

ECE 2024

26th European Congress of Endocrinology

11-14 May 2024, Stockholm, Sweden

Preliminary Programme

KEY DATES

ABSTRACT SUBMISSION DEADLINE

Monday 22 January 2024 (23:59 CET)

SUPER EARLY BIRD REGISTRATION DEADLINE

Monday 25 March 2024 (23:59 CET)

EARLY BIRD REGISTRATION DEADLINE

Monday 22 April 2024 (23:59 CEST)





26th European Congress of Endocrinology

Dear Colleagues.

It is with the greatest pleasure that we extend our warmest invitation to you to join us for the 26th European Congress of Endocrinology (ECE 2024). We very much hope you will join us at Stockholmsmässan in Stockholm, Sweden, where we will be convening over four days for a programme filled with the latest endocrine research and developments.

Drawing participation from more than 4,000 delegates representing over 100 countries, ECE maintains its status as a key global Congress for endocrine specialists. As a diverse community engaged in multifaceted areas of research, clinical and patient care, encompassing the wide spectrum of endocrine-related conditions and health issues, we encourage you to attend ECE to access a comprehensive programme that spans the entire breadth of our field.

We will continue to further the understanding and application of endocrine science, ultimately benefiting the lives of patients. Whatever your interests, there will be sessions that are of direct relevance, as well as extensive networking and opportunities to meet representatives from patient advocacy groups and industry.

The ECE 2024 programme features leading names in our field; and we are delighted to be welcoming Nobel Laureate Sir Peter Ratcliffe to the Congress, who will deliver a Plenary session on Hypoxia as part of our Opening Ceremony on Saturday 11 May, in addition to the popular EYES Early Career, Nurses, UEMS, Endo-ERN and ESE Guidelines sessions.

Throughout the Congress, our expert speakers will explore some of the most topical and controversial issues in endocrine research and practice. The easily navigated programme is organised according to the eight ESE Focus Areas:

- Adrenal and Cardiovascular Endocrinology Environmental Endocrinology
- Calcium and Bone
- Diabetes, Obesity, Metabolism and Nutrition
- Endocrine-related Cancer

- Pituitary and Neuroendocrinology
- Reproductive and Developmental Endocrinology
- Thyroid

We hope you will join us in beautiful Stockholm and enjoy networking with colleagues from across the globe along with the breath-taking landscapes and unique atmosphere of Sweden. Sweden has a strong commitment to sustainability and green initiatives, reflected in its eco-friendly cities and eco-conscious lifestyle, and this will be at the heart of our Congress planning.

If you are unable to attend in person, you can join remotely through ECE a Home and, whether you choose to attend in person or online, you can also catch up on any sessions you may have missed on ESE On Demand.

We invite you to actively participate in ECE 2024 by submitting your abstract, registering for one of the pre-Congress events and, of course, joining us at the Congress itself.

We look forward to welcoming you in person in Stockholm or online via ECE 3 Home.

Cynthia Andoniadou (UK)

ESE Congress Committee Chair

Darko Kastelan (Croatia) FCF 2024 Clinical Co-Chair

Suzanne Dickson (Sweden) ECE 2024 Basic Science Co-Chair

Charlotte Höybye (Sweden) Chair of Local Organising Committee



ECE 2024 Programme Organising Committee

Cynthia Andoniadou (UK) ESE Congress Committee Chair

Darko Kastelan (Croatia) ECE 2024 Clinical Co-Chair

Suzanne Dickson (Sweden) ECE 2024 Basic Science Co-Chair

Charlotte Höybye (Sweden) ECE 2024 LOC Chair

Aleksandra Buha Djordjevic (Serbia)

Pia Burman (Sweden)

Waljit Dhillo (UK)

Helena Filipsson Nyström (Sweden)

Manuel Gahete (Spain)

Neil Gittoes (UK)

Peter Igaz (Hungary)

Tomaz Kocjan (Slovenia)

Tim Korevaar (The Netherlands)

Don-Jun Lim (South Korea)

Sarantis Livadas (Greece)

Ana Luiza Maia (Brazil)

Juan Pedro Martinez Barbera (UK)

Robin Maskey (Nepal)

