ECE 2024
26th European Congress of Endocrinology
11–14 May 2024, Stockholm, Sweden

Preliminary Programme

KEY DATES
ABSTRACT SUBMISSION DEADLINE
Monday 22 January 2024 (23:59 CET)
SUPER EARLY BIRD REGISTRATION DEADLINE
Monday 25 March 2024 (23:59 CET)
EARLY BIRD REGISTRATION DEADLINE
Monday 22 April 2024 (23:59 CEST)

www.ese-hormones.org/ece2024
Programme Highlights

The full programme is available at www.ese-hormones.org/ece2024

Programme Features

Commemorating the Pre-Congress Events on Saturday 11 May on Thyroid Ultrasound, Nurses and our collaboration with the European Academy of Andrology (EAA) and with the Growth Hormone Research Society (GRS), ECE 2024 will provide an enriched learning experience, offering valuable insights that complement the comprehensive scientific programme. In addition, this year we are delighted that the Androgen Excess and PCOS Society Update Meeting will take place on Friday 10 May, just prior to ECE 2024.

The European Women in Endocrinology Group (EUW/N), established by ESE in 2022 to champion opportunities and foster diversity for women in the field and within ESE, will mark its third year at ECE 2024. This year there will be a dedicated EUW/N session and valuable networking opportunities for all participants to exchange ideas and explore ways to further strengthen the Group’s peer to peer support and other initiatives.

European Hormone Day (EHD) 2024 will also feature at ECE, as we continue to collectively work to raise awareness of the crucial role hormones play in maintaining health and overall wellbeing amongst policy and decision makers across Europe. Materials, information and activities supporting this key strand of ESE’s policy and advocacy programme will be available on the dedicated EHD stand so you can fully engage with the 2024 Awareness Day campaign. The Congress will offer dedicated networking opportunities, including an informal social event, New Members welcome, and the popular EYES Social evening.

Joint sessions with other societies including the European Society of Endocrine Surgeons, Androgen Excess and PCOS Society and many others are also being planned.

Programme

PLENARY SESSIONS

PLENARY 1
Hypoxia
Sir Peter Ratcliffe (UK)

PLENARY 2
The clinical importance of high resolution, automated, ambulatory measurement of tissue steroids
Stafford Lightman (UK)

PLENARY 3
The silent decline: unlocking the enigma of dropping sperm counts and fertility rates
Shana Swan (USA)

PLENARY 4
From molecular biology to precision medicine in endocrine tumors: Are we there yet?
Constantine Stratakis (Greece)

PLENARY 5
TBC

PLENARY 6
Focus on the pancreas
Patrik Rorsman (UK)

AWARD LECTURES

GEORGE HARRIS
AWARD LECTURE - Sponsored by Ipsen
Hypothalamic control of energy and glucose homeostasis
Jens Brüning (Germany)

EUROPEAN JOURNAL OF ENDOCRINOLOGY AWARD LECTURE

EUROPEAN HORMONE MEDAL LECTURE
Mortality and morbidity in rare pituitary and adrenal disorders
Gudmundur Johannsson (Sweden)

EUROPEAN ENDOCRINE NURSE AWARD LECTURE
Transformation of German Endocrinology Assistants
Kathrin Zopf (Germany)

TRANSATLANTIC ALLIANCE AWARD LECTURE
Primary aldosteronism – solutions, insights and challenges
Felix Beuschlein (Germany)

CLINICAL ENDOCRINOLOGY JOURNAL FOUNDATION AWARD LECTURE
Early menopause: is it a different entity than premature ovarian insufficiency?
Panagiotis Anagnostis (Greece)

JENS SANDHAL CHRISTIANSEN AWARD
BASIC SCIENCE: Median eminence oligodendrocyte plasticity regulates neuroendocrine output, energy and glucose homeostasis
Clémence Blouet (France)

CLINICAL: The use of sodium-glucose cotransporter type 2 inhibitors (SGLT-2I) in a particular conditions such as reactive hyperinsulinaemic hypoglycaemia following gastrectomy
Giuseppe Bellastella (Italy)

European Society of Endocrinology

ECE 2024 Programme Organising Committee

Cynthia Andoniadou (UK) ESE Congress Committee Chair
Darko Kastelan (Croatia) ECE 2024 Clinical Co-Chair
Suzanne Dickson (Sweden) ECE 2024 Basic Science Co-Chair
Charlotte Höbye (Sweden) Chair of Local Organising Committee

ECE 2024 Programme

Dear Colleagues,

It is with the greatest pleasure that we extend our warmest invitation to you to join us for the 26th European Congress of Endocrinology (ECE 2024). We very much hope you will join us at Stockholmsmässan in Stockholm, Sweden, where we will be convening over four days for a programme filled with the latest endocrine research and developments.

