

Nomination for Ordinary Executive Committee Member

Annual General Meeting, Tuesday 12 May 2026

ECE 2026, Prague, Czech Republic

Form A

Please return to: Professor M Zatelli, Secretary, European Society of Endocrinology, Redwood House, Brotherswood Court, Great Park Road, Bradley Stoke, Bristol, BS32 4QW, UK or email to info@ese-hormones.org

Please refer to '[Information on the role of an ESE Executive Committee member](#)' for detailed information on the role and time commitment. Important information is also detailed in the [Trustees' responsibilities: Key points for Executive Committee candidates](#).

Closing date: Tuesday 6 January 2026

1	Name of Nominee:	Niki Karavitaki
2	Nationality:	Greek and British
3	Email address:	n.karavitaki@bham.ac.uk
4	Current position and geographical location:	Professor of Endocrinology, College of Medicine and Health, University of Birmingham, UK
5	Speciality in endocrinology/Main field of expertise:	Pituitary and Neuroendocrinology
6	Basic, clinical or both:	Clinical
7	Give details of current or previous committee experience in a national society of endocrinology or a European speciality society:	<ul style="list-style-type: none"> Overall Chair of Annual Meeting Steering Committee (AMSC) of the Endocrine Society USA for ENDO 2025. Member of the European Society for Endocrinology Education Committee, 2025-present. Clinical Research Chair of Annual Meeting Steering Committee (AMSC) of the Endocrine Society USA for ENDO 2024. Member of the Clinical Surveys Committee of the Pituitary Society, 2024-present. Member of the European Society of Endocrinology Congress Committee, 2021-2025. Chair of European Neuroendocrine Association (ENEA) Workshop and Study Committee, 2021-2025. Member of the Programme Committee of the Society for Endocrinology UK, 2024. Member of European Neuroendocrine Association (ENEA) Executive Committee, 2020-2024. Member of the Digital Communications and Patient Information Committee of the Pituitary Society, 2020-2024. Clinical Lead of the Expert Panel of the Focus Area on Pituitary and Neuroendocrinology of the European Society of Endocrinology, 2020-2024. Member of Annual Meeting Steering Committee (AMSC) of the Endocrine Society USA, 2019-2022 (Neuroendocrinology Team Lead in 2022). Co-chair of the Steering Group of the Adrenal & Pituitary Special Interest Group of the Endocrine Society USA, 2019-2023. Member of the Board of Directors Pituitary Society, 2017-2021. Chair of Programme Organising Committee of the 18th Congress of the European Neuroendocrine Association (ENEA) 2020. National Adult Endocrine Lead for European Reference Network on Rare Endocrine Conditions (ENDO-ERN), 2017-2020 (Brexit). Member of the Professional Education Committee of the Pituitary Society, 2017-2019.

