



## **ADVANCING THYROID DISEASE MANAGEMENT: BRIDGING GAPS WITH EXPERT INSIGHT**

Wednesday  
**18 February 2026**



### **VIDEO INTERVIEW: MEET THE EXPERT**

Updates on 2024 European Thyroid Association Guidelines on diagnosis and management of genetic disorders of thyroid hormone transport, metabolism and action



For registration  
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REGISTRATION IS FREE OF CHARGE

## OVERVIEW

The 2024 European Thyroid Association (ETA) Guidelines provide comprehensive guidance on diagnosing and managing rare genetic disorders affecting thyroid hormone (TH) transport, metabolism, and action. This video-interview will address the most important recommendations about the evidence-based management of such rare conditions, to inform clinical practice and to bridge the existing gap in knowledge.

## LEARNING OBJECTIVES

- Increase the awareness about genetic disorders affecting thyroid homeostasis
- Disseminate the novel recommendations about the optimal therapeutic approach for genetic disorders of thyroid hormone transport, metabolisms and action

## TARGET AUDIENCE

Endocrinologists, Paediatricians, Biologists and Internal Medicine Specialists

## LANGUAGE

English with Chinese and Spanish subtitles



## CONTINUING MEDICAL EDUCATION

The Video Interview: Meet the Expert has been submitted for CME accreditation by the European Accreditation Council of Continuing Medical Education (EACCME)

## CME PROVIDER

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## **Ernesto Maddaloni**

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## **Nemencio A. Nicodemus Jr**

Declared no potential conflict of interest



## INTERVIEWER

### ERNESTO MADDALONI

Ernesto Maddaloni is currently Associate Professor of Endocrinology and Diabetes at Sapienza University of Rome, Italy. He gained his MD, clinical specialty in Endocrinology and Diabetes and PhD in “Integrated Biomedical Sciences and Bioethics” at Campus Bio-Medico University of Rome. He has joined the Vascular Cell Biology Section of the Joslin Diabetes Center (Harvard Medical School) for a Post-Doctoral Research Fellowship in 2014 and the Diabetes Trial Unit of the University of Oxford in 2017 as a mentee of the European Foundation for the Study of Diabetes (EFSD) Future Leaders Mentorship Program, to actively pursuing his studies on clinical diabetes, cardiovascular outcomes and novel diabetes complications. His research interests focus on the study of adults with autoimmune diabetes and the interplay between vascular complications, bone health and autoimmunity. After the Sars-CoV2 infection outbreak, he has contributed also with original articles evaluating the strict relationship between diabetes and related comorbidities with Covid-19.

Dr Maddaloni has been a study investigator and coordinator for several national and international clinical trials and has published as lead author in several top-ranked peer-reviewed international medical journals. His scientific achievements have been recognized with several awards, including the 2015 Albert Renold Fellowship from the European Foundation for the Study of Diabetes, the 2017 (under 32) and 2021 (under 35) Young Investigator Awards from the Italian Society of Endocrinology (SIE), the 2017 Early Investigator Award from the Endocrine Society (USA) and the 2020 Young (under 35) Investigator Award from the Italian Society of Diabetes (SID).



## FACULTY

### NEMENCIO A. NICODEMUS JR

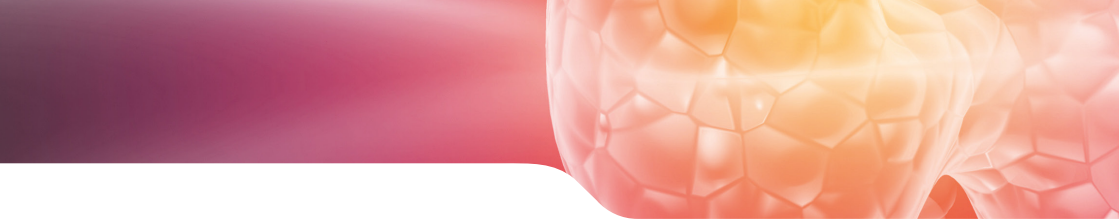
Nemencio Nicodemus Jr. obtained his degree of Doctor of Medicine at the University of the Philippines-College of Medicine. He did his residency training in Internal Medicine and fellowship training in Endocrinology, Diabetes and Metabolism at the Philippine General Hospital. Subsequently, he went to the Mayo Clinic in Rochester, Minnesota as part of the Visiting Clinician Program. He is a Professor at the University of the Philippines-College of Medicine, Department of Biochemistry & Molecular Biology and an attending consultant at the Division of Endocrinology, Diabetes & Metabolism of the Department of Medicine at the Philippine General Hospital. He presently serves as the Vice Chair for Postgraduate Training and Training Officer of the Department of Medicine. He is currently finishing his degree of Doctor of Health Professions Education.

He is the Vice President of the Philippine College of Physicians (PCP) and Council Member of the Asia & Oceania Thyroid Association (AOTA).

He is the immediate Past President of the Philippine Association For The Study of Overweight and Obesity (PASOO) and Past President of the Philippine College of Endocrinology, Diabetes and Metabolism (PSEDm) and Philippine Thyroid Association (PTA).

He has published several articles and book chapters on diabetes, thyroid and obesity. He is the co-lead of the Steering Committee of the Philippine Clinical Practice Guidelines on the Screening & Diagnosis of Obesity Among Adults 2023, which the Department of Health endorses. He is also part of the technical committee of the clinical practice guidelines on “diabetes in pregnancy”, “thyroid disorders in pregnancy”, “recurrent pregnancy loss,” and “well-differentiated thyroid cancer” in the Philippines.

He has also been invited as resource speaker in several regional and international conferences, including the International Diabetes Federation (IDF), International Society of Endocrinology (ISE), European Association for the Study of Diabetes (EASD), ASEAN Federation of Endocrine Societies (AFES) and International Federation for the Surgery of Obesity and Metabolic Disorders-Asia Pacific Chapter (IFSO-APC).



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