Nikolay Ninov (Germany)

Barbara Obermayer-Pietsch (Austria) Agnieszka Piekiełko-Witkowska

(Poland)

Stefan Pilz (Austria)

Ferruccio Santini (Italy)

Marianne Skovsager Andersen (Denmark)

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Programme Features

Commencing with the Pre-Congress Events on Saturday

11 May on Thyroid Ultrasound, Nurses and our collaboration with the European Academy of Andrology (EAA) and with the Growth Hormone Research Society (GRS), ECE 2024 will provide an enriched learning experience, offering valuable insights that complement the comprehensive scientific programme. In addition, this year we are delighted that the Androgen Excess and PCOS Society Update Meeting will take place on Friday 10 May, just prior to ECE 2024.

The European Women in Endocrinology Group (EUWIN), established by ESE in 2022 to champion opportunities and foster diversity for women in the field and within ESE, will mark its third year at ECE 2024. This year there will be a dedicated EUWIN session and valuable networking opportunities for all participants to exchange ideas and explore ways to further strengthen the Group's peer to peer support and other initiatives.

European Hormone Day (EHD) 2024 will also

feature at ECE, as we continue to collectively work to raise awareness of the crucial role hormones play in maintaining health and overall wellbeing amongst policy and decision makers across Europe. Materials, information and activities supporting this key strand of ESE's policy and advocacy programme will be available on the dedicated EHD stand so you can fully engage with the 2024 Awareness Day campaign.

The Congress will offer dedicated networking opportunities, including an informal social event, New Members welcome, and the popular EYES Social evening.

Joint sessions with other societies including the European Society of Endocrine Surgeons, Androgen Excess and PCOS Society and many others are also being planned.

Programme Highlights The full programme is available at www.ese-hormones.org/ece2024

PLENARY SESSIONS

PLENARY 1

Hypoxia

Sir Peter Ratcliffe (UK)

PLENARY 2

The clinical importance of high resolution, automated. ambulatory measurement of tissue steroids

Stafford Lightman (UK)

PLENARY 3

The silent decline: unlocking the enigma of dropping sperm counts and fertility rates Shana Swan (USA)

PLENARY 4

From molecular biology to precision medicine in endocrine tumors: Are we there yet? Constantine Stratakis (Greece)

PLENARY 5

TBC

PLENARY 6

Focus on the pancreas Patrik Rorsman (UK)

AWARD LECTURES

GEOFFREY HARRIS AWARD LECTURE - Sponsored by Ipsen

Hypothalamic control of energy and glucose homeostasis Jens Brüning (Germany)

EUROPEAN JOURNAL OF ENDOCRINOLOGY AWARD LECTURE TBC

EUROPEAN HORMONE MEDAL LECTURE

Mortality and morbidity in rare pituitary and adrenal endocrine disorders

Gudmundur Johannsson (Sweden)

EUROPEAN ENDOCRINE NURSE AWARD LECTURE

Transformation of German Endocrinology Assistants

Kathrin Zopf (Germany)

TRANSATLANTIC ALLIANCE **AWARD LECTURE**

Primary aldosteronism solutions, insights and challenges Felix Beuschlein (Germany)

CLINICAL ENDOCRINOLOGY **IOURNAL FOUNDATION AWARD** LECTURE

Early menopause: is it a different entity than premature ovarian insufficiency?

Panagiotis Anagnostis (Greece)

IENS SANDAHL CHRISTIANSEN AWARD

BASIC SCIENCE: Median eminence oligodendrocyte plasticity regulates neuroendocrine output. energy and glucose homeostasis

Clemence Blouet (France)

CLINICAL: The use of sodiumglucose cotransporter type 2 inhibitors (SGLT-2i) in a particular conditions such as reactive hyperinsulinaemic hypoglycaemia following gastrectomy Giuseppe Bellastella (Italy)



