

21st Annual General Meeting

Tuesday 12 May 2026, 13.10-14.00 CEST

Panorama Hall, ECE 2026 congress venue

[Prague Congress Centre](#), 5. Kvetna 1640/65, Nusle, 140 21 Prague 4, Czech Republic.

DRAFT AGENDA

NB: Some items in the meeting were covered in a different order from the agenda. However, for the purpose of the minutes the items follow the order of the agenda.

1. Welcome and approval of agenda items

Wiebke Arlt welcomed those in the room and those online to the 2026 AGM. No additional agenda items were received from the attendees, and the agenda was approved.

2. Minutes of the 20th Annual General Meeting, 13 May 2025

Wiebke Arlt asked for approval of the minutes of the 20th Annual General Meeting, as detailed in Appendix 1 of the meeting papers. Comments were invited, none were made, and the minutes were approved.

3. President's report including

a. Farewell and welcome to the new Executive Committee Members

Wiebke Arlt congratulated and welcomed the new Executive Committee Members: Niina Matikainen (Finland) as Secretary and Niki Karavitaki (UK) – Congress Committee Chair. She also welcomed the new Ex-Officio member: Kristina Saravinovska (Serbia) - EYES (ESE Young Endocrinologists & Scientists) Committee Co-Chair.

She thanked the retiring Executive Committee members: Maria Chiara Zatelli (Italy) for her term as Secretary, Cynthia Andoniadou (UK) for her term as Congress Committee Chair and Juan Jiménez-Vacas (UK) for his term as the EYES Representative (Ex-Officio).

Wiebke Arlt welcomed the new Committee/Board members who had recently joined several committees, all of whom had applied through the Open Call for Committee membership. She added that the Open Call was an opportunity for members to apply themselves, or to be nominated, for vacant positions on the individual ESE Committees. There had been a great response to the Open Call earlier in the year and it was not possible for all applicants to be successful, however she encouraged those who had not been previously successful to try again in the future. It was also noted that Clinical Biochemists are encouraged to apply, as we are keen to increase their involvement. She also thanked the retiring Committee members and Focus Area Leads, noting that the new Focus Area leads would be announced soon.

Special thanks were extended to Josef Köhrle, who had stepped down as Chair of the EDC Working Group (while remaining a member), for his leadership and for his work as Editor-in-Chief of Environmental Endocrinology. He was also thanked for his continued contributions to the field of Endocrine Disrupting Chemicals (EDCs), a key area of importance to ESE.

b. Proposal to extend the term of office of the Treasurer, Sebastian Neggers

Wiebke Arlt reminded those present that Sebastian Neggers had joined the Executive Committee in May 2023 and became Treasurer in May 2024. His term of office was due to end in May 2027 (with three years in the Treasurer role). In order to maintain the structured rotation of Officers – President,

President-Elect, Secretary and Treasurer) to one rotating on/off each year, the proposal was to extend his term by one year until May 2028.

Members who were not able to attend the AGM in person in Prague had the opportunity to submit their vote in advance by proxy.

There were three proxy votes received, two in favour and one abstention. In the room, everyone agreed and there were two abstentions and no not in favour votes.

Wiebke Arlt reported that 2026 is a significant year for ESE, marking its 20th anniversary. She highlighted the establishment of two new journals, *Obesity and Endocrinology*, with thanks to Melania Manco (Editor-in-Chief), and *Environmental Endocrinology*, with thanks to Josef Köhrle (Editor-in-Chief). She also noted the publication of EndoCompass in Autumn 2025, which had informed discussions at the Summit of the Presidents (8-9 May 2026) and The State of Endocrinology).

ESE had continued to strengthen its collaboration with ESPE, with regular interactions extending beyond the joint congress to other areas, including the guidance on transition. The Public Affairs Committee had also been established at the end of the previous year, chaired by past-President Jérôme Bertherat. World Hormone Day in April was highly successful, increasing its reach by 90 million compared to the previous year.

Wiebke Arlt reported that inclusion and diversity was a central focus of her presidency. The goal was to achieve balanced representation across geography, gender, ethnicity, and areas of expertise, ensuring that our Committees, Working Groups, and Boards reflected the breadth of the endocrine community, including clinicians, clinician scientists, and scientists.

