ECE 2023
25th European Congress of Endocrinology
13 – 16 May 2023, Istanbul Turkey
Preliminary Programme

KEY DATES
ABSTRACT SUBMISSION DEADLINE
Monday 23 January 2023 (23:59 CET)
SUPER EARLY BIRD REGISTRATION DEADLINE
Monday 20 March 2023 (23:59 CET)
EARLY BIRD REGISTRATION DEADLINE
Tuesday 18 April 2023 (23:59 CEST)

www.ese-hormones.org/ece2023
Dear Colleague,

It is with great pleasure that the Programme Organising Committee and Local Organising Committee invite you to join us for the 25th European Congress of Endocrinology (ECE). We hope you will join us to celebrate the landmark 25th ECE together! We will be convening over four days filled with the latest endocrine research and developments at the Halic Congress Center, Istanbul, Turkey.

Attracting over 4000 delegates, from more than 100 countries, ECE continues to develop as a world-leading congress for endocrine specialists. As many of us work within a number of areas of research and see patients with a wide range of conditions, the benefit of ECE is that you can access a comprehensive programme throughout the breadth of the conference.

Our continued aim is to further the understanding and application of endocrine science within our community; ultimately benefiting the lives of patients. Whatever your interest there will be sessions that are of direct relevance, as well as extensive networking opportunities.

ECE 2023 will feature talks from leading names in our field who will explore some of the most topical and controversial issues in endocrine research and practice. The programme is organised so that you can easily find the topics which will appeal to you and these are defined through the following eight ESE Focus Areas:

- Adrenal and Cardiovascular Endocrinology
- Calcium and Bone
- Diabetes, Obesity, Metabolism and Nutrition
- Endocrine-related Cancer
- Environmental Endocrinology
- Pituitary and Neuroendocrinology
- Reproductive and Developmental Endocrinology
- Thyroid

ECE 2023 is on track to be the best Congress yet, with its hybrid offering, which enables delegates from all over the world to access our cutting-edge content online from any location. However, by joining us in Istanbul, you will have the opportunity to not only network face-to-face with colleagues from the endocrine community but also to explore all that Istanbul has to offer. Istanbul is world-famous for its rich history and culture, stunning scenery and magnificent structures.

We encourage you to participate in ECE 2023 by submitting an abstract, registering for one of the pre-congress events and, of course, attending the Congress itself. The Society of Endocrinology and Metabolism of Turkey (SEMİT) will be holding its 46th Congress and AGM on 12–13 May at the Marmara Taksim ahead of ECE 2023. ESE would like to warmly welcome members of the Society who are attending this National Meeting to also attend ECE 2023. Please contact the Society of Endocrinology and Metabolism of Turkey for further details or visit http://www.tembtk.org/.

We look forward to welcoming you onsite in Istanbul or online via ECE@Home.

Cynthia Andoniadou
ESE Congress Committee Chair
George Mastorakos
ECE 2023 Clinical Co-Chair
Judith Favier
ECE 2023 Basic Co-Chair
Aysegul Atmaca
ECE 2023 Local Organising Committee Chair

Programme Highlights

The Full programme is available at www.eso-hormones.org/ece2023

PLENARY SESSIONS

PLenary 1
Care of childhood cancer survivors
Stephen Shalet (UK)

PLenary 2
Diagnosis and management of paraganglioma
William Young (USA)

PLenary 3
Novel form of hypophysitis: new kids on the block
Yutaka Takahashi (Japan)

PLenary 4
Pituitary tumours: genes, microenvironment and future prospects
Marta Korbonits (UK)

PLenary 5
PCOS – the many faces of a disease in women and men
Bulent Yildiz (Turkey)

PLenary 6
Foetal and neonatal thyroid axis deficiency
Juliane Léger (France)

AWARD LECTURES

GEOFFREY HARRIS AWARD LECTURE
Translational neuroendocrinology at the crossroads of metabolism and reproduction
Manuel Tena-Sempere (Spain)

EUROPEAN JOURNAL OF ENDOCRINOLOGY AWARD LECTURE
Genes on steroids: genomic control of metabolism and innate immunity by the glucocorticoid receptor
Nina Henriette Uhlenhaut (Germany)

EUROPEAN HORMONE MEDAL LECTURE
Bone and mineral disorders from bench to clinic and back
Maria Luisa Brandi (Italy)

EUROPEAN ENDOCRINE NURSE AWARD LECTURE
Raising the profile of endocrine nurses
Cecilia Follin (Sweden)

Programme Features

The Pre-Congress Courses complement the scientific programme, check out the website for the latest information on these.