IN-PERSON Pre-Congress Course Pre-Congress Course European Nobel Prize ECE 2024 Opening Ceremony Welcome Reception Androgen Excess and PCOS Including a Welcome from the President, Academy of Andrology (EAA) Winner 18:40 onwards Society Update Meeting from 9:00 Plenary 1 the POC and LOC. **PROGRAMME OVERVIEW** rom 08:15 Geoffrey Harris Award Lecture and Hypoxia **Pre-Congress Course** European Journal of Endocrinology Award Lecture Thyroid Ultrasound from 9:30 All times shown are in local time (Central European Summer Time) (cont. from Friday) Pre-Congress Pre-Congress Event Growth **Event Growth Hormones Research** Hormones Research Society The full programme will be available shortly at www.ese-hormones.org/ece2024 (GRS) Congress Society (GRS) Congress from 08:30 from 09:00 Sessions marked \ will be live-streamed **Pre-Congress Course Nurses** from 12:30 08:00 08:30 09:30 10:00 10:30 11:00 12:00 13:00 13:30 14:00 15:30 16:00 17:00 17:30 18:00 18:30 19:00 09:00 11:30 12:30 14:30 15:00 16:30 il Endocrinology Journal undation Award Lecture ise: is it a different entity MTE BS1 Plenary 2 COFFEE Symposium 1 LUNCH Oral Rapid POSTERS AND NETWORKING Plenary 3 The clinical Craniopharyngioma: Pathogenesis and Communications Communications The silent President's Addr importance novel targeted treatments 1-4 1-4 decline: MTE 1 of high unlockina **SUNDAY 12 MAY 2024** resolution, the enigma Thyroid hormones and development automated. **(** of dropping MTE 2 ambulatory Christiansen sperm Symposium 3 measure-counts and 0 Neural pathways controlling feeding ment of fertility Clinical F MTE 3 behaviour: impact of circulating hormones **ECE Hub** tissue ECE Hub The Patient's The Patient's rates Voice Hubs Sessions steroids Symposium 4 Voice Hubs Sessions 1&2 3 & 4 Sandahl Osteoporosis conundrums • Industry-Industry-The Patient's The Patient's **EYES Symposium** Industry-sponsored sponsored Voice Hubs Voice Hubs Advances in the knowledge, diagnosis sponsored Debate 1 **@** NSA₁ Satellite Symposia Mini-7 & 8 and clinical management of 5 & 6 Satellites 6 4 Satellites Nurses' Session 4 Endocrine ESE President Industry-sponsored Nurses' Session 1 Nurses' Session 3 Nurses' Session 2 Nurse Achievement Awards Meets New Satellite Symposia Precision Medicine Precision Medicine: How to Workshop Session 5 (15:40-15:30) **6** Thyroid Disorder Craniopharyngioma Members ESE Nurse Committee Update & Closing 08:00 08:30 09:00 09:30 10:00 10:30 11:00 11:30 12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 17:00 17:30 18:00 18:30 19:00 19:30 Medal Lecture in rare pituitary MTE BS2 e Award Lecture Symposium 5 Symposium 8 COFFEE LUNCH Oral POSTERS AND NETWORKING Plenary 4 Emerging aspects of menopause Novel pathological aspects Communications Communications 5-9 5-9 of adipose tissue molecular AND **MONDAY 13 MAY 2024** MTE 4 biology to Symposium 6 Symposium 9 New applications of Steroid Microscopic companions of the precision **(2)** Transatlantic Alliance A Primary al solutions, insights a medicine in Hormones endocrine system endocrine MTE 5 Symposium 7 Symposium 10 tumours: What's new in metabolic-associated Bone and muscle vitamin Are we **@** fatty liver disease? The Patient's The Patient's replacement European H Mortality and n and adr there yet? Voice Hubs MTE 6 Voice Hubs Symposium 11 **EUWIN session** 9 & 10 11 & 12 Recent studies that changed my 0 **@** practice **ECE Hub** MTE 7 Sessions Industry-sponsored **ECAS Symposium ECE Hub** Joint Session Satellite Symposia Challenges to the organization Sessions • 0 **@** of endocrine care - 2024: Industryhow to progress together? Joint Session 2 NSA 2 sponsored Debate 2 Industry-ESE and European Society for **ESE Guidelines** sponsored @ **9 (3)** 4 Satellites Paediatric Endocrinology Mini-Satellites Corticosteroid therapy 08:00 08:30 09:00 09:30 10:00 10:30 11:00 11:30 12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 17:00 17:30 18:00 SESSION TYPE KEY **FOCUS AREA KEY** Symposium 12 Senescence-mediated MTE BS3 Symposium 15 Oral Rapid LUNCH AND POSTER NEWORKING COFFEE Plenary 5 Plenary 6 signalling in the pathogenesis of Genetics and molecules in pituitary Adrenal and Machine Communications Communications Focus on Plenary Session **(** endocrine-related cancer: Pathogenesis 10-14 10-14 tumours Cardiovascular learning and novel therapeutic opportunities AND Symposium Closing Ceremony and Poster based data MTE 8 pancreas **TUESDAY 14 MAY 2024** Symposium 16 Calcium and Bone Symposium 13 analysis in Novel treatment and diagnostic Diabetes, Obesity, Rapid and Oral endocrin-From reproduction to male approaches for thyroid cancer Communications Metabolism & ology contraception MTE 9 Nutrition Symposium 17 Meet the Expert/ Symposium 14 Advances in the management of Environmental **Basic Scientist ©** Endocrine disruption - from adrenocortical carcinoma Endocrine-related Nurses' Session bench to bedside MTE 10 Joint Session 4 Cancer **ESE Guidelines** European Society of Endocrinology New Scientific Pituitary and and the SBEM, FASEN, SMNE Aggressive pituitary tumours / Approaches Neuroendocrinology Post-menopausal hormone therapy MTE 11 **UEMS Session** Reproductive and Debate Ioint Session 3 Developmental **ESE Annual** 6 • European Society of Endocrinology Lunch loint Session 5 Thyroid and the Korean Endocrine Society General NSA 3 European Society of Endocrinology Endo-ERN Session Tea and Coffee Meeting Session Unassigned Debate 3 and the Androgen Excess and 0 ECE@Home Social/Catering **PCOS Society**