She added that there had been a significant increase in applications for committee roles, rising from 31 applications for 7 vacancies in 2022 to 104 applications for 14 vacancies in 2025. A notable increase in applications from women followed the EUWIN webinar, “What you can do for ESE Committees and what ESE Committees can do for you” (available on the website). Members are encouraged to reapply if unsuccessful, as it was important to ensure the full diversity of the membership was represented.

Since the introduction of the ‘Open Call’ process in 2021/2022, ESE had sought to improve representation across its governance structures. While some countries were currently overrepresented relative to their membership, others—such as Romania, Turkey and Portugal—were underrepresented, and members from these countries are particularly encouraged to apply in the next Open Call for committee vacancies.

Wiebke Arlt reminded those present of the 2022–2026 strategy and its four pillars:

- To UNITE and REPRESENT the European endocrine community and be acknowledged as the reference point for endocrine health and science
- To further ADVANCE the science and clinical care of endocrinology
- To SUPPORT our members in education, clinical practice, and research
- To reinforce ESE as a leading society which is SUSTAINABLE, TRUSTED and VALUED

She added that work was now underway on the next strategic period (2027–2031), and it was emphasised that member input would be important. Opportunities for the membership to provide feedback would be communicated in due course.

Wiebke Arlt thanked the Executive Committee, past and present for their dedication and contributions and the ESE Team

There were no questions raised from the attendees.

4. Treasurer's report including

a. Update on the report of the trustees (Executive Committee) and the audited accounts for the year ended December 2025

Sebastian Neggers presented a summary of the 2025 Financial statements. It was noted that the detailed Trustees Report and Financial Statements were included in Appendix 2 of the meeting papers, together with a summary document.

Sebastian Neggers reported that there was an operating surplus of €796,391 on activities in 2025; there had been a positive impact on investments with an unrealized gain of €58,282 and therefore the final movement in the funds showed an increase of €854,673 from the previous year.

Sebastian Neggers presented an overview of the actuals versus the budget for 2025 and explained the significant differences in the revenue, costs and overheads which were due to the Joint ESPE/ESE Congress in May 2025 and the publishing revenue (positive impact) and the write off of the ESE Foundation debt. For reference, these were also explained in the summary document in Appendix 2 of the meeting papers).

He added that the Executive Committee were aware that at the end of 2025 the funds being held above the reserves was €1.287m and this would be taken into account when reviewing the strategy for future years. There was still a need to evaluate this on an ongoing basis, due to the current global uncertainties and rising costs. It was also noted that a proportion of these costs were gradually being used to cover the costs of the digital transformation. In addition, the Executive Committee were planning deficit budgets for 2026-2028, although it was expected that 2026 would improve on budget due to the success of the congress in Prague.

Sebastian Neggers informed those present that Moore Kingston Smith had completed their audit earlier in the year and it had been reported as a 'clean' audit with no identified audit risks, with ESE being a going concern and operational existence for the foreseeable future. The Auditor opinion was included within the Trustees Report and Financial Statements in Appendix 2 (page 25-29).

Sebastian Neggers asked if there were any questions or comments before going to the vote. There were none raised.

b. Resolution to appoint the auditor until the next AGM

Sebastian Neggers informed those present that ESE was required to ask the members for their approval and acceptance of Moore Kingston Smith as the auditors until the next AGM and to authorise the trustees (Executive Committee) to fix their remuneration. Members who were not able to attend the AGM in person in Prague had the opportunity to submit their vote in advance by proxy.

There were three proxy votes received, two in favour and one abstention. In the room, everyone agreed and there were no abstentions or not in favour votes.

The resolution was approved for Moore Kingston Smith to act as auditors until the next AGM and for the Executive Committee to fix their remuneration.

c. Update to the Reserve Policy

Sebastian Neggers explained about the ESE Reserves and how they were calculated. Reserves were used to provide financial stability, helping with unexpected revenue reduction, unexpected costs, or allowing investment in new projects and activities; provide sustainability, allowing ESE to continue to operate and deliver services if faced with a short-term financial challenge; and for strategic planning, providing flexibility to develop opportunities and respond to evolving needs.

He added that the ESE general reserve policy was calculated to allow ESE to run most of its activities for two years and considered the major risks such as withdrawal of funding from major supporters and the reduction in the size of ECE. The EJE Reserve policy was a designated fund to support and

develop EJE. The EJE reserve fund had been calculated as €1.620m and the ESE general reserve had been calculated at €3.042m, the total of the two reserves being €4.662.

Following discussion by the Finance Committee and the Executive Committee, there was a recommendation to update both policies.

