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**University of Turin - Department of Medical Sciences**  
**Division of Endocrinology, Diabetes and Metabolism**  
**Gender incongruence, andrology and endocrinological gynecology**

Director: Prof. Ezio Ghigo

Supervisor: Dr. Giovanna Motta

Tutor: Dr. Lorenzo Marinelli

Website:

[https://www.cittadellasalute.to.it/index.php?option=com\\_content&view=article&id=4401:endocrinologia-diabetologia-e-metabolismo-u&catid=140&Itemid=581](https://www.cittadellasalute.to.it/index.php?option=com_content&view=article&id=4401:endocrinologia-diabetologia-e-metabolismo-u&catid=140&Itemid=581)

### **Clinical Observership overview**

The department of Endocrinology, Diabetes and Metabolism of the “Città della Salute e della Scienza” in Turin, held by Prof. Ghigo, represents an environment rich of different experts that deal with the whole range of endocrinological conditions. A part of the clinical activity is dedicated to diseases of reproductive glands: in particular, we treat andrological, endo-gynaecological and sexual dysfunction related to men and women. Moreover, part of our clinical and research activity is related to gender incongruence and gender dysphoria.

From a clinical point of view, we deal with hormonal replacement treatment in hypogonadal men and women, male infertility, polycystic ovary syndrome, hyperandrogenism and menstrual alterations in women. Moreover, we deal with erectile dysfunction and ejaculation disorders in men and disturbance of sexual desire in women. A great part of our work is dedicated to our gender clinic, directed by Dr. Giovanna Motta. Our Center (called CIDIGEM) is part of a local network that includes psychological and surgical support (urologist, gynaecologist, general surgeon, and otolaryngologist). As endocrinologists, we offer gender affirming hormonal treatments to transgender people who ask for them and we follow medical care of clients before and after gender affirming medical treatments. Moreover, our gender clinic is aligned with the newest standards of care of World Professional Association for Transgender Health (WPATH - 8 ed.). In our division we also offer the possibility to perform andrological ultrasounds, such as conventional and doppler ultrasounds of testes and penis, and we have a dedicated laboratory which performs 1<sup>st</sup> and 2<sup>nd</sup> levels sperm analysis with the help of dedicated technicians and biologists. Our seminology lab follow the

latest guidelines by WHO (6 ed., 2021).

At the moment, we are following research projects that involve andrological diseases and sexual dysfunctions of men and women. Furthermore, we are currently part of research projects that involve other Italian Centers who offer gender affirming care for transgender people.

Finally, Turin is one of the biggest cities in Italy. It is situated in the north-western area, near France and Switzerland. It is an elegant, Alp-fringed city rich of art-nouveau buildings. It was the first capital of Italy, and it still represents an important business and cultural centre.

## **Contacts**

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