Join ECE 2024



IN PERSON

loin us in Sweden to connect with peers and world-renowned

speakers face-to-face. Ask questions directly during sessions, join debates and discussions and network with colleagues from various countries throughout the Congress. Visit the exhibition hall to find out about the latest developments from industry and Patient Advocacy Groups, as well as viewing posters and attending informative ECE Hub sessions. Inperson registration also includes access to all the recorded content as soon as it becomes available via ESE On Demand, so you can easily catch up on sessions you may have missed.



ECEAHOME

If you are unable to join us in person, you can participate virtually with ECEaHome.

Selected talks* will be live streamed so you can be part of the action in Sweden and ask questions through the Congress virtual attendance platform which will be answered live. The Plenary sessions, prestigious Award Lectures, the Nurses' programme and EYES sessions, plus selected industry-sponsored satellite symposia, Minisatellites and ECE Hub sessions, will all be available to view in real-time. You'll be able to catch up on all the other sessions at a time that suits you via ESE On Demand. Content will be available to any registered delegates who are not ESE-Members for 60 days following the Congress, while all ESE Members who register for ECE will benefit from ongoing access!

*View the ECE@Home programme below for a full list of live streamed sessions.

CME ACCREDITATION

We are applying for accreditation from the European Accreditation Council for Continuing Medical Education (EACCME®) for ECE 2024. CME points are available for those attending in person and online, (via ECEa)Home or on ESE On Demand), for up to two weeks after the Congress.

ESE GRANTS TO SUPPORT ATTENDANCE

ESE Members can apply for a Meeting Grant, Basic Science Meeting Grant or Nurse Grant (worth up to €400) to support the cost of attending ECE in person. To find out more information about Grants available please visit our website at www.esehormones.org/grants-and-awards.