Drawing participation from more than 4,000 delegates representing over 100 countries, ECE maintains its status as a key global Congress for endocrine specialists. As a diverse community engaged in multifaceted areas of research, clinical and patient care, encompassing the wide spectrum of endocrine-related conditions and health issues, we encourage you to attend ECE to access a comprehensive programme that spans the entire breadth of our field.

We will continue to further the understanding and application of endocrine science, ultimately benefiting the lives of patients. Whatever your interests, there will be sessions that are of direct relevance, as well as extensive networking and opportunities to meet representatives from patient advocacy groups and industry. The ECE 2024 programme features leading names in our field, and we are delighted to be welcoming Nobel Laureate Sir Peter Ratcliffe to the Congress, who will deliver a Plenary session on Hypoxia as part of our Opening Ceremony on Saturday 11 May, in addition to the popular EYES Early Career, Nurses, UEMS, Endo-ERN and ESE Guidelines sessions.

Throughout the Congress, our expert speakers will explore some of the most topical and controversial issues in endocrine research and practice. The easily navigated programme is organised according to the eight ESE Focus Areas:

• Adrenal and Cardiovascular Endocrinology
• Calcium and Bone
• Diabetes, Obesity, Metabolism and Nutrition
• Endocrine-related Cancer
• Environmental Endocrinology
• Pituitary and Neuroendocrinology
• Reproductive and Developmental Endocrinology
• Thyroid

We hope you will join us in beautiful Stockholm and enjoy networking with colleagues from across the globe along with the breath-taking landscapes and unique atmosphere of Sweden. Sweden has a strong commitment to sustainability and green initiatives, reflected in its eco-friendly cities and eco-conscious lifestyle, and this will be at the heart of our Congress planning.

If you are unable to attend in person, you can join remotely through ECE@Home and, of course, join us at the Congress itself.

We invite you to actively participate in ECE 2024 by submitting your abstract, registering for one of the pre-Congress events and, of course, joining us at the Congress.

The 7th ECE 2024 programme features leading names in our field; and we are delighted to be welcoming Nobel Laureate Sir Peter Ratcliffe to the Congress, who will deliver a Plenary session on Hypoxia as part of our Opening Ceremony on Saturday 11 May, in addition to the popular EYES Early Career, Nurses, UEMS, Endo-ERN and ESE Guidelines sessions.

PLENARY 5
TBC

PLENARY 6
Focus on the pancreas
Patrik Rorsman (UK)

European Society of Endocrinology
**IN-PERSON PROGRAMME OVERVIEW**

All times shown are in local time (Central European Summer Time)

The full programme will be available shortly at [www.ese-hormones.org/ece2024](http://www.ese-hormones.org/ece2024)

Sessions marked 📺 will be live-streamed

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### MONDAY 13 MAY 2024

- **08:00 - 08:30**
  - Plenary 2: The clinical importance of high resolution, automated, ambulatory measurement of tissue steroids
  - ECE Hub Sessions
  - Industry-sponsored Mini-Satellites
  - Nurses’ Session 1: Precision Medicine: Craniopharyngioma

- **08:30 - 09:00**
  - MTE BS1
  - Symposium 1: Craniohypophysis: Pathogenesis and novel targeted treatments
  - MTE 1
  - Symposium 2: Thyroid hormones and development
  - MTE 2
  - Symposium 3: Neural pathways controlling feeding behaviour: impact of circulating hormones
  - MTE 3
  - Symposium 4: Osteoporosis conundrums
  - EYES Symposium: Advances in the knowledge, diagnosis and clinical management of neuroendocrine tumours/NETs