The European Women in Endocrinology Group (EUWIN) launched in 2022 to create and improve opportunities and diversity for women in the field and across ESE. The EUWIN reception will return for ECE 2023 offering an opportunity to meet and share experiences and to find out how the group can continue to give support.

European Hormone Day returns for its second year raising awareness of the significant role hormones play in health and wellbeing.

The ECE 2023 Daily Spotlights are a great way to keep updated on what has happened during the congress and what’s to come. These take place every day and will be live-streamed.

Also included are several networking opportunities and updates including the New Members welcome, a celebration of 15 years of ERCSYNS, the EYES Social as well as the ESE AGM.
## In-Person Programme Overview

All times shown are in local time – Central European Summer Time (CEST) plus one hour

Full programme available at [www.ese-hormones.org/ece2023](http://www.ese-hormones.org/ece2023)

Sessions marked with a green circle will be live-streamed

### Monday 15 May 2023

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<tr>
<th>Time</th>
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<tr>
<td>08:00</td>
<td>Plenary 1: Care of childhood cancer survivors</td>
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<td>08:30</td>
<td>Plenary 2: Spotlight on posterior pituitary</td>
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<td>09:00</td>
<td>Symposium 1: Autoimmune diseases associated with Addison's disease</td>
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<td>09:30</td>
<td>Symposium 2: Advances in neuroendocrine tumours - knowledge and clinical management</td>
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<td>10:00</td>
<td>Symposium 3: Non-classical actions of vitamin D: What have we learned?</td>
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<td>10:30</td>
<td>EYES Symposium</td>
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<td>11:00</td>
<td>Nurses' Session 1</td>
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<td>TEA AND COFFEE</td>
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<td>18:00</td>
<td>Plenary 3: Prospective: Prostate cancer</td>
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<td>Debate 2: Testosterone replacement therapy and management</td>
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### Tuesday 16 May 2023

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<tr>
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<td>Plenary 4: How genetics can help neuroendocrine tumor patients: from bench to bedside</td>
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<td>Plenary 5: PCOS – the many faces of a disease in women and men</td>
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<td>09:00</td>
<td>Symposium 3: How to make the thyroid gland and its hormones</td>
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<td>Joint Session</td>
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<td>MTE Networking Lunch</td>
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<td>08:30</td>
<td>Plenary 1: Bone and mineral disorders from survivors</td>
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### Welcome from the POC, European Journal of Endocrinology

Welcome from the POC, European Journal of Endocrinology

Including Geoffrey Harris Award Lecture, European Journal of Endocrinology Award Lecture, Welcome from the POC, Welcome from the ECE@Home

### 25th European Congress on Endocrinology (ECE) 2023

**SESSION TYPE KEY**
- **Plenary**
- **Symposium**
- **Oral**
- **Poster**
- **Rapid Communications**
- **Debate**
- **Oral Communications**
- **Lunch**

### Focus Area Key
- **Adrenal**
- **Cardiovascular**
- **Calcium and Bone**
- **Diabetes**
- **Obesity**
- **Metabolism & Nutrition**
- **Environmental**
- **Endocrine-related Cancer**
- **Thyroid**
- **Session Unassigned**
- **Social/Catering**

**All information in this scientific programme is correct as of 13 December 2022. The congress organisers and ESE reserve the right to amend the times and speakers without notice.**
Join ECE 2023

Following the success of the hybrid format introduced at ECE 2022 we will be offering again two registration types to ensure as many people as possible are able to attend the Congress, regardless of their location.

IN PERSON
Join us in Istanbul to connect with peers and world-renowned speakers face-to-face, as well as visiting the live exhibition to find out about the latest developments from industry. You can ask questions directly during sessions and network with colleagues from overseas. You can also enjoy access to all of the recorded content as soon as it is available via ESE On Demand.

