

## PRESS RELEASE

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## The 28<sup>th</sup> European Congress of Endocrinology (ECE) starts tomorrow

*Now in its 28th year, the European Congress of Endocrinology (ECE) 2026 commences on Saturday 9 May and runs until Tuesday 12 May. The Congress will bring together endocrine specialists from across Europe and the rest of the world to meet, collaborate and celebrate endocrinology at the Prague Congress Centre in Prague, Czech Republic. This year's Congress will also celebrate the 20<sup>th</sup> Anniversary of the European Society of Endocrinology (ESE) since the formation of the Society in 2006.*

The Congress has attracted over 4,000 delegates from over 100 countries to experience the latest endocrine research and developments in the field, and around 2,500 abstracts.

This important annual meeting provides an excellent opportunity for learning new perspectives and enabling scientific exchanges, coupled with extensive networking opportunities to make new connections with colleagues working in endocrinology across the globe. The diverse programme includes Plenaries, Symposia, Awards, Meet the Experts, Debates, Special sessions and Oral and Rapid Communications (please [see the programme here](#)).

ESE President, Wiebke Arlt commented "I believe this ECE will be a truly memorable one and I am excited to welcome endocrine researchers, clinicians, nurses, biochemists, allied health professionals, industry partners and patient group representatives from across the world. As we mark the 20<sup>th</sup> Anniversary of ESE at this year's Congress, I am immensely proud of what all members of ESE's community have achieved together — and confident about the impact we will continue to make in advancing endocrinology over the decades ahead."

Various activities will be taking place to mark the 20<sup>th</sup> Anniversary of ESE as the voice for endocrinology in Europe and beyond. These include a special celebration and symposium centred around endocrinology over the past 20 years and the future ahead of us, with several keynote speakers highlighting major breakthroughs in the field of endocrinology. A digital booklet on the 'The History of ESE 2006-2026' will be launched at the Congress, authored by many past Presidents and key facilitators in the formation of the Society in 2004-2006. A mural will take centre stage in the Exhibition Hall, with an illustrator drawing the key milestones of ESE since its inception and capturing the recollections and experiences of delegates. This

### European Society of Endocrinology

Redwood House, Brotherswood Court, Great Park Road, Bradley Stoke, Bristol, BS32 4QW, UK [info@ese-hormones.org](mailto:info@ese-hormones.org) [www.ese-hormones.org](http://www.ese-hormones.org)

will build during the four days of the Congress and the finished mural will be available shortly afterwards to [view on our 'History of ESE' website page](#).

Some of the ECE 2026 special sessions include:

- ESE President's Session: ESE into the Future (Sunday, 10 May, 08:30-09:00 CEST)
- Meet the EndoCompass Expert, with Chairs Eleanor Davies and Martin Fassnacht (Sunday 10 May, 17:30-18:15 CEST)
- The State of Endocrinology: The Endocrine Workforce of the Future (Monday 11 May, 08:00-08:30 CEST)
- European Society of Endocrinology and Endocrine Society Joint Arginine Vasopressin (AVP) Deficiency Guideline: Updates, Insights and Next Steps (Monday 11 May, 09:05-10:35)
- 20 Years of Endocrinology; past breakthroughs and future perspectives (Monday 11 May, 14:20-15:50 CEST)
- Sex Differences and Endocrine Health – led by the European Women in Endocrinology (EUWIN) Group (Monday 11 May, 17:00-18:30 CEST)
- ESE and ERA Joint Guideline on Hyponatremia (Tuesday 12 May, 09:05-10:35 CEST)
- Renaming PCOS: Consensus Process, Outcomes and International Implementation (Tuesday 12 May, 11:20-12:00 CEST)

In addition, the 2026 [ESE Awards](#) will be presented during each Award session and the ESE Honorary Membership Award and the Special Recognition Award will be given during the Opening Ceremony from 16:30 CEST on Saturday 9 May. This will be followed by the *European Journal of Endocrinology* Award and the Transatlantic Alliance Award sessions.

The ESE Young Investigator Awards, the Poster Awards and the People's Choice Awards will be announced during the Closing Ceremony on Tuesday 12 May at 17:10 CEST.

Find out more about ESE's Award winners [here](#).

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## Notes for Editors

### About the European Society of Endocrinology

The European Society of Endocrinology (ESE) provides a platform to develop and share leading research and best knowledge in endocrine science and medicine. By uniting and representing every part of the endocrine community, we are best placed to improve the lives of patients. With over 5,000 individual members and through the 51 National Societies involved with the ESE Council of Affiliated Societies (ECAS) ESE represents a community of more than 20,000 European endocrinologists. We inform policy makers on health decisions at the highest level through advocacy efforts across Europe.

To find out more, please visit [www.ese-hormones.org](http://www.ese-hormones.org).

Follow us on Twitter [@ESEndocrinology](https://twitter.com/ESEndocrinology), Facebook [@EuropeanSocietyofEndocrinology](https://www.facebook.com/EuropeanSocietyofEndocrinology) and LinkedIn: [linkedin.com/company/european-society-of-endocrinology](https://www.linkedin.com/company/european-society-of-endocrinology).

### **How to register for ECE 2026**

Media representatives who wish to attend online via our ECE@HOME live-stream offering can register for the Congress free of charge by emailing our Press Team at [media@ese-hormones.org](mailto:media@ese-hormones.org) with a valid Press ID and letter of assignment.

### **Relevant links:**

[European Congress of Endocrinology \(ECE 2026\) press page](#)

[European Congress of Endocrinology \(ECE 2026\)](#)

[ESE Council of Affiliated Endocrine Societies \(ECAS\)](#)

[ESE Organisational Memberships](#)

### **About the History of ESE**

You can visit our website page on the [History of ESE](#).