		<ul style="list-style-type: none"> • Member of the Clinical Committee of the Society for Endocrinology UK, 2014-2017. • Member of Programme Organising Committees of European Congress of Endocrinology 2023, International Pituitary Congress 2019, European Congress of Endocrinology 2014.
8	Give details of experience as an editor or member of an editorial board:	<ul style="list-style-type: none"> • European Journal of Endocrinology, Deputy Editor, 2024-present. • European Journal of Endocrinology, Associate Editor, 2021-2024. • Endocrine Views, Editorial Board, 2024-present. • Journal of Neuroendocrinology, Editorial Board, 2021-present. • Endocrinology, Diabetes and Metabolism, Editorial Board, 2017-present. • Hormones, Associate Editor, 2016-present. • Journal of Endocrinological Investigation, Editorial Board, 2013-present. • Pituitary, Editorial Board, 2010-2025. • Endocrine, Associate Editor, 2020-2022. • Journal of the Endocrine Society, Editorial Board, 2016-2019. • Guest Editor of special issues (last 6 years): <ul style="list-style-type: none"> ○ Best Practice & Research Clinical Endocrinology & Metabolism, "New advances in craniopharyngiomas", 2025. ○ Journal of Neuroendocrinology, "Update of Cushing's Syndrome: 100 years after Minnie G", 2022. ○ Endocrinology and Metabolism Clinics of North America, "Pituitary Disorders", 2019.
9	List (max) 10 papers that were published in international journals within the last 6 years. Note: journals to have an impact factor of 2.0 or above.	<ol style="list-style-type: none"> 1. Castano JP, Dattani MT, Grozinsky-Glasberg S, Karavitaki N, Pavel ME, Andoniadou C, Alexandraki K, Capatina C, Cerbone M, Ferone D, Gan HW, Hofland J, Hofland LJ, Ibanez-Costa A, Ilie MD, Isidori AM, Korbonits M, Kos-Kudła B, Maghnie M, Mantovani G, Marazuela M, Raverot G, Scarpa A, Schilbach K, Theodoropoulou M, van Santen HM, Zatelli MC. EndoCompass project: research roadmap for pituitary and neuroendocrine tumor endocrinology. <i>Eur J Endocrinol.</i> 2025 Oct 17;193(Supplement_2):ii84-ii96. doi: 10.1093/ejendo/lvaf035. PMID:41104469. 2. Isand K, Pofi R, Haermson O, Vergis M, Mahendran H, Ayuk J, Wass J, Yajnik P, Bradley K, Karavitaki N, Pal A. Venous thromboembolism in patients with pituitary adenoma: UK multicentre cohort study. <i>Eur J Endocrinol.</i> 2025 Jul 31;193(2):270-277. doi: 10.1093/ejendo/lvaf139. PMID: 40608956. 3. Fountas A, Lithgow K, Loughrey PB, Bonanos E, Shinwari SK, Mitchell K, Mavilakandy A, Ahsan M, Matheou M, Isand K, Hamblin R, McLaren DS, Ullah HZ, Grixti L, MacFarlane J, Jayasuriya A, Bhatti S, Wunna W, Shah S, Hussein Z, Mathew S, Klaucaue K, Ayuk J, Toogood A, Tsermoulas G, Ahmed S, Paluzzi A, Batra R, Vamvakopoulos J, Krishnan A, Higham C, Abraham P, Baldeweg SE, Purewal T, Panicker J, Martin N, Drake WM, Ahluwalia R, Newell-Price J, Gurnell M, Mamoojee Y, Brooke A, Lansdown A, Murray RD, Bradley K, Pal A, Reddy N, Levy MJ, Freel EM, Jose B, Hunter SJ, Karavitaki N. Conservatively managed non-functioning pituitary macroadenomas-cohort study from the UK Non-functioning Pituitary Adenoma Consortium. <i>Eur J Endocrinol.</i> 2025 Apr 30;192(5):680-690. doi:10.1093/ejendo/lvaf091. PMID: 40305776. 4. Fleseriu M, Gurnell M, McCormack A, Fukuoka H, Glezer A, Langlois F, Schwartz TH, Greenman Y, Agrawal N, Akirov A, Bancos I, Capatina C, Castinetti F, Catalino M, Christ-Crain M, Das L, Drincic A, Freda PU, Gadelha MR, Giustina A, Hanzu F, Ho KKY, Isand K, Mallea-Gil S, Mamelak AN, Marcus HJ, Uygur MM, Molitch M, Nachtigall LB, Nowak E, Pereira AM, Pineyro MM, Shafiq I, Syro L, Takahashi Y, Varlamov EV, Vila G, Zada G, Karavitaki N, Melmed S; & The Pituitary Society

