetes, how to make a U-turn**
Martijn Brouwer (Maastricht, The Netherlands)
- 9.00 – 9.30** **Modern glucose monitoring technology in the treatment of Type 1 Diabetes**
Signe Schidt (Hvidovre, Denmark)
- 9.30 – 10.00** **Gestational diabetes as a predictor of future maternal cardiometabolic health**
Henna Cederberg-Tamminen (Helsinki, Finland)
- 10.00 – 10.30** **Monogenic diabetes mellitus**
Eelco de Koning (Leiden, The Netherlands)
- 10.30 – 11.00** *Coffee break*

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Session 6: Pituitary

Chaired by Sebastian Neggers (The Netherlands) & Daniel Olsson (Sweden)

- 11.00 – 11.30** **Somatostatin analogues in Cushing’s and Acromegaly**
Sebastian Neggers (Rotterdam, The Netherlands)
- 11.30 – 12.00** **The incidentaloma and non-adenoma pituitary masses - a radiologist’s perspective**
Meike Vernooij (Rotterdam, The Netherlands)
- 12.00 – 12.30** **Genetic disorders causing pituitary tumours**
Albert Beckers (Liege, Belgium)
- 12.30 – 13.00** **Hypopituitarism**
Daniel Olsson (Gothenburg, Sweden)

13.00 – 14.00 *Lunch*

Session 7: The adrenal

Chaired by Anders Palmstrøm Jørgensen (Norway) & Bas Havekes (The Netherlands)

- 14.00 – 14.30** **Biochemical diagnostics for enlarged adrenal**
Hans Hofland (Rotterdam, The Netherlands)
- 14.30 – 15.00** **Diagnosis and perioperative management of pheochromocytoma**
Richard Feelders (Rotterdam, The Netherlands)
- 15.00 – 15.30** **Glucocorticoid replacement, easy-peasy!**
Karim Meeran (London, UK)

15.30 – 16.00 *Coffee break*

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Session 8: Parallel Sessions

16.00 – 17.30 Selected Clinical Cases

Chaired by:

Thyroid cases: Robin Peeters (The Netherlands) & Camilla Schalin-Jäntti (Finland)

Pituitary and adrenal cases: Sebastian Neggers (The Netherlands) & Karim Meeran (UK)

Diabetes and obesity cases: Bart van der Schueren (Belgium) & Eelco de Koning (The Netherlands)

Calcium and bone cases: Claudio Marcocci (Italy) & Misa Pfeifer (Slovenia)

17.30 – 18.30 Exam

20.00 Dinner

Sunday 13 October 2019

Session 9: Miscellaneous

Chaired by Daniel Olsson (Sweden) & AJ van der Lely (The Netherlands)

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| 9.00 – 9.30 | Hyperaldosteronism Jaap Deinum (Nijmegen, The Netherlands) |
| 9.30 – 10.00 | Bariatric surgery, or is there an alternative? Bart van der Schueren (Leuven, Belgium) |
| 10.00 – 10.30 | Sugar, obesity and cancer AJ van der Lely (Rotterdam, The Netherlands) |

10.30 – 11.00 Coffee break

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Session 10: Diagnostics

Chaired by Hans Hofland (The Netherlands) & TBC

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| 11.00 – 11.30 | Thyroid ultrasound Murat Erdogan (Ankara, Turkey) |
| 11.30 – 12.00 | Diagnosing dyslipidemia using apoB in Clinical Practice Jacqueline de Graaf (Nijmegen, The Netherlands) |
| 12.00 – 12.30 | Abdominal imaging in endocrinology Fokko Smits (Rotterdam, The Netherlands) |

12.30 – 13.00 Closing remarks and certification information