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**ESE announce a new President-Elect to support the Society's ambitious plans over the next four years**

The **European Society of Endocrinology (ESE)** is delighted to announce that Mirjam Christ-Crain (Switzerland) has been appointed as President-Elect following today's (Tuesday 13 May 2025) Annual General Meeting which took place during the Joint Congress of the European Society of Endocrinology (ESE) and the European Society for Paediatric Endocrinology (ESPE).

Wiebke Arlt (UK) has now stepped up to the role of ESE President, taking over the reins from Jérôme Bertherat who played an integral part in leading the Society over the past two years. Mirjam will support ESE's incoming President Wiebke Arlt as President-Elect for a two-year term, after which she will take over as President (in May 2027).

Professor Mirjam Christ-Crain is full Professor of Endocrinology, Diabetes and Metabolism at the University of Basel and the University Hospital of Basel, Switzerland. She studied medicine in Basel and Vienna and did her MD in the year 2000 at the University of Basel and her PhD 2007 at the University of London followed by her habilitation at the University of Basel in 2007.

From 2009 to 2015 she held a research professorship at the Swiss National Science Foundation. Her main research interest is on vasopressin-dependent disorders of fluid homeostasis, i.e. Vasopressin deficiency (formerly known as central diabetes insipidus) and hyponatremia. She authored and co-authored more than 300 publications including high-ranked publications in the New England Journal of Medicine and The Lancet and received several honours and awards for her research, among others, the *European Journal of Endocrinology* Award in 2019, and most recently the Otto Naegeli Award which is one of the most prestigious research awards in Switzerland. She has been the chair of the international working group for renaming Diabetes insipidus to ultimately increase patient safety.

Since 2013 she has been Deputy Chief at the Clinic for Endocrinology, University Hospital Basel and from 2014 to 2023 also Head of the Department of Clinical Research at the University of Basel. Starting in August 2025 she is appointed to be Chief of the Clinic for Endocrinology at the University Hospital Basel.

Mirjam served as Chair of the ESE Education Committee from 2020-2024, developing the new ESE curriculum and setting up the European exam for Endocrinology.

In her election statement Mirjam said:

*"The European Society of Endocrinology is my primary 'professional home'. As President, I will offer my full commitment and enthusiasm to the continuous improvement of the current educational and research structures, with a focus on innovation in endocrinology. My priority will be to involve all participating*

*nations including small European countries and developing the next generation of researchers. I strongly believe that we can only advance the field through collaborations, with every voice heard."*

Helen Gregson, CEO of ESE commented *"Mirjam has demonstrated her commitment to our Society over many years, with her involvement in several activities, and most recently as Chair of the Education Committee from 2020-2024, and we are excited to welcome her as the new President-Elect. We know she will bring experience, energy and knowledge to the role and continue the excellent work of those who precede her. We look forward to working with Mirjam and our incoming President Wiebke Arlt and I am sure that together they will continue the legacy left by our immediate Past President Jérôme Bertherat."*

Wiebke Arlt, ESE President added *"I am delighted to not only be the first female ESE President but to have another European woman taking up the role after me. I am looking forward to working with Mirjam over the next two years during her tenure as President-Elect. Together we will work on achieving the aims of the society, including supporting diversity and equity, bringing endocrine scientists and clinicians together and supporting training and early career development."*

In addition, ESE welcomes two other new Executive Committee members who were appointed at the AGM today: Frederic Castinetti (France) and Marek Ruchala (Poland). They will be joining ESE's Executive Committee and taking up the Chair of the Clinical Committee and Chair of the Publishing and Communications Committee respectively.

Further information about ESE can be found at [www.eese-hormones.org](http://www.eese-hormones.org).



Mirjam Christ-Crain, new President-Elect of the European Society of Endocrinology

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### **About the European Society of Endocrinology (ESE)**

The European Society of Endocrinology (ESE) provides a platform to develop and share leading research and best knowledge in endocrine science and medicine. Through the 50 National Societies involved with



the ESE Council of Affiliated Societies (ECAS) and partnership with specialist endocrine societies, ESE and its partners jointly represent a community of over 20,000 European endocrinologists.

ESE and its partner societies work to promote knowledge and education in the field of endocrinology for healthcare professionals, researchers, patients and the public.

ESE informs policymakers on health decisions at the highest level through advocacy efforts across Europe. Find out more: [www.ese-hormones.org](http://www.ese-hormones.org).

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