For the ESE general reserve policy, it was felt that this should reflect the change in ESE's structure since ESE now had its own staff/in-house team. For the EJE reserve policy, it was felt that this should reflect the contractual arrangements with the current publisher.

Sebastian Neggers reminded those present that in 2023 ESE moved to a new publisher and agreed a five-year contractual arrangement which would run until the end of 2027. With the agreement of the Executive Committee, a contract extension was being negotiated with the publisher to run until the end of 2032. The contract included for a minimum guaranteed amount which was paid to ESE for each year of the contract and was additional security for the journal. Therefore, the reserve requirement can be reduced to reflect the minimum guarantee.

Sebastian Neggers presented the revised wording, which was detailed in Appendix 3 and asked if there were any questions or comments before going to the vote. There were none raised. He added that members who were not able to attend the AGM in person in Prague had the opportunity to submit their vote in advance by proxy.

There were three proxy votes received, all in favour. In the room, everyone agreed and there were two abstentions and no not in favour votes.

The resolution was approved to amend the EJE Reserve policy (as detailed in Appendix 3 of the meeting papers).

5. Secretary's report

Maria Chiara Zatelli presented the Secretary's report and informed the attendees that the ESE membership currently represented around 5459 members world-wide, 51 National Partner Societies, 12 Specialist Partner societies, 9 Associate Partner Societies, 30 Patient Advocacy Group Members and 15 Corporate Members. She gave an overview of the current membership of ESE by country, membership category, career stage and gender.

Maria Chiara Zatelli reflected on her time as Secretary over the last four years noting some of the key items:

2022:

- ESE launched:
 - European Hormone Day.
 - Transatlantic Alliance Award (joint with the Endocrine Society).
 - European Women in Endocrinology.
 - EJE Rising Stars Junior Editorial Board.
- ECE was held in Milan – the first in person ECE after the COVID-19 pandemic.

2023:

- ESE launched the European Endocrine Nurse Award.
- Relaunched the EBEEDEM Board Exam.
- Support to Ukraine colleagues launched.
- ECE was held in Istanbul in the middle of the Turkish Elections

2024:

- ESE's new Individual Membership Strategy developed and launched.

- We bought the Society services in house with a new CRM, new website, tailored activities and communications.
- The membership fee increased – the first time since 2012 (12 years!) and members made the most of the benefits.
- ESE launched the EYES Observership Ad ROP and BOP and the new ESE Curriculum and Training Recommendation in Endocrinology was also launched.
- ECE was held in Stockholm, with the Eurovision Song Contest being held in the next City.

2025:

- ESE developed a new Organisational Membership Strategy.
- The PAG Affiliate membership scheme was redeveloped to create PAG Communities.
- Launch of the 'support for countries in crisis' to help colleagues in need.
- European Hormone Day became World Hormone Day.
- ESE held a Joint Meeting with ESPE - Endocrinology Across Life Course' in Copenhagen and was hugely successful and introduced a new joint Award.

2026:

- The 20th Anniversary of ESE.
- We reached 5459 members – the highest number ever!
- Our successful Awards scheme was re-launched.
- And a new campaign for Scientists was launched - #ThisIsEndocrinology scientist campaign.
- ECE in Prague, Czech Republic.

a. Membership fee for the 2027 membership year

Maria Chiara Zatelli reminded those present that at the AGM in 2023 it had been agreed that the membership fee would be reviewed on an annual basis to reflect inflation. There had been a membership fee increase in 2024 and 2026, and she confirmed that there would be no membership fee increase for the 2027 membership year. In addition, from 2028, the Executive Committee had agreed (and updated the byelaws) to state that any increase above 5% would be subject to approval by the General Council. Inflation would be tracked by using the Harmonised Index of Consumer Prices (HICP) for the European Union based on the December figure each year.

Maria Chiara Zatelli thanked the Corporate Members for their continued support.

There were no questions raised from the attendees.

And finally, Maria Chiara Zatelli paid tribute to those that she had worked with during her time as Secretary - previous ESE Presidents, Executive Committee members and the ESE Team.

6. Date of next Annual General Meeting

The next Annual General Meeting would be held during ECE 2027 in Basel, Switzerland, 8-11 May 2027.

7. Any other business

There was no other business to discuss.

The meeting was closed.

Signed	_____	Wiebke Arlt ESE President (2025-2027)	Date	_____
Signed	_____	Andrea Davis ESE Office	Date	_____