



Your Society in 2025

ESE is central to Europe's endocrine community, and represents about 22,000 endocrinologists across the continent.

Our **strategy for 2022–2026**  helps us drive progress by:

- **UNITING and REPRESENTING** the European endocrine community and being acknowledged as the reference point for endocrine health and science
- **SUPPORTING** our members in education, clinical practice and research
- Further **ADVANCING** the science and clinical care of endocrinology
- Reinforcing ESE as a leading society which is **SUSTAINABLE, TRUSTED AND VALUED**

'We aspire to be visionary, inspiring, engaging and supportive. We are open, transparent and inclusive in everything that we do, and work towards diversity across our activities.'

ESE is SUSTAINABLE, TRUSTED AND VALUED

Led by endocrinologists

ESE welcomed **Wiebke Arlt** as the Society's first female President.

Watch the video



Mirjam Christ-Crain became President-Elect, while **Frédéric Castinetti** and **Marek Ruchala** joined the ESE Executive Committee as Clinical Committee Chair and Publishing and Communications Committee Chair respectively.

Juan Manuel Jiménez Vacas joined the Executive Committee as an ex-officio member, representing the ESE EYES Committee. We also welcomed 17 ESE Members to vacancies on the ESE Committees.

Jérôme Bertherat completed his highly successful term as President. We thank him and retiring Executive Committee members **Philippe Chanson**, **Martin Fassnacht** and **Walter Vena**, as well as all the other ESE Members who completed terms on ESE Committees.

L-R: **Mirjam Christ-Crain**, **Frédéric Castinetti**, **Marek Ruchala** and **Juan Manuel Jiménez Vacas**



Supported by an experienced team



The **ESE team**  welcomed Trudy Green (not pictured) in 2025.

Abbreviations used in the Annual Review:

AGM, annual general meeting; AME, Italian Association of Clinical Endocrinologists; EASO, European Association for the Study of Obesity; EDCs, endocrine-disrupting chemicals; EJE, *European Journal of Endocrinology*; ESPE, European Society for Paediatric Endocrinology; EUWIN, European Women in Endocrinology; EYES, ESE Young Endocrinologists and Scientists; PFAS, per- and polyfluoroalkyl substances; REACH, Registration, Evaluation, Authorisation and Restriction of Chemicals.



ESE UNITES and REPRESENTS the European endocrine community

Shaping the future

ESE worked with ESPE to launch **EndoCompass: the Research Roadmap for Better Hormone Health**. It will inform European and national funding and policy decisions.



Developed by

228 European experts **10** specialist partner organisations **8** patient advocacy groups

After three successful years, European Hormone Day became **World Hormone Day**, a global awareness event.

Watch the video



Advocating for endocrinologists

The **State of Endocrinology 2025 survey** attracted more than 2600 responses, including over 250 nurses. Results will be published in 2026.

ESE's **Countries in Crisis** initiative extended free access to online educational events to more members in difficult circumstances.

Working in partnership

Martin Fassnacht and **Frédéric Castinetti** (pictured below, from left) represented ESE at the European Medicines Agency. **Martin Reincke** and **Guillaume Assié** (also below) extended ESE's representation in the **BioMed Alliance**.



Speaking out on EDCs

The highly successful legacy event **Minimising the Impact of EDCs on Health and Environment** took place after the 2025 Joint Congress of ESPE and ESE.

ESE and Endocrine Society experts met EU policymakers to discuss EDCs and human health, biodiversity and the environment.



An ESE, ESPE and Endocrine Society joint statement called for **universal PFAS restriction in the EU**, in response to the European Chemicals Agency's updated proposal. The three societies also submitted a **statement on the REACH revision**.

ESE's EDC Working Group welcomed five new members: **Nicolas Chevalier, Olwenn Martin, Vicente Mustieles, Joëlle Rüegg** and **Terje Svingen**.



ESE welcomed the Algerian Society of Endocrinology and Metabolism as a **National Partner Society**.

