

Your Society in 2023

ESE is central to Europe's endocrine community, and represents over 22,500 endocrinologists across the continent. We are proud of the way we work.

Our **strategy for 2022–2026** [↗](#) helps us drive progress by:

- **UNITING and REPRESENTING** the European endocrine community and being acknowledged as the reference point for endocrine health and science
- **SUPPORTING** our members in education, clinical practice and research
- Further **ADVANCING** the science and clinical care of endocrinology
- Reinforcing ESE as a leading society which is **SUSTAINABLE, TRUSTED AND VALUED**

'We aspire to be visionary, inspiring, engaging and supportive. We are open, transparent and inclusive in everything that we do, and work towards diversity across our activities.'

ESE is SUSTAINABLE, TRUSTED AND VALUED



2023 saw ESE progress its **digital transformation**, developing a **new website** [↗](#) (left) and **association management system**.

We have new **Membership and Finance Teams**, and an increased resource in marketing and communications.

ESE now has a **team of 19 people**, representing 7 countries across Europe.

We welcome:

- Shireen Ali
- Giulia Esposito
- Pedro Marques
- Hayley McLay
- Claire O'Brien
- Sally Pearce
- Claire Tibbles
- Helen Williams

At the 2023 AGM, **members voted to increase membership fees** from 2024, so ESE can continue to support them with a **growing range of benefits** [↗](#)

Led by endocrinologists

Jérôme Bertherat began his Presidency, and ESE welcomed its first female President-Elect, **Wiebke Arlt**.

Eleanor Davies became Science Committee Chair as **Martin Fassnacht** moved to become Clinical Committee Chair. **Sebastian Neggens** took on the role of Rare Disease Committee Chair.

Antoan Stefan Šojat joined the Executive Committee as an ex-officio member representing the EYES Committee.

We thank **Martin Reincke, Robin Peeters, Simona Glasberg** and **Lina Paschou** who stepped down from these respective roles.



Clockwise from left: **Martin Fassnacht, Wiebke Arlt, Eleanor Davies, Sebastian Neggens and Antoan Stefan Šojat, with Jérôme Bertherat (centre)**

Abbreviations used on pages 6–9:

ESPE, European Society for Paediatric Endocrinology; EUWIN, European Women in Endocrinology; EYES, ESE Young Endocrinologists and Scientists; REACH, Registration, Evaluation, Authorisation and Restriction of Chemicals.

ESE UNITES and REPRESENTS the European endocrine community

ESE's National Affiliated Members became **National Partner Societies** [↗](#), reflecting our close working relationship.

Working in partnership

Our work with other societies promoted innovation, collaboration and opportunities.

ESE held **joint symposia** with the German Society of Endocrinology and Italian Association of Clinical Endocrinologists. We updated our **memorandum of understanding** with the Korean Endocrine Society.

ECE 2023
saw ESE collaborate
with **9 societies**
from around the globe

ESE welcomed the European Menopause and Andropause Society as a **Specialist Partner Society** [↗](#). Partnering with International Fundraising for Congenital Adrenal Hyperplasia will provide **up to €150,000 project support** [↗](#).



Corporate members

ESE welcomed new corporate members **Horizon Therapeutics** and **Neurocrine Biosciences** [↗](#).



Speaking out for science

ESE **petitioned the European Commission** to revise the **REACH legislation**, and held an event in the European Parliament: **'Shaping an ambitious legislative framework for endocrine disruptors'** [↗](#).

We issued a **statement explaining why some animal experiments are needed** [↗](#), in response to a European Citizens' Initiative.

ESE made a **joint statement with ESPE** on the **crisis in Nagorno-Karabakh** [↗](#) and continued our support for Ukrainian colleagues.

Highlighting hormone health

European Hormone Day 2023 saw ESE and the ESE Foundation launch **10 Recommendations for Good Hormone Health** [↗](#), a public-facing annex to the Milano Declaration.

ESE's affiliated Patient Awareness Groups supported the leaflet **Because Hormones Matter** [↗](#), with simple actions to boost endocrine health.

Identifying research needs

EndoCompass [↗](#), was launched to **secure the future of endocrine research**, guiding policymakers and funding bodies in Europe. EndoCompass webinars tackled **emerging challenges: the changing environment and the AI revolution** [↗](#).



Supporting patient groups

3 new patient leaflets

[↗](#) bridged the gap between clinical guidelines and patient understanding:

- adrenal incidentalomas
- adverse conditions after immune-checkpoint inhibition
- pituitary adenomas in pregnancy.