ESE MEMBERSHIP

Remember to renew your ESE membership for 2024 to access the member rate for ECE 2024 and continue to enjoy the many benefits ESE membership provides and stay connected with the endocrine community. Or why not become a member and access reduced registration fees and extended access to ESE On Demand among many other benefits of being a member!

case that would improve others' ability to cutting-edge research that would advance

Submit an Abstract

Visit www.ese-hormones.org/ece2024 for



ECE ® HOME PROGRAMME **OVERVIEW**

Broadcast live from Stockholm, Sweden

All times shown are in local time (Central European Summer Time)

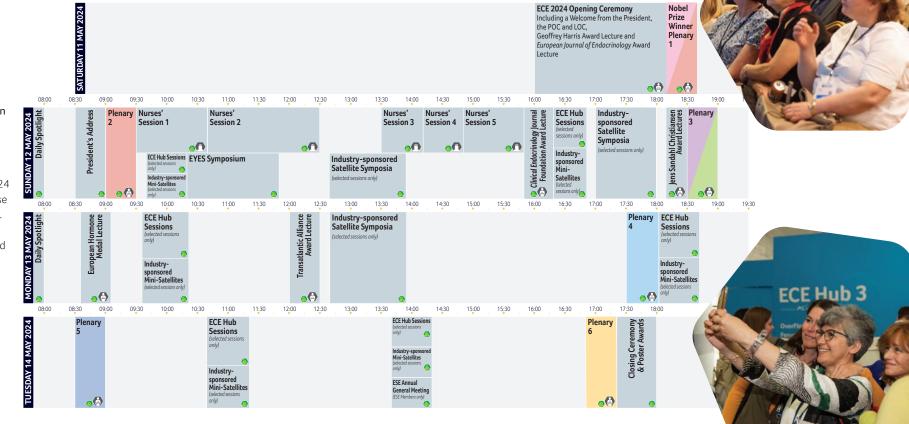
As with our previous two Congresses, a selection of sessions within the ECE 2024 programme will be available live to those who register for the ECEaHome option. You will also be able to access all of the programme content on ESE On Demand as soon as it is available (usually one to two hours after the live session) - all from the comfort of your own home.

The full programme is available at www.ese-hormones.org/ece2024

SESSION TYPE KEY

Plenary Session

Nurses' Session



Welcome to Stockholm

GETTING TO STOCKHOLM

Travelling to Stockholm from Stockholm Arlanda Airport is convenient and accessible, with several transportation options available when you land.

From Stockholm Arlanda Airport:

ARLANDA EXPRESS TRAIN: The quickest way to reach Stockholm City Centre from Arlanda Airport is by taking the Arlanda Express train. The train departs directly from the airport every 5-10 minutes and takes approximately 18 minutes to reach Stockholm City Centre. Tickets can be conveniently purchased online or at the information desk in the arrivals hall, or from the designated ticket machines.

AIRPORT BUSES: Another option is to take an airport bus, such as the Flygbussarna or FlixBus, which connects the airport to various locations in the city. The travel time by bus varies depending on traffic but typically takes around 45 minutes to 1 hour.

TAXI: Taxis are readily available at the airport, and you can either order one through a ride-sharing app like Uber or pick one up at the taxi rank located directly outside the arrivals area.

From Stockholm City Centre to Stockholmsmässan:

COMMUTER TRAIN (Stockholms Pendeltåg): To travel from Stockholm City Centre to Stockholmsmässan, you can take the Stockholms Pendeltåg (Stockholm Commuter Train) The closest train station is Älvsjö station and sits directly outside the congress centre. The journey typically takes around 10 to 15 minutes.

TAXI FROM STOCKHOLM CITY CENTRE: To ensure you get the best rates, we recommend ordering a taxi through the Uber service on your phone or simply finding one at the taxi rank located directly outside the station. This way, you can easily and comfortably reach Stockholmsmässan without overpaying for your journey.

WHERE TO STAY

A wide selection of accommodation is available to you at exclusive reduced rates. All hotels are conveniently situated within reasonable proximity to the Congress venue, with excellent transport links across the City. To explore the full list of accommodation options, please visit our ECE 2024 Accommodation Page

For your convenience, we encourage you to secure your stay online at www.ese-hormones.org/ece2024, to guarantee you the exclusive ECE 2024 rate. By booking early, you'll also enjoy the added benefit of priority 'preferred guest' booking at some of Stockholm's top hotels, ensuring a delightful and comfortable stay throughout the Congress.

Information correct as at 5 October 2023.

THANKS TO OUR CORPORATE MEMBERS

ESE would like to thank our Corporate Members for their ongoing support:

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Corporate Member list correct at time of print – 5 October 2023



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