Because Hormones Matter: Awareness-raising activities in 2023 with a link to endocrine health

Let’s work together to raise awareness of hormone health.
Lend your support using the hashtag #BecauseHormonesMatter

<table>
<thead>
<tr>
<th>JANUARY</th>
<th>FEBRUARY</th>
<th>MARCH</th>
<th>APRIL</th>
<th>MAY</th>
<th>JUNE</th>
<th>JULY</th>
<th>AUGUST</th>
<th>SEPTEMBER</th>
<th>OCTOBER</th>
<th>NOVEMBER</th>
<th>DECEMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>International Childhood Cancer Day (15 Feb)</td>
<td>World Earth Day (22 Apr)</td>
<td>International Nurses Day (12 May)</td>
<td>EU Green Week** (5-11 June)</td>
<td>European Hormone Day (4 Feb)</td>
<td>European Hormone and Metabolism Foundation</td>
<td>World Rare Disease Day (28 Feb)**</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*In leap years the day falls on the 29th of February
** Exact dates vary each year

Because Hormones Matter: Awareness-raising activities in 2023 with a link to endocrine health

Let’s work together to raise awareness of hormone health.
Lend your support using the hashtag #BecauseHormonesMatter

#BecauseHormonesMatter
www.europeanhormoneday.org
www.ese-foundation.org
www.ese-hormones.org