- **09:00 - 09:30**
  - LUNCH

- **09:30 - 10:00**
  - Oral Communications 1-4

- **10:00 - 10:30**
  - Rapid Communications 1-4

- **10:30 - 11:00**
  - TEA AND COFFEE

- **11:00 - 11:30**
  - Joint Session
  - Industry-sponsored Satellite Symposium

- **11:30 - 12:00**
  - Debate 2
  - NSA 1

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### TUESDAY 14 MAY 2024

- **08:00 - 08:30**
  - Plenary 5: Machine learning-based data analysis in endocrinology

- **08:30 - 09:00**
  - Symposium 13: From reproduction to male contraception

- **09:00 - 09:30**
  - Endocrine disruption - from bench to bedside

- **09:30 - 10:00**
  - ESE Guidelines: Aggressive pituitary tumours / Post-menopausal hormone therapy

- **10:00 - 10:30**
  - Joint Session 3: European Society of Endocrinology and the Korean Endocrine Society

- **10:30 - 11:00**
  - Debate 3

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### FRIDAY 11 MAY 2024

- **08:00 - 08:30**
  - Pre-Congress Course: Androgen Excess and PCOS Society Update Meeting from 08:15

- **08:30 - 09:00**
  - Pre-Congress Event Growth Hormones Research Society (GRS) Congress from 09:00

- **09:00 - 09:30**
  - Nobel Prize Winner Plenary 1: Hypoglycaemia

- **09:30 - 10:00**
  - Pre-Congress Course: European Academy of Andrology (EAA) from 9:30

- **10:00 - 10:30**
  - Joint Plenary from Friday Pre-Congress Event Growth Hormones Research Society (GRS) Congress from 08:30

- **10:30 - 11:00**
  - Pre-Congress Course Nurses

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### SATURDAY 13 MAY 2024

- **08:00 - 08:30**
  - Plenary 4: From molecular biology to precision medicine in endocrine tumours: Are we there yet?

- **08:30 - 09:00**
  - ECAS Symposium

- **09:00 - 09:30**
  - Bone and muscle vitamin endocrine system

- **09:30 - 10:00**
  - Microscopic companions of the endocrine system

- **10:00 - 10:30**
  - Bone and muscle vitamin replacement

- **10:30 - 11:00**
  - Recent studies that changed my practice

- **11:00 - 11:30**
  - ECAS Symposium: Challenges to the organization of endocrine care – 2024: how to progress together?

- **11:30 - 12:00**
  - Debate 1

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### SESSION TYPE KEY

- Plenary Session
- Symposium
- Rapid and Oral Communications
- Meet the Expert/Basic Scientist
- Nurses’ Session
- New Scientific Approaches
- Debate
- Lunch
- Tea and Coffee
- ECE@Home

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All information in this scientific programme is correct at the time of going to print 14 September 2023. The congress organisers and ESE reserve the right to amend the times and speakers without notice.
Join ECE 2024

IN PERSON
Join us in Sweden to connect with peers and world-renowned speakers face-to-face. Ask questions directly during sessions, join debates and discussions and network with colleagues from various countries throughout the Congress. Visit the exhibition hall to find out about the latest developments from industry and Patient Advocacy Groups, as well as viewing posters and attending informative ECE Hub sessions. In-person registration also includes access to all the recorded content as soon as it becomes available via ESE On Demand, so you can easily catch up on sessions you may have missed.

ECE@HOME
If you are unable to join us in person, you can participate virtually with ECE@Home. Selected talks* will be live streamed so you can be part of the action in Sweden and ask questions through the Congress virtual attendance platform which will be answered live. The Plenary sessions, prestigious Award Lectures, the Nurses’ programme and EYES sessions, plus selected industry-sponsored satellite symposia, Mini-satellites and ECE Hub sessions, will all be available to view in real-time. You’ll be able to catch up on all the other sessions at a time that suits you via ESE On Demand. Content will be available to any registered delegates who are not ESE-Members for 60 days following the Congress, while all ESE Members who register for ECE will benefit from ongoing access!

*View the ECE@Home programme below for a full list of live streamed sessions.