The Norwegian Hypophyseal and Adrenal Association, Pituitary Gland Association Poland, and the Polish Association for People with Addison's Disease and Adrenal Insufficiency joined ESE as **Patient Advocacy Group Affiliate Members**.

The Georgian Reproductive and Sexual Health Association, the Gulf Association of Endocrinology and Diabetes, and the Society for Endocrinology and Metabolism of Ethiopia became **Associate Partner Societies**.

We thank all our 2025 **Corporate Members**.

Premium Corporate Members: Ascendis Pharma, Esteve, Novo Nordisk, Recordati Rare Diseases

Corporate Members: Alexion, BridgeBio, Camurus Pharmaceuticals, Inozyme Pharma (now a wholly owned subsidiary of BioMarin Pharmaceutical Inc.), Ipsen, Kyowa Kirin, Neurocrine Biosciences, *Rhythm Pharmaceuticals, Soleno Therapeutics, Uni-Pharma

Supporters: Amgen, Crinetics Pharmaceuticals, *Immunovant Inc.

*These companies joined in 2025.



ESE SUPPORTS members in education, clinical practice and research

Bringing people together

4810

individual
ESE Members

117

Organisational
Members including:



50

 National
Partner
Societies

16

 Specialist
Partner
Societies

10

 Associate
Partner
Societies

30

 Patient Advocacy
Group Affiliates

11

 Corporate
Members

All figures as at
AGM (May 2025)

21

online ESE educational
events with...

5354

registrants

2345

attending live

4

in-person ESE
educational events
attended by...

46

 Summer
School

29

 EuroPit

241

 12th Annual ESE
EYES Meeting

120

 Postgraduate Course
(Romania), with many
more online

Distributing awards and grants

Martin Reincke received Honorary Membership of ESE, while **Cesar Boguszewski** and **Djuro Macut** received Special Recognition Awards (pictured right, from top).



The **2025 ESE Awards** recognised excellence in endocrinology. **Sadaf Farooqi** (pictured right) received the first **Endocrinology Across the Life Course Award**.



Early-Career Members received **12 Young Investigator Awards** and **8 Poster Awards**.

ESE grants supported attendance at in-person meetings, Board Exam candidates, the Observerships and research applications.

>900

grant applications
received

325

grants made

Making life easier

ESE launched a free **Jobs Board** for members to advertise relevant jobs or PhD positions.

The diabetes insipidus **emergency cards for patients** were updated to include 'arginine vasopressin deficiency', and translations were added across the range.

Paying for membership became easier, with the availability of a new **Direct Debit** option.

IMPORTANT MEDICAL INFO



THIS PATIENT HAS ARGININE VASOPRESSIN DEFICIENCY / DIABETES INSIPIDUS AND NEEDS DAILY REPLACEMENT WITH DESMOPRESSIN
If the patient is conscious, she/he should take the usual daily desmopressin treatment and drink freely.
If the patient is not conscious, she/he should be hydrated with isotonic intravenous infusion and treated with desmopressin (i.v. or nasal) with close blood electrolyte monitoring.
Hyponatremia indicates lack of desmopressin, hyponatremia overtreatment.

Name

Date of birth



Supporting early-career endocrinologists

The **ESE EYES Observership Programme** supported a fifth round of exchange visits to labs and clinics.

9

applicants
received grants

20

others were
self-funded

'The **Advanced Research Observership Programme** offered me a unique opportunity to grow scientifically and personally.'

Rosa Catalano
2025 recipient

The number of Observership centres grew to:

20

Clinical

20

Research/
Advanced Research

1

Bilateral
(Brazil)

ESE held many early-careers events, such as the **12th ESE EYES Annual Meeting**, **ESE Summer School**, and (jointly with AME) the **Early-Career Update in Clinical Endocrinology**.



Milan hosted the 2025 ESE EYES Annual Meeting

ESE ADVANCES the science and clinical care of endocrinology

Sharing knowledge

The first **Joint Congress of ESPE and ESE** took place in Copenhagen, Denmark.