		<p>International Incidentaloma Consensus Group. Pituitary incidentaloma: a Pituitary Society international consensus guideline statement. <i>Nat Rev Endocrinol</i>. 2025 Oct;21(10):638-655. doi: 10.1038/s41574-025-01134-8. Epub 2025 Jun 24. PMID: 40555795.</p> <p>5. Fountas A, Coulden A, Fernández-García S, Tsermoulas G, Allotey J, Karavitaki N. Central diabetes insipidus (vasopressin deficiency) after surgery for pituitary tumours: a systematic review and meta-analysis. <i>Eur J Endocrinol</i>. 2024 Jul 2;191(1):S1-S13. doi: 10.1093/ejendo/lvae084. PMID: 38996052.</p> <p>6. Karavitaki N, Bettinger JJ, Biermasz N, Christ-Crain M, Gadelha MR, Inder WJ, Tsourdi E, Wakeman SE, Zatelli M. Exogenous Opioids and the Human Endocrine System: An Endocrine Society Scientific Statement. <i>Endocr Rev</i>. 2024 Nov 22;45(6):773-794. doi: 10.1210/endrev/bnae023. PMID: 39441725.</p> <p>7. Urwyler SA, Samperi I, Lithgow K, Mavilakandy A, Matheou M, Bradley K, Pal A, Reddy NL, Ay J, Karavitaki N. Efficacy of cabergoline in non-irradiated patients with acromegaly: a multi-centre cohort study. <i>Eur J Endocrinol</i>. 2024 Jan 17;lvae003. doi: 10.1093/ejendo/lvae003. Epub ahead of print. PMID: 38231133.</p> <p>8. Hamblin R, Fountas A, Lithgow K, Loughrey PB, Bonanos E, Shinwari SK, Mitchell K, Shah S, Grixti L, Matheou M, Isand K, McLaren DS, Surya A, Ullah HZ, Klaucane K, Jayasuriya A, Bhatti S, Mavilakandy A, Ahsan M, Mathew S, Hussein Z, Jansz T, Wunna W, MacFarlane J, Ayuk J, Abraham P, Drake WM, Gurnell M, Brooke A, Baldeweg SE, Sam AH, Martin N, Higham C, Reddy N, Levy MJ, Ahluwalia R, Newell-Price J, Vamvakopoulos J, Krishnan A, Lansdown A, Murray RD, Pal A, Bradley K, Mamoojee Y, Purewal T, Panicker J, Freel EM, Hasan F, Kumar M, Jose B, Hunter SJ, Karavitaki N. Natural history of non-functioning pituitary microadenomas: results from the UK non-functioning pituitary adenoma consortium. <i>Eur J Endocrinol</i>. 2023 Jul 20;189(1):87-95. doi:10.1093/ejendo/lvad070. PMID:37345849.</p> <p>9. Atila C, Loughrey PB, Garrahy A, Winzeler B, Refardt J, Gildroy P, Hamza M, Pal A, Verbalis JG, Thompson CJ, Hemkens LG, Hunter SJ, Sherlock M, Levy MJ, Karavitaki N, Newell-Price J, Wass JAH, Christ-Crain M. Central diabetes insipidus from a patient's perspective: management, psychological co-morbidities, and renaming of the condition: results from an international web-based survey. <i>Lancet Diabetes Endocrinol</i>. 2022 Oct;10(10):700-709. doi:10.1016/S2213-8587(22)00219-4. Epub 2022 Aug 22. PMID: 36007536.</p> <p>10. Hamblin R, Vardon A, Akpalu J, Tampourlou M, Spiliotis I, Sbardella E, Lynch J, Shankaran V, Mavilakandy A, Gagliardi I, Meade S, Hobbs C, Cameron A, Levy MJ, Ayuk J, Grossman A, Ambrosio MR, Zatelli MC, Reddy N, Bradley K, Murray RD, Pal A, Karavitaki N. Risk of second brain tumour after radiotherapy for pituitary adenoma or craniopharyngioma: a retrospective, multicentre, cohort study of 3679 patients with long-term imaging surveillance. <i>Lancet Diabetes Endocrinol</i>. 2022 Aug;10(8):581-588. doi: 10.1016/S2213-8587(22)00160-7. Epub 2022 Jul 1. PMID: 35780804. </p>
10	Give details of any experience with EU funding:	Application for HORIZON-MARIE SKŁODOWSKA-CURIE ACTIONS (MSCA)-Doctoral Network (DN)-2025 grant, waiting outcome.

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