ESE welcomed **new Patient Advocacy Group Affiliated Members** [↗](#):

- British Thyroid Foundation
- Cushing's Support and Research Foundation
- SOD Italia
- Verity PCOS

ESE's **Hypoparathyroidism Patient Forum** [↗](#) brought clinicians and patients together to hear each other talk.

An ESE-endorsed research project on **self-management and support for patients with adrenal insufficiency** will inform a future ESE Position Statement.

ESE SUPPORTS members in education, clinical practice and research

Recognising achievement

Andrea Giustina and **Susan Webb** became Honorary Members of ESE, while **Jacqueline Trouillas** received a Special Recognition Award (pictured right, top to bottom).

We recognised excellence in endocrinology with our **2023 ESE Awards**.

Early Career Members received **12 Young Investigator Awards** and **8 Poster Awards** for high quality abstracts at ECE 2023.



Providing opportunities to learn

ESE held an inaugural **Transatlantic Alliance Webinar** with the Endocrine Society on polycystic ovary syndrome.

5

Spotlight on Science webinars

2

Postgraduate Training Courses online

3

Clinical Update webinars

13

ESE Talks including

- nurse development sessions
- our first webinar in French with the Tunisian Society of Endocrinology
- talks led by EUWIN
- more ESE Talks...Rare Diseases events

plus

- **ESE Summer School** Innsbruck, Austria
- **EuroPit 2023** Annecy, France
- **10th EYES Annual Meeting** Würzburg, Germany



Keeping members informed

Marek Bolanowski became Editor of **Endocrine Views**, our membership magazine, with Eleni Armeni in the new role of Deputy Editor. We thank retiring Editor Justo Castaño for leading the magazine's development.

A new team of Walter Vena as Editor and Juan Jiménez Vacas as Deputy Editor led our early career community magazine, **EYES News**.

The new **ESE website** and membership portal were launched!



Supporting early career endocrinologists

The **10th EYES Annual Meeting** was held jointly with YARE (Young Active Research in Endocrinology).

128

early career attendees from 22 countries worldwide



The **EYES Observership (Exchange) Programme** expanded.

24

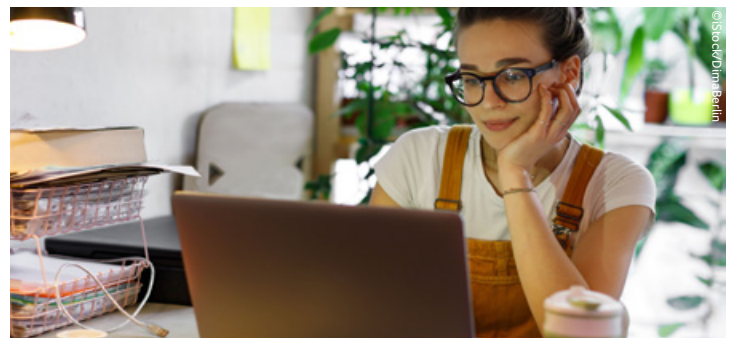
centres across Europe and one in South America

Advanced Research Observership Programme launched.

€30000

to conduct scientific projects for up to 3 months

The **European Board Examination** took place virtually for the first time, with remote invigilation.



ESE ADVANCES the science and clinical care of endocrinology

Bringing members together

The **25th European Congress of Endocrinology (ECE 2023)** took place in Istanbul, Turkey. Dr Hans Kluge, Director of WHO, addressed the Opening Ceremony.



3101 in-person attendees

700 participants online

225 grants of **€400** supported attendance

0 delegate bags - to support the environment

Nurturing research projects

ESE supported surveys on the therapeutic approach to **polycystic ovary syndrome** and the management of **Graves' disease**.

The ESE-supported **European Register on Cushing's syndrome (ERCUSYN)** celebrated its 15th anniversary in 2023.



Publishing quality research



Publication of **European Journal of Endocrinology** moved to Oxford University Press, with a new website, and a new cover image each issue.

It retained the top spot in the endocrine field: **2022 Impact Factor**

5.8

5-year Impact Factor

6.3

New guidelines on **Management of adrenal incidentalomas** (update) and **Assessment and Management of Polycystic Ovary Syndrome** (partner guideline) were published.

The **High impact articles collection** highlights the journal's most cited, widely read and talked about papers.

Read the **TOP 5 reasons to publish in EJE**



Endocrine Connections welcomed new Editor-in-Chief Faisal Ahmed. We thank Adrian Clark for his dedication as Editor.



2022 Impact Factor

2.9

5-year Impact Factor

3.2

The journal published collections of articles on:

- **Late effects of cancer treatment**
- **Klinefelter syndrome**
- **Diabetes technology in managing diabetes**

Read the **top-cited articles in 2023**