More than

7800

delegates



from over
120
countries



>3400
abstracts submitted



Connecting Endocrinology
Across the Life Course
Joint Congress of ESPE and ESE 2025
Copenhagen, Denmark, 10-13 May 2025

Improving practice

European Journal of Endocrinology published **four ESE Clinical Practice Guidelines** as follows.

Management of aggressive pituitary tumours and pituitary carcinomas (revised), with a **patient support leaflet**

Pre-existing diabetes and pregnancy, jointly with the Endocrine Society, receiving 10,000 views between July and December.

Evaluation and management of menopause and perimenopause, with nearly 21,000 views between October and December.

Treatment of chronic hypoparathyroidism in adults, a valuable and timely revision.

ESE signed an agreement with EASO to collaborate on a **joint guideline on obesity management**.

Nurturing scientific progress

164 candidates applied to sit the **Board Exam in Endocrinology, Diabetes and Metabolism**

The new, expert-led, **ESE Rare-CaPaB programme** will address the unmet needs of the rare calcium, phosphate and bone disorders community.



We welcomed new **Focus Area Leads** who are central to our work (pictured above, from top): **Ulrich Boehm, Ulla Feldt Rasmussen, Tricia Tan, Pierre Val and Edward Visser**.

Listening to patients

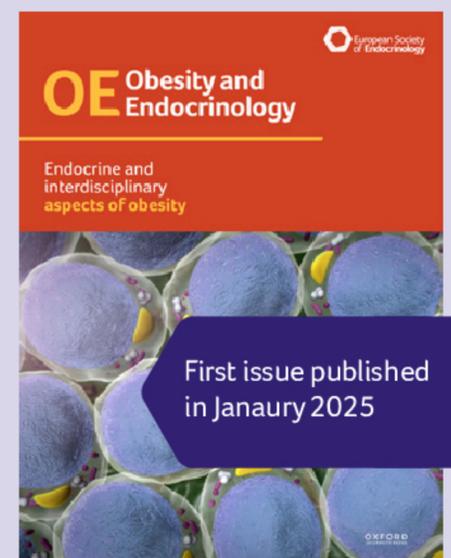
Patients continued to be central to ESE's work, including growth of the **Patient Advocacy Group Affiliate Membership** and publication of **Patient Leaflets, Videos and Emergency Cards**

ESE's two patient forums brought patients and clinicians together. 140 people attended **Living with Adrenocortical Carcinoma** 171 people attended **Hypoparathyroidism**

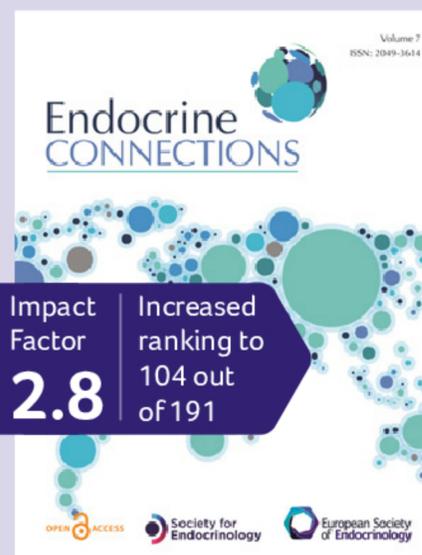
Publishing quality research



Impact Factor
5.2
Nearly 250,000 page views in 2025



First issue published in January 2025



Impact Factor
2.8
Increased ranking to 104 out of 191



First issue published in January 2025

Making connections

Across **10 ESE social media accounts** we saw:

11% increase in posts

19% growth in followers

93% growth in impressions

23% increase in engagement

We launched **9 new social media channels**:

- ESE
- EYES
- EYES
- EUWIN
- World Hormone Day
- EJE
- Endocrine Connections
- Obesity and Endocrinology
- Environmental Endocrinology