ECE@HOME
ECE@Home allows colleagues unable to join us in person to get a flavour of the Congress experience from the comfort of their own home! Selected talks will be live streamed so you can be part of the action in Istanbul and ask questions through the Congress platform which will be answered live. The Plenary sessions, prestigious Award Lectures, the Nurses’ programme and YEES sessions, the Patient’s Voice Hub sessions, selected industry-sponsored satellite symposia and ECE Hub Sessions and the Daily Spotlights will all be available to view in real-time. What’s more, you will be able to catch up on all the other sessions at a time that suits you via ESE On Demand. Talks will be made available to non-members who registered for ECE for 60 days following the Congress, with ESE Members who registered for ECE enjoying ongoing access!

*View the ECE@Home programme below for a full list of live streamed sessions.

CME ACCREDITATION
ESE will be applying for accreditation from the European Accreditation Council for Continuing Medical Education (EACCME®) for ECE 2023. CME points are available for those attending in person and online, live on ECE@Home and online on ESE On Demand for up to two weeks after the Congress.

ESE MEETING GRANTS
ESE members can apply for a Meeting Grant, Basic Science Meeting Grant or a Nurse Grant (each worth up to €400) which can be used towards the cost of attending ECE in person. To find out more information about Grants available please visit the ESE website at www.ese-hormones.org/grants.

ESE MEMBERSHIP
Remember to renew your ESE membership for 2023 to get the member rate for ECE 2023, continue to enjoy the many benefits ESE membership provides and stay connected with the endocrine community.

Submit an Abstract
Do you have an interesting or challenging case that would improve others’ ability to treat endocrine disease? Or a piece of cutting-edge research that would advance the understanding of endocrinology? Don’t miss the chance to submit your latest work to the premier European endocrinology congress.
Visit www.ese-hormones.org/ece2023 for more information on how to prepare and submit your abstract using our simple online submission system. The deadline for abstract submission is Monday 23 January 2023.

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Overview
Programme

European Summer Time (CEST) plus one hour.

Live streams take place in local time (Central Europe).

Broadcast live from Istanbul, Turkey www.ese-hormones.org/ece2023

The full programme is available at www.ese-hormones.org/ece2023

Join us for some yoga wellness sessions!

Welcome from the LOC

Welcome from the POC,

European Journal of Endocrinology

Including Geoffrey Harris Award Lecture,

ECE 2023 Opening Ceremony

Jens Sandahl Christiansen Award Lectures


The deadline for abstract submission is

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- Endocrine-related Cancer
- Pituitary and Neuroendocrinology
- Reproductive and Developmental
- Thyroid
- Session Unassigned
- Social/Catering

Session Type Key
- Plenary Session
- Nurses’ Session

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A selection of sessions within the ECE 2023 programme will be available live to those who register for the ECE@Home option. You will also be able to access all of the programme content on ESE On Demand as soon as it is available (usually one to two hours after the live session) - all from the comfort of your own home.

The full programme is available at www.ese-hormones.org/ece2023
Welcome to Istanbul

We are delighted to welcome you to the 25th European Congress of Endocrinology.

GETTING TO ISTANBUL

Istanbul has two airports: the most commonly used and larger of the two is Istanbul airport (IST) on the European side. The smaller one is Sabiha Gokcen Airport (SAW) on the Asian side. Both airports are a 30 - 40 minute taxi ride to the Haliç Congress Centre subject to traffic.

The city is connected through a public transport system including Metro, bus and tram. Uber is also integrated into the city taxi service and makes ordering a car simple.

WHERE TO STAY

A wide range of accommodation is available at reduced rates exclusively for ECE 2023 delegates. All hotels are located within a reasonable distance from the Congress venue, with good transport links across the city. A full list of accommodation is available on the ECE website (Accommodation Page).

Book online at www.ese-hormones.org/ece2023 to ensure you receive your exclusive ECE 2023 rate, along with priority ‘preferred guest’ booking at some of Istanbul’s top hotels.

Information correct as at 13 December 2022.

THANKS TO OUR CORPORATE MEMBERS

ESE would like to thank its Corporate Members for their ongoing support:

PREMIUM CORPORATE MEMBERS:

Abiogen
Alexion Pharma GmbH
Diurnal
HRA Pharma Rare Diseases
Kyowa Kirin International
Uni-Pharma S.A.

CORPORATE MEMBERS:

Crinetics Pharmaceuticals
Soleno Therapeutics

CORPORATE SUPPORTERS:

Information correct as at 13 December 2022.

Corporate Member list correct at time of print 13 December 2022.