

PRESS RELEASE

For immediate release

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The first Joint Congress between the European Society for Paediatric Endocrinology and the European Society of Endocrinology – 'Connecting Endocrinology Across the Life Course' attracts over 7,800 endocrine specialists

The European Society for Paediatric Endocrinology (ESPE) and the European Society of Endocrinology (ESE) hosted the first ever joint Congress on 10-13 May 2025. This truly joint landmark event, 'Connecting Endocrinology Across the Life Course', brought together paediatric and adult endocrine specialists from across Europe and the rest of the world at The Bella Centre in Copenhagen, Denmark.

The Congress attracted over 7,800 delegates from over 120 countries to experience the latest endocrine research and developments, providing a unique opportunity for learning new perspectives and enabling scientific exchanges across both paediatric and adult endocrinology.

The unique programme included Plenaries, Symposia, Award lectures, Meet the Experts, and Oral and Rapid Communications and innovative joint sessions involving transition and other highly relevant topics to both disciplines.

Over 3,400 abstracts were submitted, and joint abstract prizes were presented to the winners following selection by the Joint Programme Organising Committee. In addition, the People's Choice Award winners were voted for by both the delegates and the Joint Programme Organising Committee. Details on the Joint Congress Award winners can be found on the <u>website</u>.

The 2025 Award winners for both ESPE and ESE provided some stimulating lectures, including the winner of the new Joint 'Endocrinology Across the Life Course Award' which was presented to Professor Sadaf Farooqi.

Jérôme Bertherat, President of the European Society of Endocrinology commented: "We feel elated from bringing so many endocrinologists together in Copenhagen, the Congress has been a great success. This event was important not only for endocrine research and healthcare, but also for Policy and Advocacy and the ongoing concerns we have in respect of endocrine disruptors. We believe that the excellent scientific programme has greatly enhanced learning across both communities and we trust they have also made some new friends and connections."



Anita Hokken-Koelega President of the European Society for Paediatric Endocrinology added: "The Joint Congress was a truly landmark event, bringing together nearly 8,000 endocrinologists from across the globe. This unprecedented gathering not only showcased the latest breakthroughs in endocrine science but also highlighted the vital importance of uniting the paediatric and adult endocrine communities - fostering collaboration, bridging knowledge across age groups, and strengthening our collective impact on patient care."

Further information about the Joint Congress 2025 can be found on the Joint Congress 2025 website at <u>www.espe-ese-congress2025.org</u>.

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About the European Society of Endocrinology (ESE)

The European Society of Endocrinology (ESE) provides a platform to develop and share leading research and best knowledge in endocrine science and medicine. Through the 50 National Societies involved with the ESE Council of Affiliated Societies (ECAS) and partnership with specialist endocrine societies, ESE and its partners jointly represent a community of over 20,000 European endocrinologists.

ESE and its partner societies work to promote knowledge and education in the field of endocrinology for healthcare professionals, researchers, patients and the public.

ESE informs policymakers on health decisions at the highest level through advocacy efforts across Europe. Find out more: <u>www.ese-hormones.org</u>.

About the European Society for Paediatric Endocrinology (ESPE)

The European Society for Paediatric Endocrinology (ESPE) is an international society registered in Europe that promotes the highest levels of clinical care for infants, children and adolescents with endocrine problems throughout the world, including in less advantaged areas. At the EU level, it works with the EU and partner organisations to create a healthier environment for children and adults.

To find out more about ESPE, please visit <u>eurospe.org</u>.