



PRESS RELEASE FOR IMMEDIATE RELEASE

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New EndoCompass Research Roadmap calls for coordinated investment to tackle Europe's hormone health challenge

The European Society for Endocrinology (ESE) and the European Society for Paediatric Endocrinology (ESPE) have released today, 17 October 2025, the [EndoCompass Research Roadmap: Directions for the Future of Endocrine Science](#). The supplement is published today in the *European Journal of Endocrinology* and will also appear in *Hormone Research in Paediatrics* in due course. The Roadmap is a major new initiative to align research efforts, improve funding strategies and increase the visibility of hormone-related health challenges across Europe.

Endocrine diseases – such as diabetes, thyroid disorders, cancer, obesity, infertility and many rare endocrine diseases – affect millions of people across Europe. Yet research into hormone health remains underfunded and fragmented, accounting for less than 4% of Horizon 2020 biomedical and health research funding. EndoCompass aims to close this gap, setting out what's required to make strategic and equitable funding a reality.

“EndoCompass is intended to serve as a compass for endocrine research for the next 10 years. We hope it can inspire all those working in endocrinology to ensure that research focuses on the highest priority questions. More broadly, we hope that the EndoCompass project raises awareness of the importance of endocrinology and endocrine research among policymakers, funding agencies and the public, who often do not link major societal health problems, such as obesity and infertility, to endocrinology,” said Professor Martine Cools, ESPE Co-Chair of the EndoCompass Steering Group.

The Roadmap was developed over two years by 228 clinical and scientific experts from across Europe, together with nine patient advocacy groups and 10 partner societies.

It identifies specific research needs and opportunities across eight endocrine specialties and five cross-cutting areas, including data and technology, environment, health inequalities and life-course transitions. These recommendations are intended to inform funding and policy decisions at European and national levels, enhance coordination in the field and ultimately contribute to better health outcomes for all.

“EndoCompass has been a huge collaborative effort, bringing together more than 220 scientists, clinicians and patient representatives from across Europe. It reflects a shared recognition of the urgent need to align our research priorities and work together to shape the future of endocrine science and deliver better care and outcomes for patients. Ultimately, this is about improving hormone health and tackling some of Europe’s most pressing and under-recognised health challenges,” said Professor Martin Fassnacht, ESE Co-Chair of the EndoCompass Steering Group.

The EndoCompass Roadmap has been developed as a practical resource for the endocrine community to use, reference and share, and ensure hormone health gets the attention it deserves.

Read the full Roadmap [here](#).

Here is a list of all the papers included in the EndoCompass supplement, along with DOI numbers for the *European Journal of Endocrinology* (DOI numbers for *Hormone Research in Paediatrics* will be available shortly):

- Ch. 1 – Endocrinology in European research funding (Horizon 2020 analysis) – <https://doi.org/10.1093/ejendo/lvaf067>
- Ch. 2 – Research roadmap for adrenal and cardiovascular endocrinology – <https://doi.org/10.1093/ejendo/lvaf063>
- Ch. 3 – Research roadmap for calcium and bone endocrinology – <https://doi.org/10.1093/ejendo/lvaf064>
- Ch. 4 – Research roadmap for endocrine causes and consequences of cancer – <https://doi.org/10.1093/ejendo/lvaf066>
- Ch. 5 – Research roadmap for diabetes, obesity and metabolism – <https://doi.org/10.1093/ejendo/lvaf065>
- Ch. 6 – Research roadmap for growth disorders – <https://doi.org/10.1093/ejendo/lvaf070>
- Ch. 7 – Research roadmap for pituitary and neuroendocrine tumour endocrinology – <https://doi.org/10.1093/ejendo/lvaf035>
- Ch. 8 – Research roadmap for reproductive and developmental endocrinology – <https://doi.org/10.1093/ejendo/lvaf069>
- Ch. 9 – Research roadmap for thyroid endocrinology – <https://doi.org/10.1093/ejendo/lvaf010>
- Ch. 10 – Rare diseases in endocrinology – <https://doi.org/10.1093/ejendo/lvaf072>
- Ch. 11 – Environmental endocrinology – <https://doi.org/10.1093/ejendo/lvaf071>
- Ch. 12 – Endocrinology across the lifespan – <https://doi.org/10.1093/ejendo/lvaf074>

Ch. 13 – Endocrine laboratory medicine – <https://doi.org/10.1093/ejendo/lvaf036>

Ch. 14 – Artificial intelligence in endocrinology – <https://doi.org/10.1093/ejendo/lvaf073>

More information: www.ese-hormones.org/endocompass

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EndoCompass Toolkit

Materials and resources to support discussions about EndoCompass online and at in-person workshops and meetings are available in the [EndoCompass Toolkit](#). This includes logos, social media graphics, an EndoCompass infographic and template presentation slides. There is also a [media kit](#), which includes author images, quotes and contact information for press.

About ESE

The European Society of Endocrinology (ESE) provides a platform to develop and share leading research and best knowledge in endocrine science and medicine. Through the 50 National Societies involved with the ESE Council of Affiliated Societies (ECAS) and partnership with specialist endocrine societies, ESE and its partners jointly represent a community of over 20,000 European endocrinologists.

ESE and its partner societies work to promote knowledge and education in the field of endocrinology for healthcare professionals, researchers, patients and the public.

ESE informs policymakers on health decisions at the highest level through advocacy efforts across Europe. Find out more: www.ese-hormones.org.

About ESPE

The European Society for Paediatric Endocrinology (ESPE) is an international society registered in Europe that promotes the highest levels of clinical care for infants, children and adolescents with endocrine problems throughout the world, including in less advantaged areas. At the EU level, it works with the EU and partner organisations to create a healthier environment for children and adults.

To find out more about ESPE, please visit eurospe.org.