



Associazione
Medici
Endocrinologi

Rome, March 8-9, 2024
Hotel NH Collection Roma Centro



European Society
of **Endocrinology**
The voice for endocrinology



AME IN ASSOCIATION WITH ESE

2024 Early Career Update in Clinical Endocrinology

www.earlycareerclinicalendocrinology-ameese.com



Endorsed by



Società Italiana
Endocrinologia

RATIONALE AND AIM

The Italian Association of Clinical Endocrinologists (AME) together with the European Society of Endocrinology are launching an early career Course in Clinical Endocrinology. The course will be addressed to a limited number of Italian and European participants, aiming to favour a friendly climate and to stimulate clinical discussion driven by the most relevant Italian and European experts in their fields. The course will address some of the most relevant topics of endocrine disease. In all the sessions of the course short case reports presented by early career endocrinologists will introduce the clinical and practical presentation held by the experts, followed by a discussion with final take home messages.

The addressed topics will be:

- Reproduction: endocrine work up for male and female infertility and medically assisted procreation.
- Bone metabolism: instrumental and biochemical diagnosis, vitamin D use and misuse, and the rationale for osteoporosis treatment.
- Endogenous hypercortisolism: present management and new options.
- Differentiated and medullary thyroid cancer: Staging and microcarcinoma.
- Obesity: the roles of metabolic surgery and of new drugs.
- Adrenal insufficiency: diagnosis, work up and new therapeutic options.

PRELIMINARY SCIENTIFIC PROGRAM

FRIDAY 8 MARCH

08.00 Introduction
AME and ESE, EYES representative

SESSION 1 | Reproduction

Chairs: Djuro Macut, Belgrado - Roberto Negro, Lecce

08.15 Common causes and endocrinologic work up of male infertility
Dimitrios Goulis, Salonicco - Valerio Renzelli, Roma

08.45 Common causes and endocrinologic work up of female infertility
Cecilia Motta, Roma

09.15 Impact of type 1 and type 2 diabetes on fertility
Olga Disoteo, Milano - Elisabetta Marchesi, Reggio Emilia

09.45 A guide to medically assisted procreation
Giovanni Corona, Bologna - Roberto Negro, Lecce

10.15 Interactive discussion and Take Home Messages
Djuro Macut, Belgrado - Roberto Negro, Lecce

10.45 Coffee break with experts

SESSION 2 | Bone metabolism

*Chairs: Jens Bollerslev, Oslo - Franco Grimaldi, Udine
Andrea Palermo, Roma*

11.15 Densitometry and R.E.M.S: pearls and pitfalls
Stefania Bonadonna, Milano - Guido Zavatta, Bologna

11.45 Laboratory evaluation of primary and secondary osteoporosis
Stefania Bonadonna, Milano - Richard Eastell, Sheffield

12.15 Use and misuse of vitamin D
Iacopo Chiodini, Milano - Enrico Riccio, Arezzo

12.45 Rational use of pharmacological treatment for osteoporosis
Andrea Palermo, Roma - Guido Zavatta, Bologna

13.15 Interactive discussion and Take Home Messages
Jens Bollerslev, Oslo - Andrea Palermo, Roma

13.45 Light Lunch

14.45 **LECTURE:** Controversies in the management of patients with endogenous hypercortisolism
*Chairs: Martin Reincke, Monaco - Massimo Terzolo, Torino
Speaker: Giuseppe Reimondo, Torino*

Interactive discussion with speaker and chairs:
Kick-off by Mattia Barbot, Padova

SESSION 3 | Thyroid

Chairs: Maria Alevizaki, Atene - Enrico Papini, Roma

- 15.45 **An update in thyroid cancer staging**
Roberto Novizio, Roma - Miloš Žarković, Belgrado
- 16.15 **Thyroid microcarcinoma: management options in 2024**
Andrea Frasoldati, Reggio Emilia - Roberto Novizio, Roma
- 16.45 **Calcitonin: screening, diagnosis, and follow up of medullary thyroid carcinoma**
Simona Censi, Padova - Vincenzo Di Donna, Roma
- 17.15 **The role of rhTSH: when it is necessary, debatable or useless**
Vincenzo Di Donna, Roma - Cosimo Durante, Roma
- 17.45 **Interactive discussion and Take Home Messages**
Maria Alevizaki, Atene - Rinaldo Guglielmi, Albano Laziale
- 18.15 **Closing first day of work**

