



8TH ANNUAL INTERNATIONAL CONGRESS ON CLINICAL ENDOCRINOLOGY

PRELIMINARY PROGRAM

26 JUNE

08:00 - 09:00 REGISTRATION

09:00 - 09:15 CONGRESS OPENING

Natia Vashakmadze - Founder and President of the Georgian Association of Endocrinology and Metabolism

Nazi Tchelidze - Vice-president of the Georgian Association of Endocrinology and Metabolism

09:15 - 09:30 PRE-TEST

SECTION I - ADRENAL GLANDS



09:30 - 10:00 DIAGNOSIS AND MANAGEMENT OF ADRENAL GLAND MASSES

Gary Hammer; Michigan, USA

10:00 - 10:10 Q&A

10:10 - 10:55 DIAGNOSIS AND MANAGEMENT OF PRIMARY ALDOSTERONISM ACCORDING TO THE UPDATED ENDOCRINE SOCIETY GUIDELINES

Natia Vashakmadze; Tbilisi, Georgia

10:55 - 11:05 Q&A

11:05 - 11:35 PHEOCHROMOCYTOMA

Nino Nadiradze; Tbilisi, Georgia

11:35 - 11:45 Q&A

11:45 - 12:05 JOURNAL PRESENTATION, MEMORANDUM WITH MEDSCRIPTUM

12:05 - 13:00 LUNCH —

SECTION II - LIPIDOLOGY



13:00 - 13:30 MODERN THERAPIES FOR DYSLIPIDEMIA AND THEIR COMPARISON WITH STATINS

Peter Lansberg; Amsterdam, Netherlands

13:30 - 13:40 Q&A

13:40 - 14:10 DYSLIPIDEMIA AND ATHEROSCLEROSIS FROM A CARDIOLOGIST'S PERSPECTIVE

Speaker TBC

14:10 - 14:20 Q&A

14:20 - 14:50 INTERESTING AND RARE CLINICAL CASES IN LIPIDOLOGY

Natia Vashakmadze; Tbilisi, Georgia

14:50 - 15:00 Q&A

15:00 - 15:30 COFFEE BREAK — 

SECTION III – DIABETES MELLITUS AND OBESITY



15:30 - 16:00 MODERN PRINCIPLES OF OBESITY MANAGEMENT

Ketevan Asatiani; Tbilisi, Georgia

16:00 - 16:10 Q&A

16:10 - 16:40 MANAGEMENT OF HYPERGLYCEMIA IN HOSPITALIZED PATIENTS

Nino Nadiradze; Tbilisi, Georgia

16:40 - 16:50 Q&A

16:50 - 17:20 ANTIDIABETIC MEDICATIONS THROUGH A CARDIOVASCULAR LENS

Lali Nikoleishvili; Tbilisi, Georgia

17:20 - 17:30 Q&A

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SECTION IV - PITUITARY



10:00 - 10:30 ACROMEGALY: DIAGNOSIS AND MANAGEMENT

Aart Jan van der Lelij; Rotterdam, Netherlands

10:30 - 10:40 Q&A

10:40 - 11:10 HYPERPROLACTINEMIA

Lela Iremadze; Tbilisi, Georgia

11:10 - 11:20 Q&A

11:20 - 11:50 THERAPEUTIC EFFECTS AND CHALLENGES OF LACTATION

Lisa Hammer; Michigan, USA

11:50 - 12:00 Q&A

12:00 - 12:30 COFFEE BREAK — 

SECTION V – REPRODUCTIVE ENDOCRINOLOGY



12:30 - 13:00 POLYCYSTIC OVARY SYNDROME (PCOS)

Bulent Ildiz; Ankara, Turkey

13:00 - 13:10 Q&A

13:10 - 13:55 WHAT DETERMINES HUMAN SEX?

Marina Gordeladze; Tbilisi, Georgia

13:55 - 14:05 Q&A

14:05 - 14:35 Assessment and Management of Dyslipidemia in Women of Reproductive Age and Those Planning Pregnancy

Peter Lansberg; Amsterdam, Netherlands

14:35 - 14:45 Q&A

14:45 - 15:45 DINNER — 

SECTION VI - PREGNANCY



15:45 - 16:15 PREGNANCY ENDOCRINOLOGY

Maka Gegechkori; Tbilisi, Georgia

16:15 - 16:25 Q&A

16:25 - 17:10 THYROID AND PREGNANCY, TRAVEL FROM PHYSIOLOGY TO PATHOLOGY

Natia Vashakmadze; Tbilisi, Georgia

17:10 - 17:20 Q&A

17:20 - 17:50 DIABETES IN PREGNANCY

Natalia Asatiani; Tbilisi, Georgia

17:50 - 18:00 Q&A

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SECTION VII - THYROID GLAND



10:00 - 10:30 2025 UPDATE OF THE ATA THYROID CANCER GUIDELINES

Juan-Carlos Galofre; Pamplona, Spain

10:30 - 10:40 Q&A

10:40 - 11:10 MEDULLARY CARCINOMA: DIAGNOSIS AND MANAGEMENT

Henning Dralle; Essen, Germany

11:10 - 11:20 Q&A

11:20 - 11:50 THYROTOXICOSIS: DIFFERENTIAL DIAGNOSIS AND MANAGEMENT

David Metreveli; Tbilisi, Georgia

11:50 - 12:00 Q&A

12:00 - 12:30 NUANCES OF OPTIMAL HYPOTHYROIDISM MANAGEMENT ACCORDING TO THE 2025 ETA GUIDELINES

Ketevan Dzagania; Tbilisi, Georgia

12:30 - 12:40 Q&A

12:40 - 13:40 COFFEE BREAK —

SECTION VIII - PARATHYROID GLANDS AND BONE



13:40 - 14:10 REVIEW OF THE UPDATED GUIDELINES FOR THE MANAGEMENT OF CHRONIC HYPOPARATHYROIDISM

Juan-Carlos Galofre; Pamplona, Spain

14:10 - 14:20 Q&A

14:20 - 14:50 MODERN PRINCIPLES OF OSTEOPOROSIS DIAGNOSIS AND MANAGEMENT

Speaker TBC

14:50 - 15:00 Q&A

15:00 - 15:30 VITAMIN D

Nazi Tchelidze; Tbilisi, Georgia

15:30 - 15:40 Q&A

15:40 CLOSING CEREMONY