CME ACCREDITATION
We are applying for accreditation from the European Accreditation Council for Continuing Medical Education (EACCME®) for ECE 2024. CME points are available for those attending in person and online, (via ECE@Home or on ESE On Demand), for up to two weeks after the Congress.

ESE GRANTS TO SUPPORT ATTENDANCE
ESE Members can apply for a Meeting Grant, Basic Science Meeting Grant or Nurse Grant (worth up to €400) to support the cost of attending ECE in person. To find out more information about Grants available please visit our website at www.ese-hormones.org/grants-and-awards.

ESE MEMBERSHIP
Remember to renew your ESE membership for 2024 to access the member rate for ECE 2024 and continue to enjoy the many benefits ESE membership provides and stay connected with the endocrine community. Or why not become a member and access reduced registration fees and extended access to ESE On Demand among many other benefits of being a member!

Submit an Abstract
Do you have an interesting or challenging case that would improve others’ ability to treat endocrine disease? Or a piece of cutting-edge research that would advance the understanding of endocrinology? Don’t miss the chance to submit your latest work to the premier European endocrinology Congress. Visit www.ese-hormones.org/ece2024 for more information on how to prepare and submit your abstract using our simple online submission system. The deadline for abstract submission is Monday 22 January 2024 (23:59 CET).

ECE HOME PROGRAMME OVERVIEW
Broadcast live from Stockholm, Sweden
All times shown are in local time (Central European Summer Time)
As with our previous two Congresses, a selection of sessions within the ECE 2024 programme will be available live to those who register for the ECE@Home option. You will also be able to access all of the programme content on ESE On Demand as soon as it is available (usually one to two hours after the live session) - all from the comfort of your own home.
The full programme is available at www.ese-hormones.org/ece2024

SESSION TYPE KEY
- Plenary Session
- Nurses’ Session

ECE@HOME
The full programme is available at www.ese-hormones.org/ece2024 as soon as it is available (usually one to two weeks after the Congress). You will also be able to access all of the programme content on ESE On Demand, so you can easily catch up on sessions you may have missed.
Welcome to Stockholm

GETTING TO STOCKHOLM
Travelling to Stockholm from Stockholm Arlanda Airport is convenient and accessible, with several transportation options available when you land.

From Stockholm Arlanda Airport:
ARLANDA EXPRESS TRAIN: The quickest way to reach Stockholm City Centre from Arlanda Airport is by taking the Arlanda Express train. The train departs directly from the airport every 5-10 minutes and takes approximately 18 minutes to reach Stockholm City Centre. Tickets can be conveniently purchased online or at the information desk in the arrivals hall, or from the designated ticket machines.
AIRPORT BUSES: Another option is to take an airport bus, such as the Flygbussarna or FlixBus, which connects the airport to various locations in the city. The travel time by bus varies depending on traffic but typically takes around 45 minutes to 1 hour.
TAXI: Taxis are readily available at the airport, and you can either order one through a ride-sharing app like Uber or pick one up at the taxi rank located directly outside the arrivals area.

From Stockholm City Centre to Stockholmsmässan:
COMmuter train (Stockholms Pendeltåg): To travel from Stockholm City Centre to Stockholmsmässan, you can take the Stockholms Pendeltåg (Stockholm Commuter Train) The closest train station is Åsji station and sits directly outside the congress centre. The journey typically takes around 10 to 15 minutes.
TAXI FROM STOCKHOLM CITY CENTRE: To ensure you get the best rates, we recommend ordering a taxi through the Uber service on your phone or simply finding one at the taxi rank located directly outside the station. This way, you can easily and comfortably reach Stockholmsmässan without overpaying for your journey.

WHERE TO STAY
A wide selection of accommodation is available to you at exclusive reduced rates. All hotels are conveniently situated within reasonable proximity to the Congress venue, with excellent transport links across the City. To explore the full list of accommodation options, please visit our ECE 2024 Accommodation Page

For your convenience, we encourage you to secure your stay online at www.ese-hormones.org/ece2024, to guarantee you the exclusive ECE 2024 rate. By booking early, you'll also enjoy the added benefit of priority ‘preferred guest’ booking at some of Stockholm's top hotels, ensuring a delightful and comfortable stay throughout the Congress.

Information correct as at 5 October 2023.