SATURDAY 9 MARCH

SESSION 4 | Obesity

Chairs: Marco Chianelli, Roma - Catalina Poiana, Bucharest

- 08:00 **Nutritional approaches to the management of obesity**
Marco Chianelli, Roma - Carmela Coccaro, Roma
- 08.30 **Overview on the pharmacological treatment of obesity**
Silvia Bettin, Padova - Carmela Coccaro, Roma
- 09.00 **Moderate obesity: bariatric surgery or pharmacological approach?**
Silvia Briganti, Roma - Blandine Cherifi-Gatta, Bordeaux

- 09.30 **Toolbox: how to handle pharmacological treatment of obesity**
Silvia Briganti, Roma - Roberto Vettor, Padova

- 10.00 **Interactive discussion and Take Home Messages**
Marco Chianelli, Roma - Catalina Poiana, Bucharest

- 10.30 **Coffee break with the experts**

SESSION 5 | Management of adrenal insufficiency

Chairs: Gianluca Aimaretti, Novara
Wiebke Arlt, Birmingham - Marco Cappa, Roma

- 11.00 **Biochemical and imaging diagnosis**
Wiebke Arlt, Birmingham - Chiara Sabbadin, Padova
- 11.30 **Current therapy and future perspectives on the horizon**
Alessandro Prete, Birmingham - Chiara Sabbadin, Padova
- 12.00 **Take Home Messages**
- 12.30 **Meeting wrap-up and closure of the meeting**



ATTENDEES

- 33 experts, 21 from Italy and 12 from Europe (proposed by ESE).
- Clinical cases presenters: 19 (10 from Italy) included in the 40 young specialists.

STEERING COMMITTEE

Representatives from ESE and AME International and Scientific Committee.

VENUE

Hotel NH Collection Roma Centro | Via dei Gracchi, 324 - Rome, Italy

LIVE STREAMING (No CME or EACCME accreditation foreseen)

It will be possible to follow the Meeting on the web site:

www.earlycareerclinicalendocrinology-ameese.com. On the day of the event you will receive an email with a personal link which will take you to the site. During the congress, it will be possible to interact with the speakers.

REGISTRATION AND PAYMENT (only foreigners)

ONSITE:

Twenty registrations are available for the participants from outside Italy, only

Registration fee: € 150,00

The registration fee includes congress access, coffee breaks, light lunch and two nights hotel accommodation. Travel costs are not included.

ONLINE:

Registration fee: € 100,00

The registration fee includes: participation in scientific sessions, access to all recorded content for two months after the meeting live dates

Unpaid registrations will not be accepted. Registration for the congress is possible exclusively through the:

<https://www.earlycareerclinicalendocrinology-ameese.com>

SCIENTIFIC COMMITTEE

Prof. Enrico Papini

Endocrinology and Metabolism Department
Ospedale Regina Apostolorum, Rome

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EDUCATIONAL GOAL

Guidelines – Protocols – Procedures

EACCME CREDITS

DueCi Promotion has requested accreditation for “AME IN ASSOCIATION WITH ESE 2024. Early Careers Update in Clinical Endocrinology”, Rome, 8-9 March 2023, to the European Association Accreditation Council for Continuing Medical Education (EACCME) for the following professional figures:

- Physician specialized in: Endocrinology, Metabolic diseases and diabetology, Oncology, Gynecology and obstetrics, Urology, Thoracic surgery

CME CREDITS (Italian only)

Dueci Promotion S.r.l., CME Provider n. 1463, accredited the meeting with ID 403998 assigning n. 11 ECM credits* for n. 40 participants belonging to the following professional figures:

- Physician specialized in: Endocrinology, Metabolic diseases and diabetology, Oncology, Gynecology and obstetrics, Urology, Thoracic surgery

**Please note that, in order to acquire Italian CME credits, it is mandatory to have taken part in 90% of the training activity; have compiled the documentation in its entirety; have passed the CME assessment questionnaire (minimum 75% correct answers).*

CERTIFICATE OF ATTENDANCE

The certificate of attendance will be available on request at the end of the Meeting at the secretariat desk.

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